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WDM magazine

*Your guide to news and activities for the
City of West Des Moines*

Issue 45 | Spring/Summer 2018



21

2018
Public Service
Events

38

WDM
Turns 125!

p1

WDM Parks
& Recreation

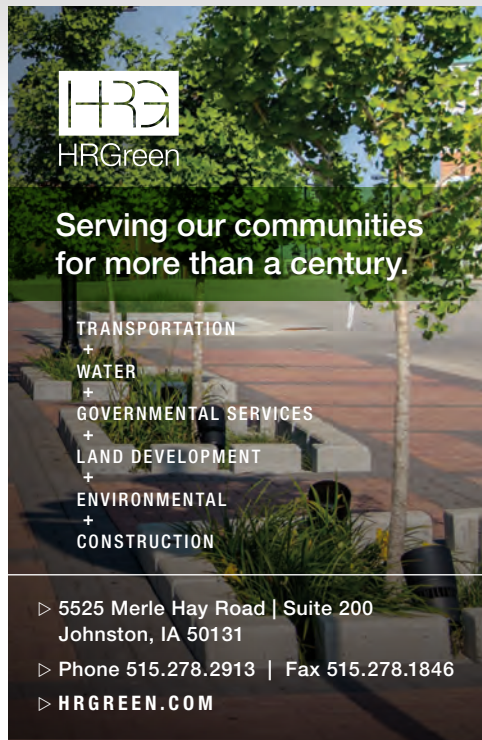
WDM NEWS

- 3 The Mayor's Column
- 4 Photo Contest
- 5 WDM Facility Map
- 6 Annual Easter Egg Hunt
- 7 Big Fun In Valley Junction
- 8 Bicycle Advisory Commission
- 10 Community Enrichment Foundation
- 12 Polk County
- 13 Fishing Derby
- 14 Parks and Recreation Month
- 15 Adopt A Park, Trail or Street
- 16 WDM Public Art
- 18 WDM Historical Society
- 20 Scrap Appliance & Metal Drop-Off
- 21 Public Service Events
- 22 Curbside Recycling
- 22 Unimproved Roads
- 23 Tire Drop-Off
- 24 Yard Waste Collection
- 25 Community Compliance
- 25 YourGOV
- 26 Spring Cleanup
- 27 Horticulture
- 28 Sidewalk Program
- 29 National Public Works Week
- 30 Forestry News
- 32 WDM Shade Crusade
- 33 Grilling Safety
- 34 Fairmeadows Park
- 35 Softball Complex
- 35 Valley View Park
- 36 Prescribed (Rx) Fire Justification
- 37 Conservation Grazing
- 37 Lawn Care
- 38 WDM Turns 125
- 39 WDM 125 Events
- 40 West Des Moines Water Works
- 42 WDM Resident Guide
- 66 City Officials/Boards/Commissions
- 67 From The City Manager

WDM ACTIVITIES

- P1 Parks & Recreation Activities
- 44 Library Activities
- 58 Human Services Programs

CONTENTS



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Visit us on the web at www.wdm.iowa.gov



Without a doubt, 2017 was a memorable year for West Des Moines. Excellent progress was made on our WDM 2036 Plan, and I'm pleased to report that we maintained our Aaa rating from Moody's Investors Service. There are only approximately 100 U.S. cities with this top financial rating from Moody's and Standard & Poor's. As one of those cities, West Des Moines continues to earn an outstanding credit position due to responsible planning and a healthy economy and tax base.

In 2017, we set a construction valuation record by breaking the \$1 billion mark, largely due to Microsoft's three data centers. It's important to know that we don't offer tax abatement to entice companies to locate in West Des Moines. Microsoft is paying property taxes, and we're using that money to pay for additional infrastructure such as streets and sewers. Our relationship with Microsoft benefits West Des Moines in many ways, and we're thrilled to have them as part of our community.

The City Council and I are always discussing how important quality of life is for our residents and businesses. Having the right people in the right positions is critical to the success of West Des Moines, and City Manager Tom Hadden made some excellent staffing decisions last year. Most recently, he selected Chris Scott as our new police chief. Chris was a Des Moines Police Department lieutenant, and his experience and management skills will be critical as we meet our growing city's public safety needs.

Tom also promoted Sally Ortgies to director of the Parks and Recreation Department. Sally has served in a variety of parks department positions for over 28 years, and she's the perfect choice to lead many of our quality of life and sustainability efforts.

THE MAYOR'S COLUMN

Sally and her staff have put countless hours into moving our ambitious Five Waters Project from vision to reality. With the support of the Parks and Recreation Advisory Board and our residents, she's overseeing the design and construction of a civic campus amphitheater, boat house on Blue Heron Lake at Raccoon River Park, marathon loop trail, Raccoon River pedestrian bridge and Great Western Trail connection, and the implementation of the Greater Des Moines Water Trails and Greenways Plan.

You'll be hearing more about these initiatives in the months ahead. All these enhancements allow residents and visitors to enjoy our natural resources and engage in top-notch recreational opportunities. They also enhance businesses' ability to recruit and retain quality employees. We're fortunate that in just a short time, partial funding for the amphitheater has been secured thanks to a generous donation of \$868,000 from Microsoft. Additional funding that will help complete the project also is being pursued from other key donors.

Looking back, I can't discuss 2017 without mentioning the Solheim Cup, the largest international athletic event ever held in Iowa. (It is also reported to be the largest and most successful Solheim Cup ever.) The tournament took place in West Des Moines without a hitch, and we owe a debt of gratitude to the volunteers and staff who worked so hard to make it a spectacular event.

I want to thank everyone for supporting our activities and working every day to make this city an outstanding place in which to live, work and play. I'm confident 2018 will be another successful year for West Des Moines!

Steven K. Gaer

WELCOME to the WDM Magazine... The City of West Des Moines' premier publication sent to over 31,000 homes and businesses throughout the City.

The WDM Magazine is published three times per year to highlight city news and information as well as community events and programming available through WDM Parks & Recreation, the WDM Library, and WDM Human Services.

SPONSOR

HRGreen

- Inside front cover
- www.HRGreen.com



Eye On West Des Moines Photo Contest

The City of West Des Moines is partnering with WDM Magazine to sponsor the Eye on West Des Moines Photo Contest. Submissions for the 2018 contest are accepted anytime through Friday, June 1, at 4:00 p.m. Entries must be electronically submitted to parkrec@wdm.iowa.gov.

- Grand Prize/Overall Winner: **\$100** and featured on the cover of a future edition of WDM Magazine.
- Category Winners: **\$50**

All submissions must be received by **June 1, 2018, at 4:00 p.m.**

Photographs must be entered in one of four categories that represent life in the City of West Des Moines:

- Living – Activities/Events
- Living – Plants
- Seasons in WDM
- Living – Wildlife

For more information, please contact Mark Brewick at **222-3441** or Mark.Brewick@wdm.iowa.gov

WDM FACILITY MAP



- 1 City Hall:** 4200 Mills Civic Pkwy
- 2 Public Safety Station #19:** 8055 Mills Civic Pkwy
- 3 Fire Station #21:** 3421 Ashworth Road
- 4 Human Services:** 139 6th Street
- 5 WDM Public Library:** 4000 Mills Civic Pkwy
- 6 Law Enforcement Center:** 250 Mills Civic Pkwy
- 7 Public Services:** 560 S. 16th Street
- 8 Fire Station #17:** 1401 Railroad Avenue

- 9 Westside Fire Station #22:** 1801 68th street
- 10 Fire Station #18:** 5025 Grand Avenue
- 11 Valley Junction Activity Center:** 217 5th Street
- 12 Nature Lodge:** 2500 Grand Avenue
- 13 Holiday Aquatic Center:** 1701 Railroad Avenue
- 14 Valley View Aquatic Center:** 255 S. 81st Street
- 15 Water Works Plant:** 1505 Railroad Avenue

The West Des Moines Fire Fighters Association

Easter Egg Hunt

Saturday, March 31
Easter egg hunt begins promptly at 10:30am

**Des Moines Area Community College
West Campus**

5959 Grand Avenue, West Des Moines

DMACC West Campus is located approximately 1/2 mile west of I-35

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and photos with the
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BIG FUN IN VALLEY JUNCTION



Spring Gallery Night

Friday, April 13

Valley Junction Farmers Market & Music in the Junction

Thursdays from May 3 – September 27

Cinco de Mayo Festival

Saturday, May 5

Valley Junction Arts Festival

Sunday, May 20

National Public Works Week Celebration

Thursday, May 24





MEET HELEN EDDY

Chair, Bicycle Advisory Commission

President, West Des Moines Community Enrichment Foundation

Introduction by Tom Hadden, City Manager:

Meet Helen Eddy, a tour-de-force of volunteerism and community leadership. As Chair of the West Des Moines Bicycle Advisory Commission and President of the West Des Moines Community Enrichment Foundation, Helen stands out as a double duty volunteer. She also works full-time as Director of the Polk County Health Department.

At the helm of the WDM Community Enrichment Foundation, Helen – and her foundation team – raises funds, identifies community needs and allocates grants to charitable organizations and programs that make positive change a reality in West Des Moines. Thank you Helen for your selfless contributions to our citizens in both of your volunteer roles!

Q: Helen, what attracts you to community service?

Helen: I guess it's engrained in me from working at Hy-Vee for 30 years. Hy-Vee and its employees believe in giving back to our community. When Hy-Vee was spearheading the Iowa Healthiest State Initiative, I worked on that program and connected with many organizations and wonderful people around the state. It was a great experience that made a big difference in the lives of others and in my life.

Q: Are you a native of West Des Moines?

Helen: I was raised in Indianola and we moved to West Des Moines in January of 1993. My husband and I have five children and they all grew up here. We have Tiger Paws everywhere in our house! Our youngest just graduated from Valley High School this past spring.

Q: Why did you decide to become a volunteer in West Des Moines?

Helen: I believe in giving back to my community and West Des Moines is our home. Our children were raised here. We have a great community and over the last few years I wanted to focus my efforts on the community where I live. You can usually make the biggest difference right in your own backyard.

Q: Do you find it difficult to take on leadership roles for several organizations at the same time while you are still working full-time?

Helen: It's time consuming, but I like being busy. The biggest surprise was discovering that I can sometimes leverage my knowledge of community needs and connect funding opportunities through my work at the West Des Moines Community Enrichment Foundation.

Q: The West Des Moines Community Enrichment Foundation is relatively new, when and why was it created?

Helen: It was created in 2007 by West Des Moines citizens to improve the quality of life for our residents. Our mission is to preserve and improve the quality of life here in West Des Moines by helping individuals, families, or corporate donors achieve their charitable giving goals.

Q: How important is it to work closely with the City of West Des Moines?

Helen: Very important. We are a young foundation, still in our infancy, but we do have a good vision for the future. The West Des Moines City Council and the City of West Des Moines have been very supportive of the foundation. We work closely with the different City departments to learn about their needs and if appropriate, we [WDM Community Enrichment Foundation] can assist with funding grants.

Q: Can you give us an example of some of the projects or programs the West Des Moines Community Enrichment Foundation has helped sponsor?

Helen: We are a local foundation and we stay close to home in our giving. Our endowment fund supports artistic, cultural, recreational, historic, social and natural resource projects. Some of the programs we have helped fund include a teen rock climbing wall, a child's public art exhibition, a school wellness program for children, Booster Paks for food-insecure students, child reading mentor programs, and an archery facility.



<http://www.iowacommunityfoundations.org/west-des-moines-community-enrichment-foundation.aspx>

Q: What is on the horizon for the West Des Moines Community Enrichment Foundation that excites you and might have a large impact on the City?

Helen: There is an upcoming big grant plan to improve the City trails and parks systems and the Foundation is poised to serve an important role in that project. We want to be the 'Trails Capital' of Central Iowa, so we all need to work together and get it done! This will have a huge positive impact on families and residents of all ages in West Des Moines.

Q: How can others become a part of the West Des Moines Community Enrichment Foundation?

Helen: By making a donation, by serving on our Board of Advisors or Executive Committee, and by participating in the projects and programs that we help fund.

Q: What makes Helen run?

Helen: I love being busy. I like getting things done. I am inspired by Iowa and by my community. I love the Iowa climate, the seasons, and the people. I have met so many wonderful people through volunteering that I would not have met otherwise.

Q: What do you do in your free time?

Helen: My husband says I have two speeds: OFF and ON. The ON mode: If I can bike 75-100 miles a week when I'm working that's great and I ride RAGBRAI every year.

Q: What's your guilty pleasure?

Helen: When I'm in the OFF mode, I like to sit on the deck with my husband and sip a nice glass of wine...and do nothing!

West Des Moines Community Enrichment Foundation

SUPPORTING QUALITY OF LIFE

The West Des Moines Community Enrichment Foundation (WDMCEF)

was created in 2007 in order to make a positive impact in our community. To date, the Foundation has received and is managing over \$1 million from families, individuals, businesses, the City, and Polk and Dallas Counties for our various funds to support artistic, cultural, recreational, historic, social and natural resources.

Grant Submissions Reviewed Quarterly

The Foundation serves as a catalyst for specific community projects and a champion for promoting quality of life within our city. To date, grants have been awarded by the WDMCEF to support a variety of community initiatives in West Des Moines, including:

- Hillside Elementary, Everybody Wins! literacy program
- Community Schools, Booster Pak Program
- Rock Climbing Wall
- Department of Human Services, transitional housing for those in need
- Children & Families of Iowa, Family Safety, Risk and Permanency services for WDM families
- Public Arts Advisory Commission, Temporary "Art on the Campus" Exhibition
- Raccoon River Park Archery Facility
- Parks and Library Feasibility Study
- Leadership Academy, annual scholarships
- WDM Amphitheater on the City Administrative campus

Non-profit organizations serving citizens in West Des Moines are eligible to submit a grant to the WDMCEF. Grants are reviewed on a quarterly basis by the WDMCEF Board of Directors, and awarded on a selective basis, according to established bylaws and policies.



Donations (of any size) Always Welcome

Donations to the WDMCEF are accepted through the Community Foundation of Greater Des Moines, which also administers and manages the four funds. No donation is too small.



WDMCEF funds:

- General Pass-through Fund
- Special Interest Fund: Arts and Culture
- Special Interest Fund: Recreation and Trails
- Endowment Fund – maximum of 5% of endowment funds are available on an annual basis
- Quality of Life Fund

Donating to the WDMCEF is a wonderful way to give back to the community and will help to preserve and improve the quality of life in West Des Moines for generations to come.

Questions:

Contact Helen Eddy, WDMCEF Board Chair, at helenbikes@msn.com
Donation Form and Grant Application can be found at: www.wdmcef.org

WDMCEF Board of Directors:

Mike Abbott, Mike Banasiak, Chris Costa, Tom Cox, Kristi Davick, Jennifer Drake, Helen Eddy, Tamara Kenworthy, Brett Peterson, Kathleen Till Stange, Robert Palmer, Ex-officio - City Councilman John Mickelson, Ex-officio - City of WDM Deputy City Manager Jamie Letzring, Ex-Officio - City of WDM Parks & Rec Director Sally Ortgies

www.wdmcef.org



West Des Moines
Community Enrichment Foundation





With Mental Health, Change Requires Hope

Authored by Angela Connolly

Since I was first elected to serve on the Polk County Board of Supervisors in 1998, I've kept my focus on strengthening our communities through advocating for our most vulnerable citizens. Mental health, and improving access and quality of our crisis services in Polk County, has been front and center for me. As Chair of the Polk County Board of Supervisors, along with my colleagues on the Board, we will be working in 2018 to make mental health an issue that's front and center for the whole county.



I have experienced first-hand the devastation, confusion, panic, anger and helplessness of trying to help a loved one navigate our mental health system. Our system is simply not working. With proper treatment, people with mental illnesses can carry on as a contributing member of our community, however they can face a wall of barriers to getting proper treatment, such as a waiting list for providers and a lack of health insurance coverage. In far too many instances this results in frequent trips to the emergency room, being put in jail, and even ending up in the homeless shelter - all places where they are not likely to receive the treatment they need. This is the least efficient and most expensive way to handle our community's mental health needs, but most importantly it is robbing individuals who need help of the opportunity to lead a normal life and is taking a tremendous financial and emotional toll on their families.

These are the reasons why I have served on the Polk County Health Services Board of Directors and supported expanding our

mental health and crisis services. We have made progress on addressing these issues.

For example, by opening our Crisis Observation Center in 2014 we have been able to divert 1,776 people from our jail, hospital inpatient units and the local emergency rooms, avoiding approximately \$9.4 million in costs. Similarly, the Mobile Crisis

Team was created in 2013 with the goal of treating mental health crisis in the field rather than automatically making a trip to the ER or jail. Since its creation, the Mobile Crisis Team has fielded 8,985 calls, of which 3,730 were treated in the field. If these 3,730 would have been taken to the jail it would have cost over \$17 million, if they would have been taken to the ER it would have cost \$3.7 million and it would have cost \$14.9 million if they would have been admitted to the hospital.

But there's more work to be done. We're ramping up communications efforts over the coming weeks to continue the conversation in our community about mental health, and how you or someone you love can start the recovery process with the dedicated services our county and partners offer.

I challenge those in my community to stand with me in creating solutions to the problems we are facing in our mental health service delivery. It's not far-fetched to believe we can find permanent and effective solutions to those problems. It requires hope. It requires help. And it requires attention from all corners of our community.



19TH ANNUAL Cops N' Bobbers Fishing Derby

Join the WDM Police Department for the 19th Annual Cops N' Bobbers Fishing Derby at the City Hall Pond (4200 Mills Civic Pkwy). Teams must consist of at least one child under 18 years of age and one adult (18 years old and up). Contestants must supply their own bait, tackle and poles. This is a catch and release event where participants will return all fish to the pond once they are measured. Prizes will be awarded in several categories.

The event is FREE to the public and will be held in conjunction with the Iowa DNR's Free Fishing Weekend. Fishing licenses are not required for Iowa residents during the weekend of June 1 - 3, 2018.

Event Date
Saturday, June 2

Event Location
West Des Moines
City Hall Pond
4200 Mills Civic Pkwy
West Des Moines, IA

Registration
Begins at 8:30 am

Fishing
From 9:00 am - 11:00 am

Prizes will be awarded
11:30 am



**For more information,
please call Brent Kock
at 515-222-3357 or
brent.kock@wdm.iowa.gov**

JULY IS PARKS AND RECREATION MONTH

Discover Your Parks & Recreation

Just as water, sewer, roads, and public safety are considered essential public services, parks and recreation facilities and programs are vitally important to the quality of life in a community, the health of our residents, and the economic and environmental well-being of our city. The most recent Citizens Survey showed that 92% of our residents were satisfied with the quality of life in West Des Moines. No community can attain that level of satisfaction without a robust, active system of parks and recreation programs for the public to use and enjoy!

Just some of the benefits of parks and recreation:

- Parks improve the local tax base and increase property values.
- Quality parks and recreation are one of the top three reasons that businesses cite in relocation decisions in a number of studies.
- Parks and recreation programs generate revenue directly from fees and charges, but more importantly, provide significant indirect revenues to local and regional economies from sports tournaments and special events.
- Parks are the places that people of all ages go to get healthy and stay fit.
- Parks and recreation facilities provide gathering places for families and social groups, individuals of all ages and economic status, regardless of their ability to pay for access.
- Parks provide a sense of public pride and cohesion to every community.

From "Why Parks and Recreation are Essential Public Services," National Recreation and Park Association



West Des Moines Parks & Recreation Mission

"We provide our community everyday enjoyment through people, parks, and programs."



WDM125 City-wide Ice Cream Socials

For many years, the Parks & Recreation Department and Parks & Recreation Advisory Board have hosted Ice Cream Socials in neighborhood parks with two or three offered each summer. This year, in celebration of West Des Moines' 125th anniversary we are expanding across the entire city to 16 locations...one of which is sure to be near you! The Mayor, City Council, elected and appointed boards and commissions, and all City departments will help make this possible. Look for your invitation to be mailed in June.

- FREE Ice Cream Treats
- FREE Fun in the Park
- FREE Conversation

Adopt a Park, Trail or Street in West Des Moines!

Are you tired of seeing trash in a park, on a trail, or along a street near your home? Are you ready to do something about it?

Now you or your local group can adopt one of West Des Moines' parks, trails or streets and help make a difference in your community! Resources needed to accomplish a cleanup will be provided by the City. After your group has officially adopted a park, trail or street, a sign will be placed to recognize your sponsoring group.

For more information or to sign up online, go to <http://www.wdm.iowa.gov/i-want-to/sign-up-for/volunteer-opportunities>.

Funding for these projects provided by Metro Waste Authority



WDM PUBLIC ARTS

"Asteria" Added to Permanent Art Collection

The Public Arts Advisory Commission has purchased Tim Adam's sculpture, "Asteria". Tim resides in Webster City and has shown pieces in the last two Art on the Campus exhibits. "Asteria" was included in the 2017 exhibit and is constructed out of steel and Lexan. After purchasing the piece, the Public Arts Advisory Commission chose to permanently display it at the entrance of Valley View Aquatic Center.



NEW IN 2018

The 2018 Art on the Campus exhibit will have a new feature, thanks in part to a grant from Bravo Greater Des Moines. Otocast, a mobile audio guide, will allow Art on the Campus viewers to see, hear, and explore each of the thirteen sculptures included in the exhibit along the City Campus trail. It's like having a personal tour guide with you whenever you want! Otocast is free to download through the Apple Store and Google Play. Give it a try and let us know what you think.



2018 Art on the Campus

You are invited to join the West Des Moines Public Arts Advisory Commission and Parks and Recreation Department as we celebrate the Grand Opening of the 2018 temporary Art on the Campus exhibit. Come and enjoy free family-friendly entertainment, complimentary food and drink, a chance to meet the artists and, of course, a first look at this year's exhibit! More information can be found on p10.



The City's current vision for public art began at a City Council workshop in the fall of 2005, which led to the preparation of a Public Art

Master Plan in 2008. That Plan recommended the establishment of a Public Arts Advisory Commission and a Public Art Fund, which the City Council created in 2011.

Q: Who is on the Public Arts Advisory Commission (PAAC)?

A: Seven West Des Moines citizens currently serve on the Commission: Diane Boyd, Ryan Crane, Jed Gammell, Tamara Kenworthy, TJ Lechtenberg, Rita Luther, and Brenda Sedlacek.

Q: How are Public Arts Advisory Commission members selected?

A: Members are appointed by the Mayor and City Council based on a written application. Membership is open to citizen representatives of the community at large who are recognized for their interest or experience in connection with visual arts. Members must reside in the City of West Des Moines and cannot hold any other elected or appointed office within West Des Moines city government.

Q: How is the Parks and Recreation Department involved?

A: Parks and Recreation staff support the Commission and manage the public art program.

Q: How often does the Commission meet?

A: Meetings are held at 5:30 pm on the fourth Thursday of every month in the West Des Moines City Hall Council Chambers.

Q: Does the Commission have a plan and mission?

A: The mission of the West Des Moines public art program is to create a city with successful public spaces with works of art that offer moments of serendipity and opportunities for reflection. The PAAC's efforts are guided by the Public Art Master Plan.

Q: What is the vision for public art in West Des Moines?

A: The vision of the public art program is the creation of a diverse collection of artworks of undisputed quality and excellence, and a program that promotes cultural expression and artistic appreciation.

Q: Who can I contact if I want to be on the Commission?

A: Call the West Des Moines Parks and Recreation Department at 515-222-3444 or visit wdm.iowa.gov. Applications are available at wdm.iowa.gov/i-want-to/apply-for/boards-commissions.

Water Quality Community Service Art Project

The Public Arts Advisory Commission wants to raise awareness about water quality through their next major public art project. Cliff Garten of Cliff Garten Studio in Venice, California, was commissioned to create a permanent artwork in Raccoon River Park. One reason Cliff was a top choice for this project was his desire to mentor a local artist throughout the process.

We're pleased to announce that Reinaldo Correa has been selected. Reinaldo is a Lecturer in the architecture department at Iowa State University. He graduated from Iowa State with a Professional Architecture Degree and a minor in Digital Media in 2008. He will be assisting Cliff as the local point person, gathering information and handling logistics.



Reinaldo Correa



Cliff Garten

Cliff and Reinaldo met with Commission and Selection Committee members, as well as City staff during a visit to Raccoon River Park in December. They were able to gather information and share their preliminary vision for the permanent artwork. According to Cliff, "We really want to teach people how water works and do this through a series of poetic pieces that come out of the landscape, the place that is Raccoon River Park." His final proposal will be presented later in the spring.

With Appreciation....

The West Des Moines Historical Society relies heavily on financial support from donors, local companies and foundations to support our mission of preservation and education. In 2017, donors made preservation and restoration projects, new education and outreach programs and school programs possible at the Jordan House (2001 Fuller Road) and Bennett School (4001 Fuller Road). We thank all who support our mission.

CITY OF WEST DES MOINES:

City funds were utilized on many projects at the Jordan House and Bennett School, including:



• Bennett School

A new fire alarm was installed, adding to the security of the one-room schoolhouse. A new concrete front stoop was installed, and windows will be replaced in early 2018.



• Jordan House

Repairs to siding, porches and windows were followed by scraping and painting the entire building. The fence surrounding the property on Fuller Road was also scraped, repaired and repainted, and new gutters were constructed and installed.

Prairie Meadows

Education programming and outreach continued to be supported by Prairie Meadows, including expansion of the Underground Railroad curriculum as well as creation of new Bennett School curriculum.

Polk County

Education programming and outreach for all ages was a goal for this funding. Polk County Betterment Grant funds were used to support expanded Open House tours for the general public as well as supporting special outreach and educator training efforts.

Wells Fargo

This new funder made a significant impact on all aspects of education and outreach, especially to traditionally underserved youth populations.

John Deere

Another new supporter of the West Des Moines Historical Society, John Deere, committed significant resources to supporting the James Jordan Scholars Leadership Institute.

Jordan Scholars Funders

Support from Polk County, West Des Moines Community Foundation, West Bank and Kemin Industries ensured the third class of Jordan Scholars continued this unique education opportunity.

Friends of Fuller Road

Thanks to the neighbors of the Jordan House for their support. This includes Wolin Mechanical Electric, All-State Industries, Corell Contractor and Hurd Real Estate.



Discover Decoration Day

May 20 • 1 p.m. – 3 p.m.

Join the West Des Moines Historical Society and Parks and Recreation Department to discover the history behind Decoration Day. This family-friendly celebration will take place at the Jordan House, 2001 Fuller Road, and Jordan Cemetery on Sunday, May 20.

FREE:

- WDM Community Band Concert
- Ice Cream Social
- Children's Crafts
- Jordan Cemetery Self-Guided Tour

Jordan House Tours:

- \$5 adults/\$3 K-12 students

Find more information on page 12 of the WDM Parks and Recreation Program Guide.



The West Des Moines Historical Society

The West Des Moines Historical Society is a privately funded non-profit organization that relies on the generosity of its friends and supporters. We kindly ask you to help preserve the legacy of West Des Moines' history by becoming a West Des Moines Historical Society Member.

Become a member today by visiting the Society's website at **www.wdmhs.org** or by calling **(515)225-1286**.

Scrap Appliance & Metal Drop-Off

SPRING: Saturday, April 7 | FALL: Saturday, Sept. 8

8:00 AM to 12:00 Noon

The City of West Des Moines is offering its residents additional opportunities to recycle unwanted items!

Residents may bring scrap appliances and metal to the West Des Moines Public Services facility located at 560 S. 16th Street on Saturday, April 7th and September 8th from 8:00 AM until Noon.

These items will be accepted – FREE

Air Conditioners (all sizes)	Dishwashers	Ice Makers	Saws
Batteries, Lead Acid	Dryers	Metal - Most anything	Speakers
Blenders/Mixers/Toasters	DVD Players	Metal Shelving	Stereo systems
Calculators	Exercise Equipment	Microwaves	Stoves
Cameras, Camcorders	Fans	Mowers - Riding	Vacuums
Cell Phones	Fax Machines	Mowers - Walk Behind	VCRs
Chillers	Freezers (no food)	Phones	Video Game Systems
Computer Towers, Servers	Furnaces	Pots, Pans, Electric Skillets	Washers
Condenser Units	Garage Doors & Openers	Printers	Water Coolers
Copiers	General Scrap Metal	Refrigeration Units	Water Heaters
Dehumidifiers	Humidifiers	Rooftop AC Units	Water Softeners (no salt)

These items will **NOT** be accepted –

Anything with food in it	Garbage	Paint	Wood
Chemicals	Light Bulbs	Plastics	

Televisions and Monitors are accepted at a **COST**. Cash or Check Only

Note: Residents participating in City-provided solid waste collection may dispose of TVs and monitors of any type by putting them at the curb by 6AM on their normal collection day with the appropriate \$5 sticker(s). For more information on curbside pickup, contact Metro Waste Authority at <https://www.mwatoday.com/recycling-guide/item/computer-electronic-waste.aspx> and see under "Curbside Garbage." The TVs/monitors will be landfilled vs. recycled.



\$15.00 Each TV or Monitor
\$30.00 Each Console or Big Screen

No paper shredding will be provided at these dropoffs due to the variety of privately sponsored paper shredding events in our area throughout the year.

H & W Recycling is partnering with the City of West Des Moines in this collection event. If you have any questions, please call the Public Services Department at 222-3480.

Visit us on the web at www.wdm.iowa.gov

Clip & Save!

2018 Solid Waste EVENTS

FOR WEST DES MOINES RESIDENTS

No paper shredding service will be provided by the City due to the variety of privately sponsored paper shredding events in our area throughout the year.

Yard Waste and Annual Spring Cleanup events are available to all West Des Moines residents who are eligible for solid waste collection.



April 2

Yard Waste Pick-Up

Begins on normal trash collection day

April 7

Scrap Appliance, Metal Drop-Off

- 8 AM – Noon
- WDM Public Services

April 14

Scrap Tire Drop-Off

- 7:30 AM – 4 PM
- WDM Public Services

May 24

Nat'l Public Works Week Celebration

- 4 – 7 PM
- Valley Junction

June 4 – 8

Spring Cleanup

On your regular trash day.

Sept. 8

Scrap Appliance, Metal Drop-Off

- 8 AM – Noon
- WDM Public Services

Nov. 30

Yard Waste Pick-Up Ends

**Dec. 30 –
Jan. 11**

Winter Yard Waste & Christmas Tree Collection

Household Hazardous Waste Disposal Options: Visit <https://www.mwatoday.com>

For more information visit www.wdm.iowa.gov or call WDM Public Services at **222-3480**

Recipe for Success with Curbside Recycling

There are two important ingredients for successful curbside recycling: sortable and sellable.

Think of sorting your laundry. You wouldn't want a purple sock in with your load of whites. The same concept applies to recycling. When wishful recyclers put all plastic into their cart, it's like the purple sock in the white load.

Plastics are created differently; as a result, different plastics can be made into different things. Plastics with twist off lids are very desirable because they can be made into car parts, thread or carpet. However, throw a few berry containers in with the desirable plastics, and all of a sudden you have a pink load that nobody wants!

That brings us to ingredient number two: is it sellable?

Metro Waste Authority loves recycling because it diverts waste from the landfill, which conserves landfill space and natural resources. However, without someone who wants to buy the material and turn it into something new, we've got a lot more trash on our hands!



Just as you wouldn't want pink socks when you needed white, a buyer doesn't want a load of garbage in with their valuable plastic. When recycled, plastics are melted down to make something new, but they don't all melt the same. If there is a berry container or other non-accepted plastic in the mix, the entire load must be thrown out. Much like your whites that turned pink, it's hard to undo the contamination.

It takes each resident doing their part to ensure only accepted recyclables are put into the Curb It! cart. Any plastics with twist off lids such as laundry detergent, milk jugs and water bottles are welcome in the cart.

If it doesn't have a twist off lid, it doesn't go in the cart.

For more information about what can be recycled and why, visit www.WhereItShouldGo.com.

UNIMPROVED ROADS

Rural roads (gravel) still exist in West Des Moines, as in many cities. The transition from gravel to pavement is dependent upon commercial and residential development in each specific area. Gravel roads are greatly impacted by weather conditions. Rainy/snowy weather results in potholes and dry weather creates dust. Our Public Services staff visually inspects our gravel roads on a weekly basis and provides maintenance as needed.

Weather and traffic greatly affect the integrity of gravel roads. The City provides full maintenance a minimum of two times yearly. Five steps of maintenance are performed:

1. A grader roughs up the surface, cutting out potholes and imperfections.
2. Road rock is added as needed to ensure an adequate surface of blended rock.
3. The road surface is bladed to the center of the road, then rock is graded back over the lane to create a 4% slope for proper water drainage to reduce potholes from forming.



4. Water is added prior to the graded surface being packed in place using a roller.

5. Calcium Chloride is applied at industry standard to the gravel roadway to help stabilize the surface. This chemical absorbs moisture from the road surface and the air, which results in a stable surface and less dust.

Calcium chloride is not typically applied to rural roads past October because the chemical will not allow roads to freeze during winter weather, causing potholes and/or a very soft surface.

Residents with a question or concern regarding gravel roads are encouraged to call Public Services at 515-222-3480.



COMMUNITY TIRE DROP-OFF April 14

Looking to get rid of old tires? On April 14 from 7:30 am until 4:00 pm, residents can bring tires to West Des Moines Public Services, located at 560 S. 16th Street. Each household can bring a maximum of five tires free of charge as long as the rims have been removed.

Tires NOT accepted include:

- Tires generated by businesses
- Farm or tractor tires
- Solid tires (lawnmower, forklift or golf cart tires)
- Bicycle tires

Tires can also be recycled with Liberty Tire in Des Moines, or disposed of at these Metro Waste Authority facilities year-round for a fee:

• **Metro Park East Landfill:**
12181 University Avenue NE
Mitchellville, Iowa 50169

• **Metro Park West Landfill:**
2499 337th Street
Perry, Iowa 50220

• **Metro Hazardous Waste Drop-Off:** 1105
Prairie Drive SW, Bondurant, Iowa 50035

For more information about how to safely dispose of tires or other waste, call 515.244.0021 or visit www.WhereItShouldGo.com.

Yard Waste Collection Begins April 2

Curbside Collection Options:

Carts: A full cart holds the equivalent of three yard waste bags. If you purchase 65 bags or more per year, you might benefit from a cart. Contact Public Services at 222.3480 for more information.

Bags: Purchase Compost It! brand bags at area grocers and hardware stores. The cost of the bag covers collection. If you purchase store brand bags, add a green Compost It! sticker.

Compost It! Stickers: For brush and small limb bundles, less than 4" in diameter and less than 18" long, purchase a green Compost It! sticker at area grocers and retailers.



Yard waste cannot be disposed of in your regular garbage. For more information, call 515.244.0021 or visit www.WhereItShouldGo.com.

Community Compliance CORNER

As we look forward to the spring transformation of brown dormant lawns to beautiful green, we'll soon be moving from shoveling snow to mowing lawns. West Des Moines neighborhoods, and City Code requirements, are a reflection of the pride our residents take in our beautiful City. Our Community Compliance Specialists work with residents to help ensure that issues not in compliance with City Code are addressed.

The following are some issues the Community Compliance Specialists will be looking at to ensure a well-kept community.

- Weeds, grass, or vegetation reaching the height of 10" or more.
- Junk in general should be properly removed from the property and never placed on the right of way until the day prior to a scheduled pickup (with appropriate solid waste stickers).
- Inoperable/Obsolete vehicles: All vehicles must have current plates and be able to start and travel down the road. They must also be free of broken windows and have air in the tires. Vehicles may only be parked on a hard surface. If vehicles do not meet all these requirements, they must be placed in a garage or hauled away.



If you have a code compliance concern, please contact 222-3480 during the hours of 7:30 a.m. to 4:00 p.m., Monday through Friday, report on the City's website using the Online Service Desk, or enter a

request on YourGOV from your cellphone or computer.



POTHOLES

Driving along and you're concerned about a pothole (or any other non-emergency issue)? You have several options to report the concern:

- Download the YourGOV app on your phone to report the issue and send a photo if you wish.
- Go to the Online Service Desk on the City's website at www.iowa.gov.com or type YourGOV in the search box. Click on the "+" to add a request.
- Call Public Services at 515-222-3480.

SPRING CLEANUP

June 4-8

The Spring Clean-Up Event is your opportunity to get large items picked up at the curb without a fee! To ensure all residents are served, there are some guidelines to follow:

Garbage Limit: You can set out as much to be picked up as the bed of a pickup truck will hold.

Weight Limit: It must be reasonable that two people can lift the item to be collected.

No Bags/Boxes of Miscellaneous Items: These can be included in your regular garbage cart year-round or with the appropriate number of extra item stickers, so they should not be placed at the curb for Spring Cleanup.

Construction and Demolition Waste: Items must weigh less than 40 pounds each.

Examples of accepted items include mattresses, couches, end tables, fans, lamps or gas grills (with propane removed).

Items that are not accepted are appliances, building materials, concrete, hazardous waste, tires and yard waste. To learn how to properly dispose of these items, visit www.WhereItShouldGo.com.

For pick-up, set items at your curb by 6 am on your regular garbage collection day. If you're unsure an item will be accepted, contact your garbage hauler by calling Waste Connections at 515.265.7374.



Good, Better, Best Disposal Options for Spring Cleaning

When you're digging through your garage, organizing the storage room and cleaning cupboards, you might come across some things you're not sure how to dispose of.

Metro Waste Authority offers good, better, best options for disposal.

Paint: While not considered toxic, latex paint cannot be placed in the garbage unless it has been dried out first; so why not recycle it instead? For just \$1 per gallon you can safely dispose of your unwanted paint. Items in good condition are put in the swap shop for residents to take what they need, free of charge. Your trash could become someone's treasure! Oil-based paint and stains are toxic. Bring them to a hazardous waste drop-off.



Propane Canisters: If they are empty, they can go in your trash. However, they can also be recycled if you bring them to a hazardous waste drop-off.

Electronics: These items are allowed in your trash, but it would be better to donate them if they are in good working condition. If they don't work, your best option is to take them to a hazardous waste drop-off for recycling! This includes items with lithium rechargeable batteries such as cordless phones, cell phones, power tools and some toys. Rechargeable batteries do not belong in the garbage.

Chemicals: Any lawn and garden, automotive or cleaning products should be treated as hazardous waste and brought to a drop-off. Never pour these items down the drain or put them in your garbage.

Metro Waste Authority offers two options for hazardous waste drop-off:

Metro Hazardous Waste Drop-off
1105 Prairie Drive SE
Bondurant, IA 50035
Tuesday - Friday: 1:00 - 5:00 pm
1st and 3rd Saturday: 8:00 am - Noon

Metro Northwest Transfer Station
4105 Beisser Drive
Grimes, IA 50111
By appointment only, Tuesday - Thursday.
2nd Saturday of the month
(March-December): 8:00 am - Noon

For more information, call 515.967.5512 or visit www.WhereItShouldGo.com.

Some items may result in a nominal fee for recycling.

Horticulture in our Midst

Residents and visitors alike enjoy the beautiful creations designed, planted, and maintained by our City's Horticulture Division.

Later this spring when the planters are completed in Valley Junction, you'll be able to scan a QR code on the planters to see exactly "What's In The Planter?" You also may visit

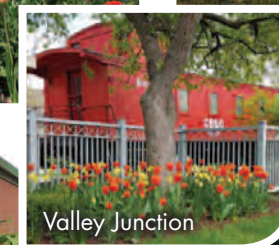
<http://www.wdm.iowa.gov/government/public-services/forestry/what-s-in-the-planters>



▲ WDM Library



Softball Fields ▲



Valley Junction



▲ Even the planter itself was designed by our City Horticulturist



WDM Fire Station #21

2018 Sidewalk Program

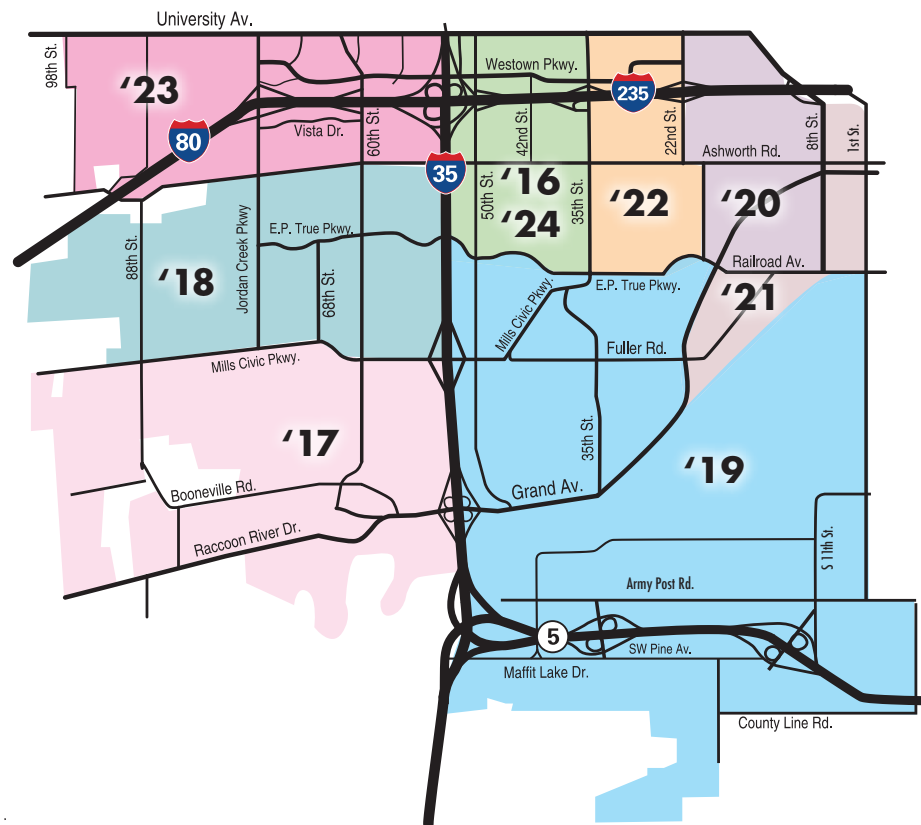
What a pleasure to live and work in a City that offers an excellent transportation system, including sidewalks! The number of residents walking, jogging and enjoying our neighborhoods steadily increases.

Our annual sidewalk program provides a means of reviewing the condition of existing sidewalks throughout the City on a rotating basis every eight years. A map (shown below and available on the City website) indicates the areas and schedule for inspection of sidewalk conditions.

Notices of defective sidewalks are sent to the owner of record according to the County Auditor's office or, if a townhome

or condominium complex, the Registered Agent according to the Secretary of State's office. The property's responsible party has the option to repair individual sidewalk defects on their own, or they may elect to have their sidewalks included in the City-wide repair project. If repairs are not made within a period of time specified (generally 75 days), the City will proceed with the identified repairs and bill the property owner or responsible party.

This sidewalk program helps protect pedestrians who actively use the sidewalks and property owners from liability issues. More information is available on the City's website.



National Public Works Week Celebration

May 24

North End of the Valley Junction Farmer's Market | 300 Block of 5th Street

New this year! Iowa DNR is bringing their Mobile Education Exhibit, equipped with touch screen computer games and interactive displays.

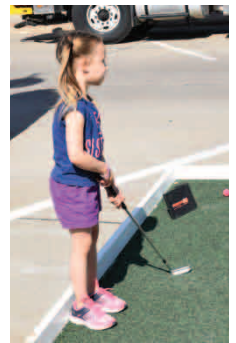
The name of West Des Moines's Public Works Department has been changed to "Public Services," but we're still in the same family of professionals!

Come join us for a celebration of the Public Works men and women in North America who provide and maintain the infrastructure and services of our communities.

This event is not just a FREE FUN FAMILY EVENT, it's an opportunity to learn!



PAWS, the Public Works Mascot, will be back again this year!



FORESTRY

A glance back at 2017, and the vision forward

Trees in City Right-of-Way

Many challenges were presented to the WDM Public Services Forestry Staff in 2017. In January 2017, the WDM City Council adopted a revision to language in the City's Tree Ordinance (7-10-7). This change transferred responsibility for maintaining street and sidewalk clearance heights of right-of-way (ROW) trees and shrubs from the abutting property owner over to the City. Public Services has developed a management plan to address each of the approximately 2,300 ROW trees and shrubs on a three-year rotation. The process began this past winter with the evaluation and trimming of 275 trees. In a perfect world tree trimming would be performed from the end of the growing season (Nov. 1) to the beginning of sap flow (Feb./March). But spring arrived early in 2017 and so did the flow of sap in most hardwood tree species. Trimming activities were put on hold due to the increased opportunity for bark tearing as well as insect and disease concerns.

The 2017 Summer storm season also shot out of the gate with strong winds in mid-May. Forestry staff and Public Services personnel spent many days dealing with the storm's aftermath which left numerous trees severely damaged. A couple smaller scale storms also struck during the summer including one on the afternoon of July 4th. These also required several days to remove debris from streets and parks.

Emerald Ash Borers (EAB)

About the time we were ready for our second emerald ash borer treatment of 730 public ash trees (initial treatment was in 2015), summer's furnace kicked on and moisture became scarce. Two summers ago, rainfall remained fairly uniform and temperatures were remarkably average. In

other words, growing conditions for trees, grass, weeds, commodity crops and mosquitos were ideal. It became apparent this summer just how stress free the summer of 2015 was for our urban canopy. One of the individual statistics we record is the length of time needed for each individual treatment. In 2015, we spent on average, 20 minutes injecting insecticide into each tree. But in response to the extreme heat and drought, the trees did what trees are supposed to do, slow their physiological processes in order to conserve energy and moisture demands. Early into our 2017 treatments we became concerned that the window to effectively inject trees may close before we could get to all 730. Even the smallest of eligible ash trees were taking close to an hour to "take up" the dose of insecticide. As a result, treatments were limited to 325 of the 730 trees. In hindsight, it makes sense to treat half of the trees every other year to account for seasonal growth variabilities and this strategy is now in place.

Evidence of EAB spread significantly through West Des Moines in 2017.

Expectations are that its effects will reach devastating levels in 3-5 years. Homeowners with ash trees who have yet to decide on a treatment or removal strategy should do so SOON! Due to the brittle nature of an EAB killed tree, removal costs are considerably higher than when it was alive or "green." Residents would be well advised to schedule in 2018 either the preemptive removal or treatment of their ash trees.



John Olds
*Urban Forestry
Supervisor*



Adding Trees to City Parks

With fall being a great time of year to plant trees, Forestry and Public Services staff spent several weeks in October transforming the landscapes at Woodland Hills and Fairmeadows Parks. Parks & Rec Landscape Architect Kevin Conn developed planting plans for both parks' playground locations. Eighty eight trees and flowering shrubs were planted at Woodland Hills Park and another 37 were put in at Fairmeadows Park. Each plant was well watered and mulched with hardwood chips. Recognizing the potential for significant and irreversible damage from roaming buck deer, all plants at Woodland Hills and the conifers at Fairmeadows were "deer proofed." Two to three metal posts were driven into the ground around each tree and then wrapped with 2" x 4" woven wire. It's not pretty and it makes life a little difficult for mowing crews, but without it, these enhancements of new plantings would become deer fodder and/or rubbing posts.



FAIRMEADOWS PARK



WOODLAND HILLS PARK

As Winter Ends

While Public Services staff contend with this winter's allotment of "snow emergencies," forestry staff re-focuses attention to the trimming of public trees, especially ROW trees. With all branching exposed during the winter we're able to identify and address trees damaged from last year's summer storms. But in a few short months, Spring 2018 will settle in. Attention will then turn to additional plantings at Woodland Hills and several other parks, the first tree sale WDM has held in many years (on Arbor Day) and providing the best possible growing conditions for young trees in parks, facilities and medians.

Tree owners should provide similar care which will consist of mulching (being sure to pull away chips from the trunk-don't use rock!), staking if needed, trimming broken or misshaped branches and an herbicide application for weed control (best done before dormancy breaks). Evidence of insects and diseases need to be monitored and treated accordingly. Properly timed care not only can ensure that our trees and shrubs will provide their desired benefits for many summers, but it also serves as a therapeutic cure for hibernation!

WDM SHADE CRUSADE 2018

Residential Tree Sale



Join the City in our crusade to increase West Des Moines' tree diversity and urban tree canopy! Five hundred high quality native trees (valued at approximately \$60 to \$120 each) are being made available to residents of West Des Moines through an exciting new residential tree sale. Residents will pay \$30 per tree. The remainder of the cost of the trees will be paid by the City. Due to City funding, all participants must be West Des Moines residents and must agree to plant the tree(s) on residential property within the City limits. There is a limit of up to two trees per household.

1. Go to www.wdm.iowa.gov/ShadeCrusade before April 20. The sooner you sign up, the better your chance of receiving your tree of choice.
2. Select your tree(s) and make payment (\$30 per tree) online.
3. Contact Iowa One Call by dialing 811 or by going to <http://www.iowaonecall.com/homeowners/> by April 25th to set up a time to schedule locates on your property.

4. Pick up your tree(s) and take part in tree planting and care demos at WDM Shade Crusade 2018.

Date: Saturday, April 28
Time: 8:00 am to 11:00 am
(demos every 30 minutes starting at 8:30 am)
Location: WDM City Hall, 4200 Mills Civic Parkway

Note that any tree not claimed by 11:00 am will be resold or planted by the City on public property. No warranty is provided. No refunds or replacements.

5. Plant your tree(s) right away, and be sure to share your tree planting photos on Facebook, Twitter, and Instagram with the hashtag #wdmshadecrusade.

To learn more about the available tree species and **WDM Shade Crusade 2018**, go to www.wdm.iowa.gov/ShadeCrusade

KING OF THE GRILL



May is National Barbeque Month.

It is an unofficial holiday and an exciting way to start the summer. Fire in the grill, under hot dogs and burgers, is a welcome sight at the family cookout. But fire anywhere else can make your summer barbecue memorable for all the wrong reasons.

According to the National Fire Incident Reporting System (NFIRS), each year, grill fires cause about \$37 million in property damage. Knowing a few fire safety tips and following instructions will help everyone have a safe summer.

- Keep your grill away from your home, deck railings and out from under eaves and overhanging branches.
- Make sure your grill is in good working order.
- Never use a grill indoors or in tents. This is a dangerous fire hazard and can cause high levels of carbon monoxide.
- Clean your grill by removing grease or fat buildup from the grills and the trays below the grill.
- Never leave your grill unattended.
- Keep children, pets and outdoor games away from the cooking area.
- Light grills with a long match or mechanical lighter designed for lighting grills.
- Use long-handled grilling tools for clearance from heat and flames.
- Allow the grill to cool before attempting to move it.
- Keep all matches and lighters out of the reach of children.

Charcoal Briquette Grills

- Follow the manufacturer's instructions. Use only sufficient charcoal to cover the base of the grill to a depth of about 2 inches. Store extra charcoal in a metal container with a tight fitting lid to keep it dry. Wet charcoal can spontaneously combust and start a fire.

- Use only recognized charcoal starter fluid. Use lighter fluid on cold briquettes only and use the minimum quantity necessary to start the charcoal. Adding fluid to burning or hot coals can cause a flash fire and result in serious burn injuries.
- When removing the ashes from the grill, make sure they are cool or put them into a non-flammable container such as a metal bucket. Water may be added to the cool ashes, but remember to stay back from potential hot steam. Empty ashes onto bare garden soil; do not put ashes into a garbage can or paper bag. House fires have been caused by hot ashes which later ignited when left on a deck or porch.

Gas Grills

- Follow the manufacturer's instructions to check the gas cylinder or pipe for leaks, brush soapy water around all joints and watch for bubbles. If you find a leaky joint, try to tighten, but do not over tighten. If ever in doubt about the integrity of your gas cylinder, have it tested.
- Open the grill lid before turning on the gas or lighting.
- When you have finished cooking, turn off the gas cylinder.
- Change gas cylinders in the open air, not in a confined space. Avoid storing gas cylinders indoors and never in basements.

As a reminder per West Des Moines Fire Code:

No barbecue grills or other devices which produce ashes or embers shall be operated or stored within 20 feet of multi-story buildings, such as apartment buildings and/or condominiums.

Cooking devices and/or propane cylinders shall not be stored inside the living unit of apartment buildings and/or condominiums.

Fairmeadows Park... *more is in store!*



A major transformation took place in Fairmeadows Park in 2017, and more exciting improvements are in store! Along with a new playground and native tree plantings, as part of the new site design, the creek channel was further opened up to create opportunities for public interaction with the stream. In 2018, a variety of best management practices will be implemented to showcase the park as a leading example of water quality management. These practices will also provide educational opportunities for area residents, as well as students attending the surrounding schools.



Water quality practices will include:

- 1. Bioretention Swales** – A series of bioswales will be constructed that will slow the water flow and filter water flowing off the parking lot before it enters Fairmeadows Creek. Benefits include increased infiltration of rainwater and improved quality of water exiting the site.
- 2. Soil Restoration** – This practice will involve aerating the open field area in the park with a deep-tine aerator and then applying a layer of compost. The main benefit will be improved water infiltration to decrease runoff. The additional organic matter will also increase overall turf quality and may reduce the amount of fertilizer and pesticides.
- 3. Native Plantings** – Native plants will be installed along the new creek channel. Their deep roots will slow down runoff and improve infiltration of water. In addition, native wetland plugs will be placed within the stream channel to help stabilize the banks. Multiple benefits of native plants include increased aesthetics, improved wildlife and pollinator habitat, less frequent mowing, lower fertilizer & herbicide use, and educational opportunities.

The above projects have been made possible with \$50,000 in financial assistance from Polk County. Thanks to Polk County Supervisor Angela Connolly, an advocate of water quality management, and the Polk County Board of Supervisors for supporting this exciting project!



Softball Complex *greatly reduces consumption of treated water!*



Low profile submersible pump now located in Blue Heron Lake

The irrigation system at the Racoon River Park Softball Complex is one of the largest users of water in the city with approximately 3.3 million gallons of water used every year. Did you know that equates to over one and one-half water towers full of drinking water?

To eliminate the use of treated water, the water supply for the irrigation system is now coming from Blue Heron Lake right next door to the softball complex. A low profile submersible pump was placed out into the lake. Underground piping was installed from the pump under the trail and roadway and connected to the existing irrigation system. Total cost for the project was approximately \$180,000 split equally by the City and West Des Moines Water Works. As this project reduced the amount of treated water being used, it was recognized as a 'win-win' for both entities.

The Parks and Recreation Green Team continuously looks for sustainable ways to be good stewards of our natural resources and to seize opportunities to lead by example. Although not everyone has a nearby lake to pump water from, we hope these kinds of projects will raise awareness and challenge residents and businesses to review their own irrigation practices.

Valley View Park *New amenities have arrived at the Park*

Check out the new improvements at Valley View Park! The west side of the park (off of 88th Street) has seen some recent additions including 2 lighted basketball courts and 2 lighted tennis courts. The first year of basketball leagues on the new courts was a hit, and staff anticipates league play to continue to grow. For more information on outdoor basketball leagues see page 59.

The tennis courts were completed late last fall, and the initial feedback has been great. Users are excited to play either tennis or pickleball on the new lighted courts into the later evening hours. Planning is also underway for a

new lighted sand volleyball complex and a rentable shelter to be completed this year.

A new cricket pitch was installed in the large open lawn area on the west side of the park to meet the demand for this growing sport. New in 2018! The field space can now be reserved for cricket and baseball, softball and soccer practices. See pages 55-57 for more information on Valley View Park field reservation.



PRESCRIBED (RX) FIRE JUSTIFICATION

For thousands of years fires ran wild on the Midwest landscape. The frequent fires led to the development of ecosystems dependent on fire to thrive. European settlers found the deep rich soil this created and began to curtail the flames. The land was forever altered.

Each fall and spring, the City of West Des Moines Parks and Recreation and Public Services Departments try to return a small portion of our City back to pre-settlement condition. Most of these areas are part of the City Parks system and are designed to provide, in addition to environmental benefits, a vital connection of residents to nature, something many in the urban setting may not regularly experience. To accomplish this goal, areas are selected based on the use, terrain, existing plant species, and resident input. Tallgrass prairie, wetland, and savanna ecosystems are all represented in our City. All of these ecosystems are fire dependent. Sustainable management practices are imperative to the success of any of these systems. Prescribed fire is far and away the most accepted and effective form of management we have.

Some of the benefits of fire and these ecosystems are:

- Reduction of invasive and non-target plant species.
- Reduce the effects of pest insects and plant diseases, reducing the need for chemicals and fertilizer.
- Plant diversity provides for an increased diversity in animal/bird/pollinator species.
- Improves habitat for threatened and endangered species. Some species are dependent on viability of these ecosystems.
- Recycles nutrients back to the soil and promotes the growth of target plant species.
- Improves water infiltration into the soil and reduces runoff, in turn reducing the amount of nitrogen and other contaminants entering our waterways.
- Reduces demand on storm water systems.

For further information, please contact Brian Fowler, Park Maintenance Supervisor, 222-3450.



CONSERVATION GRAZING... IT'S WHAT WE DO

Conservation grazing is a new trend in land management and can be done in almost any ecosystem. I have an interesting perspective on this land management technique that can be used to reduce invasive species or create a more diverse grassland or prairie habitat. Let me introduce myself, I am Bandit a Kiko/mix goat. I get to travel around Iowa and do what I do best... EAT!

Kiko goats are a hardy bunch. We grow fast, thrive in all sorts of conditions and we love to eat. We are "aggressive foragers," which means we will actively find food. That is why we are so good at our job.

Our job? Yes, goats have a job! We have become increasingly popular to use to graze all sorts of areas. We have split hooves which are very efficient in all kinds of terrain. We aren't mountain goats, but we can certainly go where lawn mowers can't.

Our favorite place to graze is forests. We love to eat some of the nasty invasive species of the forest like honeysuckle, buckthorn, autumn olive, garlic mustard and even poison ivy. They either take over or shade out native species that grow on the forest floor. When we eat the invasive species we inhibit their growth and give native species a fighting chance.



Bandit the Goat

We think we have the best place of all to graze. We eat a lot, and we get to climb on logs, hop on stumps and butt some heads in the process.

I will be in Southwoods Park this spring and will be bringing six more goat friends to help me. I hear there is some really tasty honeysuckle there!! We will work in fenced off areas and will be able to graze about an acre a week. I am excited to meet you and to show you the difference that we can make in your forest!

CARING FOR OUR LAWN

Aah, Spring! The aroma of freshly mowed grass! As Spring is approaching, our focus will again turn to taking care of lawns and open spaces. Please remember that lawn care products applied by residents or lawn care companies can overspray onto streets, driveways, sidewalks, and alleys. Rainfall washes fertilizers, pesticides, and herbicides off these paved areas and into the storm sewer where they enter our streams and rivers, causing pollution.



Never dispose of clippings, twigs or other yard waste near waterways or sewers. This organic material will break down and reduce oxygen levels in the water, endangering fish and other aquatic life!

Your actions have a direct effect on aquatic life and the water quality of our streams and rivers.

Thank you for doing your part to help protect our environment!



On October 9, 1893, Valley Junction was incorporated with a population of 500. Fast forward 125 years and Valley Junction, which was later named West Des Moines, has grown to 130 times that size. Throughout its 125 year existence, West Des Moines has endured floods, hosted national events, been named one of America's 'Best Places to Live,' and maintained its commitment to quality education. The steam engines that brought growth and prosperity to Valley Junction have been replaced by data centers and town centers that now dot the landscape of West Des Moines. Businesses and churches have found a home here. Roads have been rerouted, and interstates have been constructed. City officials have been elected and city departments have been created. Parks have been built, and land has been annexed. All that has been done in the last 125 years has created the success story we call West Des Moines.

Help us celebrate West Des Moines' quasiquintennial year, or what we are calling WDM125, this spring and summer. Many of the events, activities and reasons to celebrate are listed here, but look for an individual mailing that will be arriving in your mailbox soon. The mailing will have more details about ways to celebrate WDM125 as well as spotlight WDM125 sponsoring organizations. WDM125 merchandise can be purchased at the West Des Moines Parks and Recreation Department in City Hall (4200 Mills Civic Parkway), at the Historic Valley Junction Foundation Office (137 5th Street), or at the West Des Moines Historical Society's Jordan House (2001 Fuller Road).

Find More Information

Website: www.wdm.iowa.gov/WDM125

Facebook: WDM 125

Email: WDM125@wdm.iowa.gov

Phone: 515-222-3444



May

5	Festival de Cinco de Mayo	Valley Junction
12	Mayor's Bike Ride	WDM City Hall
17	Tom Karpan Relays	Tiger Field @ VHS
17	Police Week Celebration	WDM Police Department
20	Discover Decoration Day	Jordan House
20	Valley Junction Arts Festival	Valley Junction
24	National Public Works Week Celebration	Valley Junction

June

2	19th Annual Cops N' Bobbers Fishing Derby	City Hall Pond
3	Mustang Car show	Valley Junction
10	Antique Jamboree	Valley Junction
23-24	Great American Campout	WDM City Hall Lawn

July

3	Independence Day Parade	VHS to Valley Junction
3	All Iowa Bash	Valley Junction
4	35th Annual Mud Volleyball Tournament	Raccoon River Park
4	Holiday Classic Horseshoe Tourney	Holiday Park
4	WDM125 Pool Party	Holiday & Valley View Aquatic Centers
4	WDM Community Band Concert	Raccoon River Park
4	Fireworks Display	Raccoon River Park

July 10 – August 2

WDM125 City-wide Ice Cream Socials	Various WDM Parks
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Don't Be Hoodwinked That Raw Water is Healthy; It's a Recipe for Diarrhea, Dysentery and Worse

Recently, **Diana Wilson** received an email with a subject line that read: "Is this really a thing?"

The "thing" has been covered in major media outlets from *The New York Times* to *CBS News* and hyped on blogs and social media. It's the growing trend of drinking raw water, meaning water that hasn't been treated, disinfected or filtered in any way.

"It is definitely a 'thing' in some areas of the country," said Wilson, general manager of West Des Moines Water Works. "And, it's dangerous!"

Proponents of drinking raw water claim a variety of health advantages including that it's natural and unprocessed as well as a source of probiotics.

"People hear words such as 'clean' and 'natural,' and believe it means better. Oftentimes something natural is better, but when it comes to drinking water, a natural source that looks clean also contains bacteria, viruses and diseases," Wilson explained. "I am the mother of three young children, and I would never have them drink untreated water."

PUBLIC HEALTH WARNINGS

Wilson's warning is echoed by the Iowa Department of Public Health and Medical Director and State Epidemiologist **Patricia Quinlisk** who released the following written statement:

"When water is not treated, it can contain chemicals, viruses, parasites and bacteria that can make people sick and cause outbreaks. Drinking water is treated for a reason; to keep people healthy. IDPH strongly recommends drinking only treated water."

Despite such official warnings, clever marketing schemes available across the



A pool or stream of water may look 'clean,' but that doesn't translate to safe.

retail spectrum from boutique health stores to Amazon capitalize on those who mistrust public water systems and treatment processes.

It's a skepticism with a sketchy scientific basis that seems to ignore U.S. history and the plight that faces millions of people throughout the world who don't have access to potable water and sanitary sewers.

"In this country, diseases such as cholera, typhoid and dysentery have been controlled for more than a century through a combination of medicine, sanitary sewer systems and the disinfection and treatment of drinking water," Wilson added. "Most people today haven't lived through the pandemics of the 19th and early 20th centuries. They don't know or remember how many people died from waterborne diseases before the advent of water treatment."

WATER TREATMENT REDUCED DEATHS, ERADICATED TYPHOID

In 2004, two researchers from Harvard University—**David M. Cutler** and **Grant Miller**—studied the role clean water technologies, such as disinfection and filtration, played in the rapid decline

in mortality rates in the U.S., paying particular attention to large cities that had suffered the most severe losses. The report, "The Role of Public Health Improvements in Health Advances: The 20th Century United States," concluded:

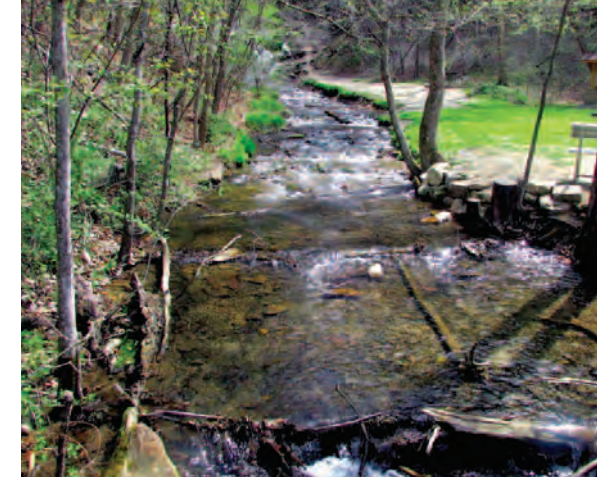
"... the introduction of water filtration and chlorination systems led to major reductions in mortality, explaining nearly half of the overall reduction in mortality between 1900 and 1936. Our results also suggest that clean water was responsible for three-quarters [74%] of the decline in infant mortality and nearly two-thirds [62%] of the decline in child mortality. The magnitude of these effects is striking. Clean water also appears to have led to the near eradication of typhoid fever, a waterborne scourge of the 19th and early 20th centuries."

Cutler and Miller quantified the monetary return of water treatment as \$23 for every \$1 invested.

While most of the raw water craze revolves around buying the substance in bottles, alternatives include collecting your own raw water at a spring or collecting it from the atmosphere in your home.

A website called *FindASpring* provides videos regaling the benefits of spring water. A video on the site shows a man collecting water from an allegedly spring-fed pool surrounded by leaves and other debris. In addition this site offers a search function for locating springs in each state. While FindASpring lists four for Iowa, the state actually has five, but one is used as a public water source in north central Iowa. (It is important to note that water from this spring source is treated before it is distributed for consumption by the public.)

Another raw water vendor, Live Water,



Dunning's Spring is a natural spring-fed stream near Decorah. State officials advise against drinking this or any raw water.

claims its water expires within a lunar month and if it sits around too long, it turns green.

"That means algae," Wilson said. "Algae-laced liquid brimming with bacteria and parasites certainly wouldn't be my first choice for a cool drink of water. There are plenty of safer ways to get probiotics without risking cryptosporidiosis."

RAW WATER FROM THE AIR

Zero Mass Water, an Arizona start-up, takes a different tack. Rather than traipsing to a spring, the company wants raw water enthusiasts to buy a machine called The Source, which pulls water from the atmosphere like a dehumidifier. Retailing for \$4,500, The Source pulls up to 10 liters (five big soda bottles) of water a day from the air and can store up to 60 liters.

"This is America, so people are free to do as they please," Wilson concluded. "But they drink raw water at their own risk and can jeopardize the health of those to whom they serve raw water. Infants, young children, elderly and immunocompromised individuals could suffer fatal consequences if they ingest improperly treated or untreated water."



All City service requests can be directed to the Online Service Desk at
www.wdm.iowa.gov

EMERGENCY 911
Non-Emergency Dispatch 222-3321
ADA Coordinator..... 222-3603
TDD/TTY..... 1-800-413-4955
Aquatic Centers 273-0700
Ambulance Billing 273-0652
Animal Control 222-3364

250 Mills Civic Parkway

Animal Licenses..... See WestPet
Better Business Bureau 243-8137
Birth Certificates..... See Vital Records
Building Safety/Inspections..... 222-3630
 developmentsservices@wdm.iowa.gov
 Business License Info. 1-800-532-1216

Cable Television

Mediacom..... 1-800-332-0245
 Billing, Cust. Service, Connect/ Disconnect,
 2205 Ingersoll Ave. Des Moines • mchsi.com

Jordan Cemetery 222-3444
 Sales and Maintenance

Chamber of Commerce 225-6009
 www.wdmchamber.org

City Attorney See Legal Department

City Clerk 222-3603
 Business related licenses / voter registration
 application

City Council 222-3610

City Hall Offices..... 222-3600
 4200 Mills Civic Pkwy

City Manager..... 222-3610

Claim for Damages 222-3601

**Community Compliance
 (Code Enforcement)**..... 222-3480

publicservices@wdm.iowa.gov

Community & Econ. Development 273-0770
 ced@wdm.iowa.gov

County Website Addresses

- Dallas County www.co.dallas.ia.us
- Polk County www.co.polk.ia.us
- Madison County www.madisoncoia.us
- Warren County www.co.warren.ia.us

Death Certificates..... See Vital Records

Development Services

Building Division 222-3630
 Engineering & Planning Divisions 222-3620
 developmentsservices@wdm.iowa.gov

Des Moines Area Regional Transit (DART)

Public Transportation 283-8100
 dart@ridedart.com

Des Moines Register

Subscriptions 1-847-424-0225

Driver's License

- Dallas County 993-6992
- Polk County 244-1052
- Madison County 462-1542
- Warren County..... 961-1144

Election Office

- Dallas County 993-6914
- Polk County 286-3247
- Madison County 462-3914
- Warren County..... 961-1020

Electrical Service..... See Utilities

Emergency Medical Services (EMS) 273-0768

EMS Billing 8055 Mills Civic Parkway

CPR and Public Access Defibrillation Classes

ems@wdm.iowa.gov

Farmers Market (VJ Foundation) 222-3642

Finance Department 222-3600

Fire Administration 222-3420

3421 Ashworth Road • fire@wdm.iowa.gov

Gas Service See Utilities

Hazardous Waste

Regional Collection Center 967-5512

Holiday Pool 273-0700

Housing Rehabilitation Program 273-0770

Human Resources 222-3616

Human Rights Commission..... 222-3675

Human Services 222-3660

139 6th Street • humanservices@wdm.iowa.gov

Senior & Disabled Transportation, Energy

Assistance, Food & Clothing Pantry, Homeless

Prevention

Illegal Waste Disposal..... 725-0268

http://www.iowadnr.gov

State Dept of Natural Resources industrial or major
 hazardous waste and chemical spills.

Minor/Household Spills 222-3321

Job Hotline (City of WDM)..... 222-3616

www.wdm.iowa.gov

Library 222-3400

4000 Mills Civic Parkway • library@wdm.iowa.gov

Legal Department 222-3523

4200 Mills Civic Parkway

Marriage Licenses..... See Vital Records

Mayor's Office..... 222-3610

Motor Vehicle License Plates/Registration

- Dallas County 993-5812
- Polk County 286-3030
- Madison County 462-1542
- Warren County..... 961-1111

Nature Lodge..... 222-3424

Raccoon River Park 2500 Grand Ave.

One Call Underground Utility Lines

811 OR 1-800-292-8989

Parks & Recreation..... 222-3444

parkrec@wdm.iowa.gov

Parking Violations (non-moving) 222-3600

Passports..... 1-877-487-2778

Permits

- Oversize Moving Permit
 publicservices@wdm.iowa.gov..... 222-3480
- ROW/Excavation Permits (Sidewalk)
 Engineering Services..... 222-3475
- Street/Lane Closures
 publicservices@wdm.iowa.gov..... 222-3480

Planning & Zoning 222-3620

developmentsservices@wdm.iowa.gov

Police Administration 222-3300

police@wdm.iowa.gov

Police/Fire/EMS/Dispatch (Westcom)

- Emergency 911
 - Non-Emergency 222-3321
- 250 Mills Civic Parkway

Post Office..... 255-6471

430 5th St. WDM 50265 • usps.com

Property Tax

- Dallas County 993-5808
- Polk County 286-3060
- Madison County 462-1542
- Warren County..... 961-1110

Public Transportation See DART

Public Services 222-3480

publicservices@wdm.iowa.gov

Recycling – Curb IT!

Waste Management..... www.wm.com
 Missed Pickup/Questions..... 244-7336

Recreation Programs..... 222-3444

Rental Housing Inspector 222-3630

developmentsservices@wdm.iowa.gov

Senior Citizen Meals 274-0373

Sewer Stoppages/Repair 222-3480

publicservices@wdm.iowa.gov

Shelter Rentals (Parks & Rec)..... 222-3444

School Districts

- Norwalk
 981-0676 • www.norwalk.k12.ia.us
- Van Meter
 996-2221 • www.vmbulldogs.com
- Waukee
 987-5161 • www.waukee.k12.ia.us
- West Des Moines
 633-5000 • www.wdm.k12ia.us

Social Security Offices 800-772-1213

Street Light Outages

MidAmerican Energy..... 1-888-427-5632

Street Repairs/Cleaning 222-3480

publicservices@wdm.iowa.gov

Taxes See Property Tax

Tickets Moving Violations

- Dallas County 993-5816
- Polk County 222-3772
- Madison County 462-1542
- Warren County..... 961-1032

Parking Violations (non-moving)

Finance 222-3600

Traffic Signals/Street Signs 222-3480

publicservices@wdm.iowa.gov

Trash Collection 265-7374

Waste Connections • www.wasteconnections.com

Tree Planting Permits 222-3417

publicservices@wdm.iowa.gov

Utilities Mid American Energy

Gas & Electric..... 1-888-427-5632
 EMERGENCY 1-800-595-5325
 One Call Line Locator..... 1-800-292-8989
 www.midamericanenergy.com

Valley Junction Activity Center .. 222-3440

Valley Junction Foundation..... 222-3642

Vehicle Registration

..... See Motor Vehicle License Plates/Registration

Vital Records

- Dallas County 993-5804
- Polk County 286-3781
- Madison County 462-3771
- Warren County..... 961-1089

Voter Registration

- Dallas County 993-6914
- Polk County 286-3080
- Madison County 462-3914
- Warren County..... 961-1020

Iowa Elections Division..... 281-8849

Water Treatment Plant 222-3465

1505 Railroad Ave.

West Des Moines Water Works.. 222-3460

Water/Solid Waste, New Service, Service

Changes/Maintenance..... 4200 Mills Civic Pkwy
 www.wdmww.com • waterworks@wdmww.com

Westcom

- EMERGENCY 911
- Dispatch Non-Emergency..... 222-3321

WestPet 273-0651

Animal Licenses • www.westpet.org

Yard Waste – Compost IT!

Waste Management www.wm.com
 General Info/Questions 1-800-796-9696
 Missed Pickup 1-800-796-9696

Persons with disabilities are encouraged to participate in City activities. Those individuals seeking City services and in need of special accommodations should either contact the department sponsoring the event or the ADA Coordinator.



Mission Statement: The WDM Public Library is a relevant and integral part of the community. The library enriches the lives of residents by providing convenient and timely access to information and ideas; by offering engaging activities and opportunities for personal and professional growth; by promoting a love of reading and learning; and by remaining responsive to the changing needs of its users.

WDM Library *Adult Programs*

REGISTRATION INFORMATION

All programs are held in the WDM Library Community Room unless otherwise indicated. All programs are free and require registration unless otherwise indicated. Registration dates are in brackets. You may register for most programs online at www.wdmlibrary.org.

OPEN COMPUTER LAB

Tue 10-11:30 am • Millie Knee Classroom

Apr 3 & 17 | May 1, 15 & 29

Email, Facebook, or eBooks? We can help! Ask questions and learn from hands-on experience. Basic computer/mouse skills required. Sponsored by the WDM Library Friends Foundation. Registration preferred. Individual appointments also available.

PAPERCRAFTS C.L.U.B.

Sat 10 am-4 pm: Apr 7, May 5, Jun 2, Jul 7, Aug 4

Be it scrapbooks, holiday cards, book folding, or coloring, we welcome all papercrafters! Bring a project and your own supplies (no sales at the event). We'll provide snacks and cutting tools. Sponsored by the WDM Library Friends Foundation. Registration preferred.

COLOR CONNECTION: ADULT COLORING CLUB

2nd Tue 2-4 pm | Apr 10, May 8, Jun 12, Jul 10, Aug 14

Guaranteed to cure rheumatism, chilblains, toothache, and warts! Okay, not really, but it IS relaxing and F-U-N! Bring your own supplies or use ours. Make the color connection! Sponsored by the WDM Library Friends Foundation. Registration preferred.

FRIENDS WINE & CHEESE AROUND THE WORLD



Fri, Apr 20 @ 6 pm (After Hours)
• Library Living Room

Sample wines, cheeses, and enjoy book displays featuring various countries during our annual Friends fundraising event. See our website for event details and information on the Friends Iowa Author Series. The WDM Library Times program flyer is also available in the library. 222-3403 • wdmlibrary.org

PARENT QUEST: TOPICS IN EARLY CHILDHOOD PARENTING

Fri 11-noon | Apr 6: The First Year | May 4: Healthy Snacks & Lunches

Children's activities provided during class. Registration required.

WDM WRITES POETRY NIGHT

Thu, Apr 12 | 6:30-7:30 pm | All Ages

Winners from the 2018 WDM Writes Poetry Contest will share their winning works. Open to adults and children.

CHECKMATES: CHESS & BOARD GAME CLUB

4th Thu 6:30-8 pm: Apr 26, May 24, Jun 28, Jul 26, Aug 23

For those who know the basics, we'll provide chess sets and feature a different board game each month. Sponsored by the WDM Library Friends Foundation. Ages 6-adult. Registration preferred.

For children wishing to learn how to play chess, try Ben Munson's Chess Group. See our website calendar for details.

ADULT SUMMER READING CLUB: LIBRARIES ROCK!

May 21-Jul 27

You could earn prizes by reading (or listening) to books! Reading logs and book review forms available online and in the library. See page 52 for details. Sponsored by the WDM Library Friends Foundation. 222-3403 • wdmlibrary.org

QUICK & EASY HOLIDAY CARDS

Tue 2-4 pm: Jun 26, Aug 21 • Millie Knee Classroom

For this afternoon program, we'll make three simple thank you, thinking of you, or birthday cards. Friends sponsored. Ages 18 & up. Registration required.

BRAIN GAMES

Tue 2-3:30 pm: Jun 19, Jul 17 • Millie Knee Classroom

In keeping with the Summer Reading Club theme – Libraries Rock! – try some music-related crossword puzzles, word searches, and other challenges...or just bring your coloring book along! Ages 18 & up. Registration preferred. 222-3403 • wdmlibrary.org

DR. WHO PARTY

Thu, Jul 19 | 6-8 pm

Library Community Room

Do you love The Doctor as much as we do? Join us for our annual celebration of all things Whovian! Ages 10-adult. Registration preferred.





WDM Library *Adult Programs*

CHRISTMAS IN JULY: BUILD A BOOKMARK

Tue @ 2 pm: Jul 24 [7/2] • Millie Knee Classroom

It's hot outside but you'll be cool when you make a holiday-themed beaded string bookmark. Make one for a friend or keep it for yourself. (Shh! We won't tell!) Note: must see well enough to thread a needle. Registration preferred.
222-3403 • wdmlibrary



WDM WRITER'S CLUB

2nd & 4th Sat @ 10 am • Millie Knee Classroom

Informal meetings for accomplished or aspiring writers – share any form of writing and offer/receive constructive criticism. Call for details. 515.222.3413

MEDICARE BASICS

Check our web calendar for dates (TBA)

If you are 65 or near retirement, this FREE seminar provides... ♥ background/over-view of what Medicare does/does not cover ♥ information on Medicare Supplement and Advantage plans ♥ ways to protect your savings from out-of-pocket Medicare expenses. – Presented by certified senior advisor Cody L. Crumes of Crumes Insurance. Limited seating. Registration required. Phone 515.491.9743 or email cody@crumesinsurance.com.

WDM Library *Book Discussions*

YA NOT CLUB READ

2nd Thu @ 6:30 pm: Apr 12 May 10, Jun 14, Jul 12, Aug 9

Locations TBA

If you're a "grown-up" who loves YA (Young Adult) books, WHY NOT join us for YA NOT Club Read – the not-so-serious book club? Books are distributed at the meetings. Remaining copies are available at the front desk. Anyone who has read the book is welcome. Registration required. courtney.bench@wdm.iowa.gov • 515.222.3403 • wdmlibrary.org

CLUB READ

Tue @ 6:30 pm | Millie Knee Classroom:

May 1 On Turpentine Lane by Elinor Lipman
Jun 5 100 Year Old Man Who Climbed Out a Window and Disappeared by Jonas Jonasson
Jul 3 Maybe in Another Life by Taylor Jenkins Reid

Books are distributed at the meetings. Remaining copies are available at the front desk or you may bring your own copy. Registration preferred.

WDM Library *Book Discussions*

CLUB READ SOCIAL

Tue @ 6:30 pm: Apr 3, Aug 7

Make new friends! Discover new authors! Bring an appetizer or dessert to share and we'll each talk about our top three reads since the last Social. Newcomers welcome. Registration preferred.

SILENT CLUB READ

Mon, Apr 2 | 6:30 pm: Social Time • 7:30 pm: Silent Reading • Library Living Room

Shh! This is NOT your traditional book club...no assigned books, no pressure to finish, and no talking required. Just a group of readers quietly enjoying their books together. Registration preferred. (Note: Silent Club Read will return in the fall.)

Support Adult Programs When You Join The Friends!

Friends memberships pay for many ADULT programs and services: Club Read and YA Not Club Read, Holiday Cards, Color Connection, Papercrafts C.L.U.B., Adult Summer Reading Club, Beading Basics, Iowa Author Series, Open Computer Lab, iPad lending, and more.

Donations are tax deductible!

WDM Library Friends Foundation,
4000 Mills Civic Pkwy, WDM, IA 50265 • 222-3407 • wdmlibrary.org



DID YOU KNOW?

Friends Sponsor Elder Care Outreach Program



Friends Board members L to R:

Doug Pfeil, Kathleen Till-Stange, Jean Fagen, Sally Beisser, Michelle Mahoney, Justine Morton, Mary Brooks, Elizabeth Baustian, Dan Werner (rear), Carol Grant, Stacy Conradt, Darryl Eschete (Lib Dir)

- Staff and volunteers spend 50+ hrs/month delivering materials to homes and facilities.
- 2016 – library formed a partnership with local care facilities and Friends donated \$9,000 to an outreach rotating collection
- 2017 – Friends donated \$13,500 toward purchase of an outreach van for facility, daycare, and school visits and approved an additional \$3,500 to refresh the rotating collection

This program would not exist without the help of our Friends. Join the Friends to support outreach programs. Memberships are tax deductible!



EARLY LITERACY

"Early literacy is what children know about reading and writing before they actually learn to read and write. It is not the teaching of reading, but is laying the foundation for reading so that when children are taught to read, they are ready." – from Early Literacy Storytimes @ Your Library by Saroj Nadkarni Ghoting and Pamela Maritn-Diaz.

Why is Early Literacy important?

Acquiring early literacy (pre-literacy) skills before school leads to reading achievement and academic success. Children who enter school with well-developed early literacy skills are ready to learn to read.

What are the Six Early Literacy Skills?

1. Letter Knowledge – knowing the names and sounds of letters, and recognizing that the same letter can look different (upper vs. lower case, different fonts)
2. Narrative Skills – being able to describe events and tell stories
3. Phonological Awareness – the ability to hear and play with the smaller sounds that make up words
4. Print Awareness – noticing print, the ability to handle a book, and understanding how to follow the words on a page
5. Print Motivation – being interested in and enjoying books
6. Vocabulary – knowing the names of things

What can YOU do to help your child?

- Allow your child time to talk while you listen attentively
- Encourage your child to handle books and "tell" you the story
- Provide an atmosphere that is fun and language rich
- Read often and make reading time an enjoyable time
- Read, sing, talk, and play with your child
- Write and color with your child to develop fine motor skills

How can the WDM LIBRARY help?

- Ask a librarian for suggestions
- Use one of our many recommended reading lists to find materials your child may enjoy (i.e. 100 Books to Read Before Kindergarten)
- Check out library materials to use at home
- Attend age appropriate library programs (see our Storytime Series)



Visit us on the web at www.wdmlibrary.org

storytime SERIES

- All programs are free and most require advance registration which begins at 9 am on the date in brackets.
- Programs are held in the Library Storyroom unless otherwise indicated.

Register online, in person, or by phone.

youth services | 515.222.3405 | wdmlibrary.org

MOTHER GOOSE TIME

Simple stories, gentle tunes, flannel boards, and nursery rhymes. Each week we'll incorporate activities that emphasize and reinforce body part identification, counting, rhythm, sensory stimulation, fine and gross motor skills, and animal sounds. Registration required.

Mon @ 9:30, 10 & 10:30 am: Apr 9, 16 & 23 [Apr 2]

6 mo-2 yrs w/adult

NIGHTY-NIGHT DROP-IN STORYTIME

Build a lifetime love of books and reading as we share bedtime stories, sing-along songs, and interactive fingerplays with an early literacy focus. Nighty-Night Storytime follows the Family Storytime format. No registration!

Mon @ 6:45 pm: Apr 9, 16 & 23

0-6 w/adult

LAPSIT LAMBS

Using puppets, rhymes, songs, and short stories, we'll engage baby and caregiver in language-rich activities designed for pre-walking babies. We will spotlight sensory stimulation, animal sounds, fine and gross motor skills, and of course FUN! Includes play ideas that are easily integrated into baby's everyday routine. Registration required.

Tue @ 9:30 & 10:30 am:

Apr 10, 17 & 24 [Apr 2]

May 15, 22 & 29 [May 7]

Thu @ 9:30 & 10:30 am:

Apr 12, 19 & 26 [Apr 2]

May 17, 24 & 31 [May 7]

1 mo-18 mo w/adult

DROP-IN FAMILY STORYTIME

Lights, camera, action! Our stories, songs, felt boards, and rhymes set the stage for children to become successful readers. No registration.

Wed @ 9:30 & 10:30 am: Apr 11, 18 & 25
0-6 w/ adult

NEW! LAPSIT LAMBS DROP-IN OLIVER'S PUPPY TALES

Join puppy Oliver for stories, songs, and rhymes followed by gross and fine motor play all with an early literacy focus. Library Community Room. No registration.

Thu @ 10:30 am:

Apr 12, 19 & 26

Fri @ 10:30 am:

Apr 13, 20 & 27

0-6 w/adult

Daycares with more than five children, please call the Youth Services Desk for Information about programming for groups.



WDM Library *Children's Programs*youth
PROGRAMS

Many of our events fill quickly and have a waiting list. Please let us know a.s.a.p. if you are unable to attend a program. If you do not arrive within 10 minutes of the start time, your spot will be offered to the next person on the waiting list.

All youth programs are free and most require advance registration, which begins at 9 am on the date in brackets.

Programs are held in the Library Community Room unless otherwise indicated.

Register in person, by phone, or online.
youth services | 515.222.3405
wdmlibrary.org

KIDS CLUB READ

Thu @ 4:15 pm: Apr 5, May 10

If you like to read and talk about books, this group is for you! Join us for discussion and activities related to each month's book. Titles TBA. Sign up at the Youth Services Desk.

8-12 yrs

TEEN ADVISORY BOARD (TAB)

2nd Wed | 3:30-5 pm: Apr 11, May 9

Earn volunteer hours AND make the library a better place for teens! TAB members give input in teen activities and young adult materials; host fundraisers for teen programming; participate in community activities; help with youth programs; and more. Stop by a meeting or pick up an application. TAB Meets Sep-May. Millie Knee Classroom. 515.222.3405 | youthservices@wdm.iowa.gov

12-18 yrs

TEEN GROUP SERVICE PROJECT (GSP)

1ST Wed | 3-5 pm: Apr 11, May 2

If you need volunteer hours, we need responsible students to do various library projects and tasks. No experience necessary, but positions are limited. For more information contact wdmlibraryvolunteers@wdm.iowa.gov (link sends e-mail).

14-18 yrs

**WORD.**

Wed @ 3:30 pm: Apr 25 [Apr 2]

Word is a monthly hangout for teens.

Some months we will create.

Some months we will build.

Some months we will eat snacks or watch a movie.

Every month it will be rad.

Come to Word this month.

Registration required.

12-18 yrs

AFTER SCHOOL LEGO ADVENTURES

Wed @ 3:45 pm: Apr 18 [Apr 2]

With LEGOs you can build anything, so have an exciting afternoon at the library. Who knows what you might create? Registration required.

5-12 yrs

CHECKMATES: CHESS & BOARD GAME CLUB

4th Thu 6:30-8 pm:

**Apr 26, May 24,
Jun 28, Jul 26, Aug 23**

For those who know the basics – we'll provide chess sets and feature a different board game each month – or bring your own! Sponsored by the WDM Library Friends Foundation. Registration preferred.

6-Adult

1000 BOOKS BEFORE KINDERGARTEN

Read to succeed! The best and the brightest have parents who read to them. Track the time YOU read with your child. When you reach 1000 books, pick up a free book for your home collection! Register anytime online.

0-6 yrs & Parents

SHAKE, RATTLE & ROLL

Thu, May 17 & Fri, May 18 @ 9:30 & 10:30 am [May 7]

Bop into to the library to rock'n'roll, do The Stroll, twist and shout, sing it out...in this upbeat music and movement program. Registration required.

1-4 yrs [9:30 am] | 2-6 yrs [10:30 am]

If You Enjoy our Youth Programs,
Please Join The Friends!

- Friends memberships pay for many of our special youth programs throughout the year. During the 2016-17 Fiscal Year, the library offered 574 children's programs with 34,526 attendees.
- Memberships provide incentives to the 2500 children participating in the Summer Reading Club, which encourages young readers to keep learning when they are not in school.
- Your donation is tax deductible!

WDM Library Friends Foundation

4000 Mills Civic Pkwy, WDM, IA 50265 • 222-3407 • wdmlibrary.org



The WDM Library needs summer student volunteers! Volunteers help out library staff in many ways: assisting with summer programs, shelving picture books, cleaning shelves, refilling reading club supplies, and more. Volunteers must be at least 13 years old AND completed the 7th grade. Applications available starting April 1 – pick one up at any library service desk or print online. Positions are limited so submit your application soon! www.wdmlibrary.org/teens

Benefits of Summer Reading Club:

- Motivates children to read.
- Develops positive attitudes about reading, books, and the library.
- Maintains reading skills over the summer vacation.
- Provides access to experiences that further their sense of discovery.
- Offers opportunities to work cooperatively with others.



SUMMER READING CLUB 2018

May 21 – Jul 27

LIBRARIES
ROCK!

As always, our SRC programs would not exist without the support of the WDM Library Friends Foundation. (Friends Rock!)

Our Summer Reading Club (SRC) encourages reading and learning for ALL ages (babies–adults). This year's theme will be music to your ears. Libraries Rock! is sure to be a "Thriller." Register and pick up your reading log at either the reference or youth services desk, or sign up and print online at wdmlibrary.org.

Sign up for ALL Summer Reading Clubs begins **Mon, May 21**.

YOUTH SUMMER READING CLUB

It's time to R-O-C-K in the USA! The WDM Library invites ages 0-18 to join our 2018 Youth Summer Reading Club: Libraries Rock! Enter jam (excellent) contests to win prizes; hit the high note when you meet your reading goals; then score (earn) a ticket to our final party on Sat, Jul 28. Pick up your reading log at the reference or youth services desk, or register and print online. It easy as ABC – Jackson 5. [mic drop]

ADULT SUMMER READING CLUB

This summer's reading theme will put a song in your heart because it's all about – you guessed it – music! Enjoy programs and displays to beat the band and enter hi-fi (awesome) weekly prize drawings – just for reading (or listening) to books! So Shake Your Tail Feather, put on your Boogie Shoes, and Rock On into the library! Reading Logs and Book Review Forms available online and in-house.

Summer Reading Programs

YOUTH PROGRAMS:

Stop the music! You're the composer, conductor, and star of the show when you choreograph (plan) your summer schedule, and you'd be Looney Tunes (crazy) to miss our note-able events: Life Around the Pond, Nature Songs and Sounds, and visits from Blank Park Zoo featuring animal sounds and musical habitats; plus a Dr. Who Party, Music for Tots, Friday Flicks, and all that jazz (more). Don't let your summer fall flat! Sign up for library programs a.s.a.p. on registration days (see below) or you'll be singing the blues.

June program registration begins **Mon, Jun 4**

July program registration begins **Mon, Jul 2**

Register in person, by phone, or online.

youth services

515-222-3405 • wdmlibrary.org

ADULT PROGRAMS:

Strike up the band! We've got a swingin' summer fine-tuned just for you. Find your creative rhythm with Color Connections: Adult Coloring Club; toot your own horn at Brain Games, including music-themed crossword puzzles, word-searches, trivia, and matching; make a beaded string bookmark to put you In the Mood for Christmas in July; travel Back in Time at our annual Dr. Who Party! Tune in to our website for additional programs and updates.

Visit us on the web at www.wdmlibrary.org

WDM Library *services*

Questions?
Call 222.3400

All services are **free** unless otherwise indicated.

LIBRARY HOURS

(Labor – Memorial Day)

Mon-Thu: 9 am-9pm | Fri: 9 am-6 pm

Sat: 9 am-5 pm* | Sun: 2 pm-5 pm*

*SUMMER HOURS

Sat: 10 am-4 pm | Sun: Closed

Call or check our website for holiday hours.

515.222.3400 • wdmlibrary.org

GET A LIBRARY CARD...IT'S FREE!

Present a valid ID with proof of current address.

Residents of WDM, DSM, Ankeny, Clive,

Urbandale, and Windsor Heights may apply.

Cards are valid for three years (no renewal fee).

WDMLIBRARY.ORG

Access the library 24/7 from the comfort of home.

See today's news and events on our homepage;

search for items in our catalog; check your

account; renew materials; use online databases;

sign up for programs; make a donation; or visit

blogs for Kids, Teens, and Adults.

MY ACCOUNT

BY PHONE OR ONLINE

Use your library card barcode and pin number to access "my account login." See titles checked out/due dates; requested items/wait list positions; and overdue materials/charges accrued. Renew all items or individual titles if you have the barcodes.

515.225.1576 • wdmlibrary.org

WE TAKE RESERVATIONS! (ITEM REQUESTS)

Request items by phone or online from your account. We'll let you know when it's ready to pick up. If we don't own it, we can usually get it for you within a short time. Long wait list? Don't worry. We buy one copy for every six book reserves.

515.222.3400 • wdmlibrary.org

MOBILE ACCESS

Browse the library catalog, hold or renew a book, check your account, find events, and more with any internet-connected mobile phone. Search your app store for West Des Moines Library and download. It's free.

515.222.3400 • wdmlibrary.org/app



Visit us on the web at www.wdmlibrary.org



RESEARCH

REFERENCE TOOLS

From our homepage, find links to great websites, listed by category: Life Links; Books, Music and Entertainment; Hobbies and Interests; Local Interest; Government; General Reference; and Travel and the Outdoors. Got a question? We can help!

515.222.3403 • wdmlibrary.org

DATABASES

We have a variety of electronic resources available in the library; some are also accessible from home. Topics include genealogy, repair, directories, periodical searching, business; readers' advisory, travel, hobbies, and more.

515.222.3403 • wdmlibrary.org

USING THE LIBRARY

E-CONTENT

The library has eBooks and eAudiobooks, plus digital magazines, graphic novels, and eComics! Bridges, Flipster, World Cinema Collection, InstantFlix, and more. Get details online or at the Reference Desk

515.222.3403 • wdmlibrary.org

PUBLIC MEETING & STUDY ROOMS

Available for public use at no charge: small rooms for 8 people, Millie Knee Classroom (20), Community Room (60). Call for guidelines/reservation details.

515.222.3400 • wdmlibrary.org

HOMEBOUND DELIVERY: WE MAKE HOUSECALLS!

If you are a WDM resident, unable to come to the library for health reasons, and interested in receiving regular monthly visits from a volunteer, give us a call.

515.222.3400 • wdmlibrary.org

BOOK CLUB COLLECTION

The library has multiple copies of past Club Read titles (Book Club Kits) available for local book clubs to borrow. Specific titles are listed on our website. Advance reservations required.

515.222.3585 children's titles

515.222.3410 adult titles

wdmlibrary.org

CALENDAR

SCHEDULE OF EVENTS

Check our online calendar for events and descriptions. Searchable by event type and age group. Selecting an event will link to the online registration form (if required). You may also register in person or by phone.

515.222.3400 • wdmlibrary.org

Our community library is fortunate to have the support of the WDM Library Friends Foundation – a volunteer-based, non-profit organization. Each year, the Friends contribute \$12,000 to library programming. In addition, Friends Memberships funded these special projects:

• Rotating Outreach Collection • Outreach Van • TaleTrail • Charging Stations • BookPage Subscription • Laptop Lab • iPads • Artwork • Flannel Board • Summer Reading Clubs • More!

WDM LIBRARY FRIENDS FOUNDATION MAKES A DIFFERENCE

Contributions mean more programs and more books for YOU!

☺ **Your donations are tax deductible** ☺

WDM Library Friends Foundation

4000 Mills Civic Pkwy, WDM, IA 50265

515.222.3407 • wdmlibrary.org

Like the Friends on Facebook @ WDMLibraryFriends



SUPPORT THE LIBRARY

FRIENDS FOUNDATION: GIFTS & MEMORIALS

Honor friends, family, or special occasions through the Book Buy Book program. Your tax-deductible donation (\$25 per book) builds a better library collection for all to enjoy. Larger gifts may fund a special project or the Friends endowment. Online donations accepted.

515.222.3407 wdmlibrary.org/support-the-library/friends-foundation

FRIENDS BOOK SALE AREA

Find great bargains in the corner by the children's periodicals – from 10¢ magazines to \$1 hardbacks – adult and children's titles. Coordinated by the Friends Foundation, proceeds benefit library programs and collections. • **515.222.3400**

VOLUNTEER

Applications available at our service desks or online. We need reliable adult volunteers, especially in our homebound delivery program. Student applicants must be age 13 or older AND completed 7th grade. Summer applications available in early April; Group service projects during the school year.

515.222.3400 • wdmlibrary.org



ABOUT THE LIBRARY

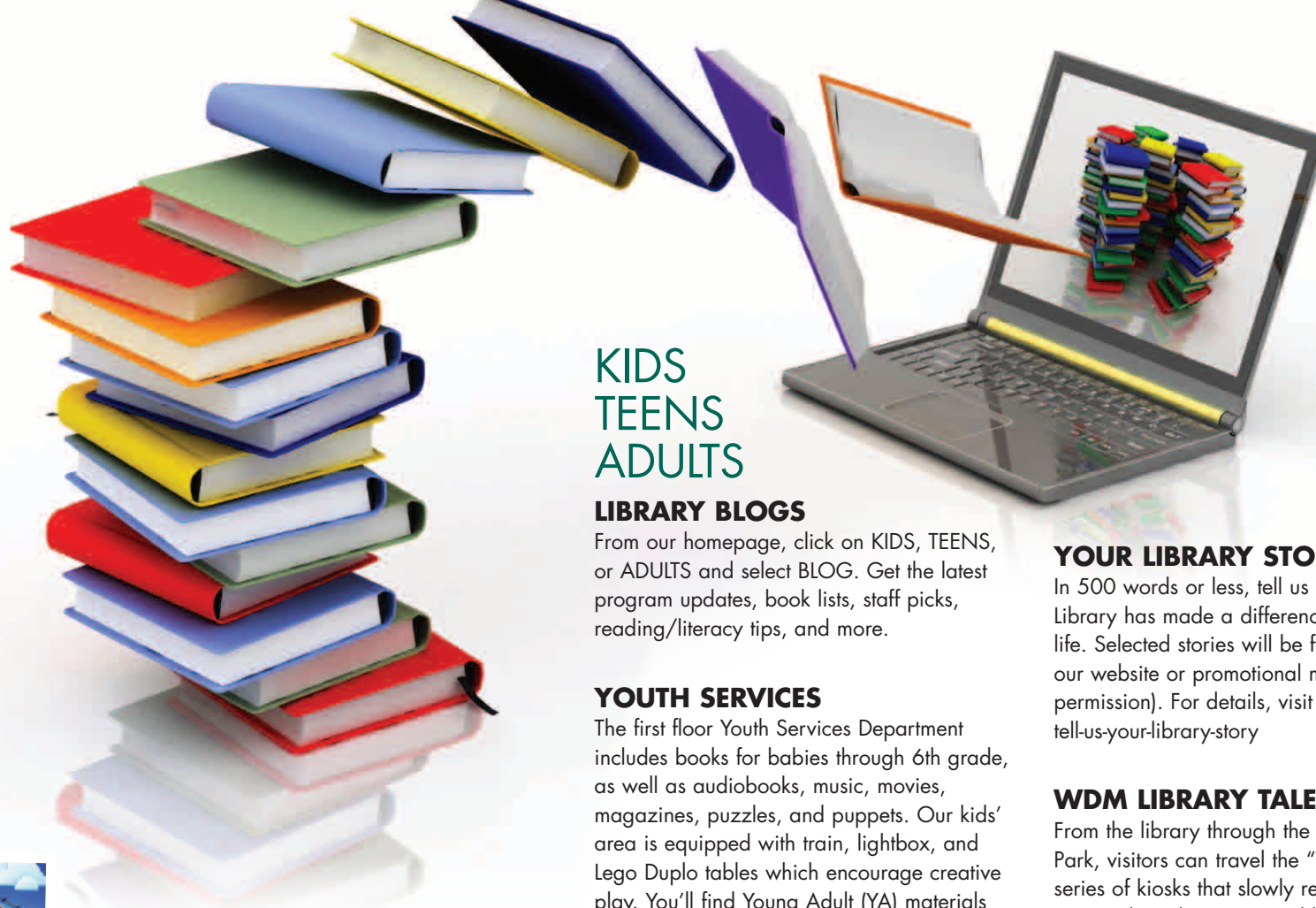
MORE THAN BOOKS

Your library is more than a warehouse for books. It's a place to meet, discover, relax, and enjoy a variety of reading, viewing, and listening materials.

TECHNOLOGY & EQUIPMENT

Available for use in the library: photocopier, fax, interactive storybooks, word processing, free Internet and wireless access. Overhead projector and iPads available for checkout. Hate long lines? Try a 3M SelfCheck machine!

515.222.3400 • wdmlibrary.org



KIDS TEENS ADULTS

LIBRARY BLOGS

From our homepage, click on KIDS, TEENS, or ADULTS and select BLOG. Get the latest program updates, book lists, staff picks, reading/literacy tips, and more.

YOUTH SERVICES

The first floor Youth Services Department includes books for babies through 6th grade, as well as audiobooks, music, movies, magazines, puzzles, and puppets. Our kids' area is equipped with train, lightbox, and Lego Duplo tables which encourage creative play. You'll find Young Adult (YA) materials upstairs, along with comfy couches and study tables. For info on programs and activities, drop in or check out our website.

515.222.3403 • wdmlibrary.org/teens

SOCIAL NETWORKS

Find links to Twitter, Facebook, and Pinterest on our homepage. Like us on Facebook. Follow us on Twitter @wdmlibrary, @wdmlibrarychild or @wdmlibraryteen to receive "tweets" (updates) on library happenings. Our Pinterest page includes Activities for Kids, Book Club Picks, Staff Picks, and more!

515.222.3403 • wdmlibrary.org



YOUR LIBRARY STORY

In 500 words or less, tell us how the WDM Library has made a difference in YOUR life. Selected stories will be featured on our website or promotional materials (with permission). For details, visit wdmlibrary.org/tell-us-your-library-story

WDM LIBRARY TALETRAIL

From the library through the tunnel to Ashawa Park, visitors can travel the "TaleTrail" – a series of kiosks that slowly reveal a children's story. TaleTrail is sponsored by private donations and the WDM Library Friends Foundation in memory of Dr. Robert C. Brooks. New tales quarterly.

DRIVER'S LICENSE RENEWAL KIOSK

Renew your Iowa driver's license at the library! The DOT kiosk issues a temporary document; the new license or ID will be mailed to the user. Credit/debit cards accepted; no cash. Available during library hours. See our website for details and restrictions. wdmlibrary.org/using-the-library/iowadot-drivers-license-renewal-kiosk



WDM Human Services

"The ♥ of the Community"

WDM Human Services has been helping community members since 1979. As a department within the City of West Des Moines, WDM Human Services is a non-profit agency that provides necessary assistance to low-income, elderly and disabled individuals in our service area. Basic needs such as food, clothing, shelter, transportation and emergency financial assistance are a few of the critical services provided by WDM Human Services. For more than 35 years, we have provided assistance to community members during emergency situations to ensure their well-being and to improve their quality of life. WDM Human Services partners with members of the community to provide support and assistance. If you would like to help us meet our community need, please call 273-0633.



WDM Human Services *programs*

Human Services Mission:

"To provide opportunities for citizens to improve and enhance their quality of life and sense of community through the programs and services available."

TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
SENIOR DINNER CLUB Seniors (60+) have the opportunity to enjoy each others dining company while at one of our local restaurants.	Trans. Supervisor 222-3661	First Tuesday of each month	<ul style="list-style-type: none"> WDM senior residents (60+) Reservations must be made at least 24 hours in advance 	Cost of your dinner Transportation FREE (donations encouraged)



TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
WESTSIDE COMMUNITY CENTER Transportation is available for senior residents of West Des Moines, Clive (Polk County), Windsor Heights and Des Moines (Frisbee Park area). Along with a nutritious lunch, enjoy fun daily activities.	Trans. Supervisor 222-3661 134 6th St. Westside Community Center	M – F 8am – 4pm Lunch served at 11:30 am	<ul style="list-style-type: none"> Seniors (60+) Reservations must be made by noon the day before 	donations encouraged
APPOINTMENTS Transportation is available for necessary medical appointments, recreational group trips, Human Services referral trips and for other trips as time allows (i.e., grocery store, bank)	Trans. Supervisor 222-3661	M – F 8am – 4pm	<ul style="list-style-type: none"> Seniors (60+), disabled and low-income residents of WDM Reservations must be made by noon the day before 	donations encouraged

CITIZENS WITH SPECIAL NEEDS

FRIENDSHIP CONNECTION Friendship Connection is a program for adults with special needs.	Human Services Staff 222-3660	Thursdays 10am – 11:30am	<ul style="list-style-type: none"> Young adults with special needs 	NONE
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Friendship Connection

Friendship Connection is offered every Thursday from 10:00am to 11:30am through WDM Human Services at various locations throughout the community. Participants socialize, play games, sing and have fun! Organizations throughout the community also make special presentations on occasion. To learn more, or to register as a participant, volunteer or presenter, please call 222-3665 or visit our website at www.wdm.iowa.gov/HumanServices.



FOOD

WDM Human Services *programs*

description	contact/ location	dates days/times	eligibility/ qualifications	fee
DMARC FOOD PANTRY Food is available at WDM Human Services for households in need.	Human Services Staff 222-3660	M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH 8:30am - 3pm F 8:30am - noon 2nd & 4th Tues of each month 4:30pm - 6:30pm	<ul style="list-style-type: none"> Must provide ID for all household members and proof of address 	NONE <i>Funding for this program is provided by USDA which is an equal opportunity employer.</i>
HOLIDAY FOOD ASSISTANCE Food assistance for the holidays is available to eligible WDM households.	Human Services Staff 222-3660	<ul style="list-style-type: none"> Registration begins Oct. 8 Walk-ins welcome Deadlines apply – see website 	<ul style="list-style-type: none"> Proof of income Proof of address WDM resident ID required for all household members 	NONE
BREAD DISTRIBUTION Donated bakery items are available weekdays for households in need.	Human Services Staff 222-3660	M – F 9am	NONE	NONE
SUMMER FOOD SERVICE PROGRAM The state of Iowa, in conjunction with WDM Human Services and the WDM Community School District, provides a free summer lunch program to ensure children from low-income homes receive adequate food while not in school.	Human Services staff 222-3660	Lunches served M-F, beginning in June – See website for dates, times and locations.	All children 18 years or younger 	FREE for children 18 years or younger
GARDEN PROGRAM Offset the cost of food by growing your own garden. Tilling is available to elderly & disabled residents of WDM.	Human Services Staff 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm Registration begins in April	<ul style="list-style-type: none"> Proof of income Proof of address WDM resident ID required for all household members 	NONE

HOUSEHOLD ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
ENERGY ASSISTANCE (LIHEAP) The Low Income Home Energy Assistance Program (LIHEAP) helps qualifying households with their primary heating costs during the winter.	Human Services Staff 222-3660 <ul style="list-style-type: none"> Call for an appointment Walk-ins welcome 	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm Application period begins: <ul style="list-style-type: none"> 10/1 for seniors (60+) and disabled households 11/1 for all other households Application period ends the last business day in April	<ul style="list-style-type: none"> Low-income households in Polk County Social security card & date of birth for all household members Past 30 days of verifiable income from all sources for all household members, or 2017 income tax return Current MidAmerican Bill 	NONE
Dallas County Residents receive assistance at the Dallas County Family Development Center, 2814 1st St., Perry, IA 50220 465-5185				
EMERGENCY FINANCIAL ASSISTANCE Emergency Assistance is available to avoid housing evictions and utility disconnections to eligible households.	Human Services Staff 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	<ul style="list-style-type: none"> Low income WDM residents. Residents must present lease or utility bill Past 30 days of verifiable income from all sources for all household members, or 2017 income tax return 	NONE
ASSISTANCE WITH GOVERNMENT FORMS Government forms are not always easy to fill out. WDM Human Services is here to help. Includes forms for DHS and tax rebates.	Human Services Staff 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	Service area residents	NONE





YOUTH ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
YOUTH RECREATIONAL ASSISTANCE Limited scholarships for recreational/educational youth activities offered through WDM Parks & Recreation are available to eligible households.	Human Services Staff 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	<ul style="list-style-type: none"> • Proof of income • Proof of address • WDM resident • ID required for all household members 	50% off program fee (client pays part of fee)
SCHOOL SUPPLIES School supplies are available on a limited basis in August including classroom supplies and backpacks.	Human Services Staff 222-3660	<ul style="list-style-type: none"> • See website for dates • Registration begins in July 	<ul style="list-style-type: none"> • Proof of income • Proof of address • WDM resident • ID required for all household members 	NONE
HOLIDAY ASSISTANCE Need help with the holidays? Programs are available for qualifying WDM households including Adopt-A-Family and Toyland.	Human Services Staff 222-3660	<ul style="list-style-type: none"> • Registration begins Oct. 8 • Walk-ins welcome • Deadlines apply – see website 	<ul style="list-style-type: none"> • Proof of income • Proof of address • WDM resident • ID required for all household members 	NONE
POOL PASSES Pool passes are available to low-income residents of West Des Moines.	Human Services Staff 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm Registration begins in April	<ul style="list-style-type: none"> • Proof of income • Proof of address • WDM resident • ID required for all household members 	Reduced Rate – varies depending on household income



HOUSING

HOUSING SOLUTIONS

A short-term rental and support services program (Rapid Rehousing) for homeless families residing in emergency shelters with minor children

Housing Solutions Coordinator
222-3666

M – F
8am – 4pm

Limited availability

- Eligible homeless participants will need to meet HUD homeless guidelines and income criteria
- Must be referred by Primary Healthcare (515-248-1850)

CLOTHING CLOSET

description	contact/ location	dates days/times	eligibility/ qualifications	fee
Gently used clothing articles and housewares are available to those in need on a monthly basis.	Human Services Staff 222-3660	M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH 8:30am - 3pm F 8:30am - noon 2nd & 4th Tues of each month: 4:30pm – 6:30pm	<ul style="list-style-type: none"> • Proof of income • Proof of address • Service area resident • ID required for all household members 	NONE (donations encouraged)

This is a community supported program — donations of clothing and small housewares are always needed.

PERSONAL DEVELOPMENT

ESL CLASSES

Are provided for individuals whose first language is not English.

Human Services Staff
222-3660

T & TH
10am – noon

- Pre-registration required
- Limited # of participants

NONE

HISET CLASSES

For individuals seeking to earn their high school equivalency diploma.

Human Services Staff
222-3660

M & W
9:30am - Noon
12:30pm - 3pm

M, W,
6pm - 9pm

- Registration required
- Must be 18 yrs or older

NONE



ELDERLY ASSISTANCE

HANDYMAN SERVICES

Services include lawn mowing, snow removal and minor exterior home repairs for low-income elderly and disabled residents of WDM.

Human Services Staff
222-3660

M – F
8am – 5pm

- Income - eligible seniors (70+) or income-eligible disabled residents of WDM
- Registration required

NONE (donations encouraged)

VOLUNTEER TODAY!

Volunteers are needed in the Clothing Closet, Food Pantry and for ESL classes at West Des Moines Human Services. Opportunities are available Monday through Friday between 8:30 am and 4:00 pm. Convenient location in Valley Junction neighborhood. Must be 14 years or older. To learn more, please contact Mindy Hotovec at **222-3663** or visit **www.wdm.iowa.gov/HumanServices**.



FREE Transportation

West Des Moines residents who are seniors (age 60+), disabled, or low income can receive free transportation to necessary appointments and to the Westside Community Center. Rides are provided with a fleet of four vehicles, three wheelchair accessible buses and one van. The service operates Monday through Friday all year. Transportation is also provided for recreational outings like the "Senior Dinner Club," as well as trips to the bank, grocery store, barber, etc. as time allows. Reservations required by noon the day before a ride is needed.

Please call 222-3661 for more information or to schedule a ride.

WEST DES MOINES HUMAN RIGHTS COMMISSION

(515) 222-3675

The mission of the West Des Moines Human Rights Commission is to encourage and support comprehensive educational opportunities that promote a more inclusive community.



FREE High School Equivalency Classes at WDM Human Services

High School Equivalency classes (HSED) are now being offered at West Des Moines Human Services. The classes are offered through a program called Bridges to Success which is a collaboration between DMACC and United Way of Central Iowa. The program helps students earn their high school diploma and pass the HiSET tests, opening up job and career opportunities. DMACC instructors lead the classes. Evening and day classes available.

**To sign up or learn more,
visit bridgesdsm.org or
call 515-256-4924.**



Visit us on the web at www.wdm.iowa.gov



*Partner with
WDM Human
Services to help
our neighbors
in need!*

WDM Human Services Current Needs

Personal Pantry:

Each month WDM Human Services assists approximately 350 low-income households with personal care products. We need your help to meet the needs in our community. The following items are needed on an on-going basis:

- Laundry detergent
- Shampoo
- Conditioner
- Deodorant
- Toilet Paper
- Toothbrushes and toothpaste
- Diapers
- Soap

Clothing Closet:

Our clothing closet is in need of new or gently used children's, teen, and adult clothing and shoes. We also need towels, sheets, blankets, toys and small household items. Clothing Closet donations are accepted Monday through Friday, 8:30am – 4pm, at 139 6th Street in West Des Moines. Donations are also accepted on the 2nd and 4th Tuesday of each month from 4:30pm to 6:30pm. Donation receipts are available.



ESL Classes at WDM Human Services

English as a Second Language classes are now being offered at West Des Moines Human Services. The free beginner-level classes provide instruction in conversational English. The classes take place on Tuesday and Thursday mornings from 10 am to noon in eight week sessions. Volunteer tutors are needed to assist with the classes. Volunteers will provide small group and one-on-one instruction for adult learners. Knowledge of a second language is not necessary to volunteer.

Call 222-3663 for more information or to register as a student or volunteer!

Visit us on the web at www.wdm.iowa.gov

SPRING/SUMMER 2018 • WDM MAGAZINE 65

WDM CITY OFFICIALS

Mayor

Steven K. Gaer

City Council

Kevin Trevillyan
First Ward

John Mickelson
Second Ward

Russ Trimble
Third Ward

Renee Hardman
At Large

Jim Sandager
At Large

Key City Staff

City Manager
Tom Hadden
222-3610

Deputy City Manager
Jamie Letzring
222-3610

City Attorney
Richard J. Scieszinski
222-3523

Bicycle Advisory Commission

Kip Albertson
Margaret Christiansen
Helen Eddy
Greg France
Brittany Freund
Mindy Moore
Cole Prevost
Thomas Suckow
Joel Wolcott

Board of Adjustment

Michael Blaser
Claire Celsi
Eric P. Christiansen
Thomas Cunningham
Angie Pfannkuch

Civil Service Commission

Kevin Flagg
Chris Haviland
Lori Lavorato

Human Rights Commission

Bernell Edwards
Frank Harty
Justine Morton
Ila Plasencia
Sanjita Pradhan

Human Services Board

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Janet Clary-Jones
Jo Helling
Matt McNeece
Jessinda Madonia
Jim Miller
Wendy Ogden
Rick Riley
Jered Rogers
Robert Shoemaker
Bill Solawetz
Lori Teel
Kasey Tickel
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From The City Manager

Since I began serving as your City Manager in May 2014, I've worked with staff to make sure we're staying focused on the things that matter. We share a common goal of wanting our city to be the best it can be for all of the people who live and work in this community.

We've made tremendous progress on both short and long-term goals that are a part of our WDM 2036 Plan and our Strategic Action Plan. Positive things are also happening as a result of our Historic West Des Moines Master Plan and our updated Economic Development Plan.

All this planning work sounds crazy, but it's all about charting a course that ensures we're prioritizing the right things for our residents.

Two additional efforts that are taking place involve updating our Comprehensive Plan and conducting a much needed housing needs study. The Comprehensive Plan (called a Comp Plan) looks at planning and zoning issues. Our focus will be on how we want to grow and where we can (and want) our growth to take place. Updating a Comp Plan is a big undertaking, but it allows everyone to learn what's special about our community and work together to see that growth and amenities are planned. Our hope is that we can get our residents (you!) engaged in this exciting process, so be on the lookout for opportunities to share your thoughts with us.

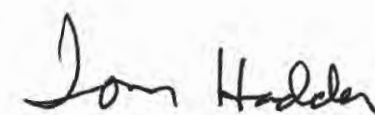
We're also conducting a housing needs study to get data about the housing options available in our community. We want to make sure that we have housing options for everyone from corporate executives to young families, to retirees and those just entering the workforce. Our efforts started with surveys designed to

gather data regarding what people think about our housing situation. Do we have enough or too many apartments? Are homes affordable? Are we lacking certain types of housing? All of these are worthy questions. We know that in many cases, people like to live where they work. Is that possible in West Des Moines? Do we have enough affordable housing and the right type of desired housing available for our current workforce and the workforce we are trying to attract for our jobs?

In the weeks ahead, we'll combine feedback from our discussions and surveys with research to determine where we are today and where we want to go. It's possible our own city policies may be prohibiting the growth we want to see – we won't know until we ask questions and drill down into the data.

All our planning efforts might sound a little over the top, but they are extremely valuable to city staff and your elected leaders. It's foolish to recommend and adopt policies in a vacuum. We want to know what you think and how the beliefs and preferences of our residents and developers match up with the data about what's going on in our community.

Cities like West Des Moines don't just happen by accident. It takes collaboration, data, vision, goals and objectives, and a clear sense of direction to make sure we grow and prioritize what's important to us. I hope you'll get involved in the months ahead and participate in our efforts to keep our community on track!



Tom Hadden,
City Manager

SPRING / SUMMER 2018

WDM PARKS & RECREATION

PROGRAM GUIDE



*We provide our
community everyday
enjoyment through
people, parks
and programs.*



Registration Starts:

RESIDENTS:

March 6 | 8am

NON RESIDENTS:

March 20 | 8am

CONTENTS

How To Register	p2
Policies	p3
WDM Parks & Recreation Information	p4-9
Family Programs	p10-19
Youth Programs	p19-47
Adult Programs	p47-59
Senior Programs	p60-61
Travel Program	p62
Aquatic Programs	p64-70
Registration Form	p71



WDM Parks and Recreation *registration*

3 WAYS TO REGISTER



Scan & Register with your mobile device.

- **Online:**
www.wdm.iowa.gov/ParkRecReg
- **Mail-In:**
P.O. Box 65320, WDM, IA 50265
- **Call-In:**
222-3444

WDM Parks and Recreation *policies*

POLICIES

RECREATION PROGRAM REFUND POLICY

Please call the West Des Moines Parks and Recreation Department Administrative Office at 515-222-3444 Monday – Friday, 8:00 a.m. – 5:00 p.m. to request a refund.

1. Full refunds will be given if the request is submitted no later than 7 days prior to the program start date.
2. Refund requests submitted less than 7 days before the start date will be charged a \$10.00 withdrawal fee.
3. Requests for refunds submitted after the event start date or completion of the program will not be considered.
4. Please allow 2-3 weeks to process a check refund for payments originally made by cash or check. No cash refunds will be given.
5. Payments made by credit/debit card will be refunded back to the original credit/debit card.
6. The Recreation Program Refund Policy does not apply to travel programs or adult sport leagues.
7. Refunds for medical situations will be considered on a case by case basis.

CANCELLATION POLICY

We reserve the right to cancel a program or activity that does not meet the minimum number of participants necessary to offer the program.

REGISTRATION CHANGE FEE

A fee of \$5 will be charged for each Registration Change made after participants are enrolled in a program.

RECREATION PROGRAM ASSISTANCE

Fee discounts are available for WDM residents meeting guidelines for assistance. Applications are available at **WDM Human Services, 139 6th Street.**

ACCOMMODATIONS

It is the responsibility of the individual with a disability requiring accommodations to inform the Parks and Recreation Department, at least 48 hours in advance. Please call **222-3444** to have accommodations provided.

REGISTRATION FORM ON PAGE 71

REGISTER ONLINE AT

www.wdm.iowa.gov/ParkRecReg



West Des Moines Parks & Recreation Department Facilities

Administrative Office at WDM City Hall

4200 Mills Civic Parkway 222-3444

Raccoon River Park Nature Lodge

2500 Grand Avenue 222-3424

Raccoon River Park Archery Facility

2500 Grand Avenue 222-3424

Raccoon River Park Dog Park

2500 Grand Avenue 222-3444

Raccoon River Park Softball Complex

2500 Grand Avenue 222-3505

Valley Junction Activity Center

217 5th Street 222-3440

Holiday Aquatic Center

1701 Railroad Avenue 273-0700

Holiday Park Baseball Complex

1701 Railroad Avenue 222-3454

Valley View Aquatic Center

255 S. 81st Street 273-0700

Jordan Cemetery

2950 Fuller Road 222-3444

Weather Cancellation Hotline

222-3500



Jordan Cemetery

A resting place for many of the founding families of West Des Moines, Jordan Cemetery is located at 2950 Fuller Road. Jordan Cemetery dates back to 1846 when James Jordan arrived in Polk County and homesteaded in the area. The cemetery is now operated by the Parks & Recreation Department and continues to provide cemetery lots for sale. If you would like information, please contact the Parks & Recreation Office at 222-3444.



West Des Moines Parks

American Legion Park...301 Vine St.
Ashawa Park.....4431 Waterford Dr.
Brookview Park.....400 81st St.
Crossroads Park.....5205 Ashworth Rd.
Fairmeadows Park.....543 22nd St.
Florin Park.....1410 Locust St.
Holiday Park.....1701 Railroad Ave.
Huston Ridge Park8455 Coachlight Dr.
Jaycee Park.....5608 Center St.
Jordan Creek Park.....310 50th St.
Kiwanis Park.....3101 Maple St.
Knolls Park5150 Aspen Dr.
Maple Grove Park.....9350 Chalk St.
Meadowview Park638 Prairie View Dr.

Pearson Park1256 19th St.
Peony Park1100 63rd St.
Quail Cove Park1515 South 52nd St.
Raccoon River Park2500 Grand Ave.
Railroad Park425 Railroad Ave.
Scenic Valley Park.....1223 South 24th Ct.
Southwoods Park.....350 South 35th St.
Valley View Park.....255 81st St.
Western Hills Park4115 Walnut St.
Wild Rose Park6801 Cody Dr.
Willow Springs Park.....5685 Wistful Vista Dr.
Wilson Park.....298 9th St.
Woodland Hills Park1230 South 95th St.

Valley Junction Activity Center

Located in the heart of Valley Junction, the Valley Junction Activity Center offers a variety of meeting and social function spaces that can meet your needs. On the first level there are flexible rooms that can accommodate groups from 20 to 100 people depending on your set up requirements.

The Grand Ballroom is located on the second level of the building which offers space for seated functions for groups as large as 200 people. The Ballroom has been updated with a new maple wood floor, ceiling and lighting updates, a fresh coat of paint, and new windows. It is a great space for large family or business dinner affairs as well as wedding receptions.

Give us a call at 222-3440 to check rates and availability today!



Raccoon River Park Nature Lodge

Are you looking for a room with a view to hold that family function or business meeting? The Raccoon River Park Nature Lodge is the place for you. The Lakeview Room provides a panoramic view of Blue Heron Lake in Raccoon River Park. This unique setting provides a quality experience for your guests to enjoy and offers a variety of space and services to make planning your event as easy as one...two...three.

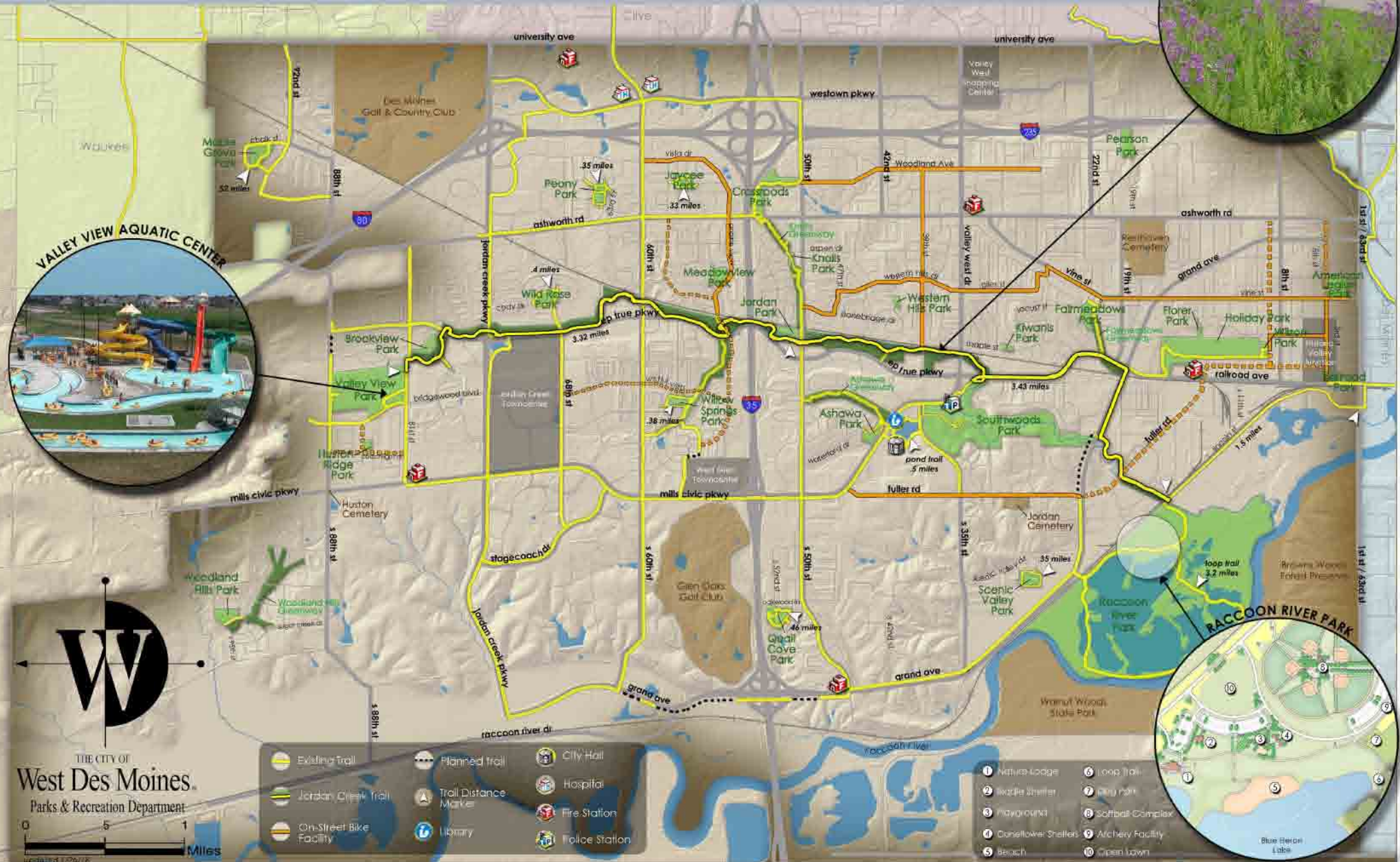
The Lakeview Room can accommodate small or large groups for up to 120 people. You can also bring your own caterer for your event. Weekday business rates are available between the hours of 8:00 am and 5:00 pm, Monday through Friday. Our great rental rates make event planning affordable and works within your budget.

Give us a call at 222-3424 to check availability!



PARKS & TRAILS MAP

WEST DES MOINES PARKS & RECREATION





Raccoon River Park Archery Facility

The facility is the first of its kind in Iowa and features:

- Enclosure walls/fencing
- Overhead 'arrow curtains'
- Shelter over shooting area
- Staging area
- 12 shooting lanes
- Target blocks up to 40 yards distance

Learn more about the facility and download permit forms at www.wdm.iowa.gov/Archery. Questions? (515) 222-3444 or ParkRec@wdm.iowa.gov

Annual Permit	WDM Resident	Non-Resident
Adult	\$20	\$40
Youth (15 & Under)	\$10	\$20
Daily Permit	WDM Resident	Non-Resident
Adult	\$5	\$5
Youth (15 & Under)	\$5	\$5

Permits can be purchased at the following locations:

- **West Des Moines Parks & Recreation Office**
4200 Mills Civic Pkwy, Suite 1B, West Des Moines
Phone: 222-3444 | Fax: 222-3459
Monday-Friday, 8:00am-5:00pm
- **Raccoon River Park Nature Lodge**
2500 Grand Avenue, West Des Moines
Phone: 222-3424 | Fax: 222-3658
Monday-Friday, 8:00am-5:00pm, call for evening/weekend hours



Using the Facility

- A permit is required for each person shooting arrows.
- The Archery Facility is open daily for use from dawn to dusk.
- Archers must supply their own equipment and paper targets.
- Children 15 and under must be supervised by an adult at all times.
- Stationary target blocks are provided; each serves 2 lanes.
- To increase the life of target blocks, use pins to attach paper targets and aim for different areas. No broadheads allowed.

See page
17 for
Archery
program

\$5 Day Passes are available online for the Archery Facility at Raccoon River Park. Find them at wdm.iowa.gov/DayPasses

Raccoon River Dog Park

Dogs in Parks

For the safety and well-being of all park visitors and for the safety of your dog, please remember that the **ONLY** place that dogs are allowed to be off-leash in the City's parks is the Raccoon River Dog Park. In all other parks, rules and regulations require that dogs be on a leash not more than 10 feet long.

Also, please be considerate to other park visitors and clean up after your dog. Waste bags are provided in Raccoon River Park along the trail. Remember to bring a bag with you to all other parks and trails. We appreciate responsible pet owners!

Mail-In

Go to www.wdm.iowa.gov/DogPark download the application form, complete it and mail the form, a copy of rabies & distemper/parvo vaccination records and payment to the address on the form.

Walk-In

Stop by one of the following locations. Be sure to bring your dog's records showing current rabies & distemper/parvo vaccinations.

WDM Parks & Recreation Administration

4200 Mills Civic Parkway – 1B
8am – 5pm, Monday-Friday

Raccoon River Park Nature Lodge

2500 Grand Avenue
8am – 5pm, Monday-Friday
Evening/Weekend Hours –
Call 222-3424



Permit	WDM Resident	Non-Resident
Annual	\$20	\$40
Daily	\$5	\$5

DAY PASSES AVAILABLE ONLINE!

\$5 Day Passes are available online for the Dog Park at Raccoon River Park.

Find them at wdm.iowa.gov/DayPasses

ART ON THE CAMPUS GRAND OPENING

You are invited to join the West Des Moines Public Arts Advisory Commission and Parks and Recreation Department as we celebrate the Grand Opening of the 2018 temporary Art on the Campus exhibit. Come and enjoy family-friendly entertainment, complimentary food and drink, a chance to meet the artists and, of course, a first look at this year's exhibit!

DAY	Thursday
DATE	April 26
TIME	4:30pm – 6pm
LOCATION	WDM City Hall
AGES	All
FEE	Free



New!

K9 TOSS AND FETCH LEAGUE

West Des Moines is trying something fun and new this summer! We will be forming a K9 Toss and Fetch League that will compete with other Toss and Fetch teams from around the world! Each Tuesday from June 12-July 10 we will meet at Jordan Creek Park to “toss and fetch” with our dogs and gather our scores that we will submit. Our league is for anyone who has a dog that loves to play “fetch with a Frisbee”, regardless of age. The more the merrier.

If you would like more information about the league you may come to an information meeting on March 20 at 6:30pm at the Nature Lodge in West Des Moines.

DEMO DAY

We will have a Toss and Fetch dog demonstration. You can come see the fun and ask any questions you may have.

May 15 from 6:30pm – 7:30pm at Jordan Creek Park

LEAGUE PRACTICE	
DAY	Tuesdays
DATES	May 22 – June 5
TIME	6:30pm – 7:30pm

LEAGUE DATES	
DAY	Tuesdays
DATES	June 12 – July 10
TIME	6:30pm – 7:30pm
LOCATION	Jordan Creek Park
AGES	ALL
COURSE ID	5141
FEE	\$13 per team (one dog and owner) owners can have more than one team if they have multiple dogs

For more information on Toss and Fetch you may go to www.tossandfetch.com or call 515-222-3435

MAYOR'S BIKE RIDE



Please join the City of West Des Moines' Mayor, Steve Gaer, for a morning of cycling in the City of West Des Moines. Different routes will be available to accommodate all ages and abilities. All routes start and end at City Hall. (Routes and distances subject to change.) All registered participants will receive an event t-shirt.

The event is “Ride at your own Risk”. All rules and regulations outlined in the West Des Moines, Iowa: City Code, Title 6 – MOTOR VEHICLES AND TRAFFIC, Chapter 11: BICYCLES shall apply. (www.wdm.iowa.gov)

DAY	Saturday
DATE	May 12
TIME	9am – 12pm
LOCATION	Starts at WDM City Hall, 4200 Mills Civic Parkway
AGES	6 and up
COURSE ID	4664
FEE	\$10 per rider

EARTH DAY FAMILY FUN

Earth Day is a perfect day for you and your family to come enjoy some family friendly outdoor activities. You can go kayaking, canoeing, fishing or you may choose to create a small paddle boat and enjoy a cup of coffee or cocoa! Free tree saplings will be handed out to celebrate this Earth Day Event. A special four-legged visitor from the conservation grazing project in Southwoods Park may also be joining us. Come help us celebrate Earth Day today!



DAY	Saturday
DATE	April 21
TIME	10am – 12pm
LOCATION	WDM City Hall (4200 Mills Civic Pkwy)
AGES	All
FEE	FREE



DISCOVER DECORATION DAY

Discover the history behind Decoration Day by joining the West Des Moines Historical Society and Parks and Recreation Department at the Historic Jordan House and Jordan Cemetery. Bring a blanket or lawn chair, grab a free ice cream treat, and sit back to enjoy the Civil War era tunes played by the West Des Moines Community Band. While there grab an educational brochure, complete with a map, that will guide you to the gravesites of notable WDM citizens in Jordan Cemetery. This event will be a great way to teach children and adults alike the true purpose of Memorial Day!

DAY	Sunday	
DATE	May 20 (No Rain Date)	
LOCATION	Jordan House (2001 Fuller Rd.) Jordan Cemetery (2950 Fuller Rd.)	
TIME	TIMES	FEE
Jordan House Self-Guided Tour	1pm – 3pm	\$5 Adults, \$3 Students (K-12)
WDM Community Band Concert	1pm – 3pm	FREE
Jordan Cemetery Tour	1pm – 3pm	FREE

YOGA ON THE LAWN

Get your Sunday off to a great start with some Yoga on the Lawn! This FREE program is a great introduction to Yoga for the beginner and offers new challenges for seasoned yogis. Each week a volunteer instructor from a local studio will lead the group in a great morning stretch! Bring a water bottle and yoga mat.

DAYS	Sundays
DATE	June 3 – August 26
TIME	9am
LOCATION	North lawn at WDM City Hall (4200 Mills Civic Parkway)
AGES	6+
FEE	Free



SPECIAL NEEDS NIGHT POOL PARTY!
Join us where our special population has the pool to themselves! In partnership with Courage League Sports, enjoy an evening of fun reserved just for your special person and your family.
Pre-registration required.

DAY	DATES	TIMES	COURSE ID
Saturday	June 23	6:30pm – 8:30pm	4781
Saturday	July 21	6:30pm – 8:30pm	4780

LOCATION	Holiday Aquatic Center
AGES	ALL
FEE	FREE

PRINCESS AND PIRATE SPLASH BASH

Hear Ye! Hear Ye! and Yo Ho Ho! All princesses across the land and pirates of the sea are invited to kick off summer with a spectacular SPLASH BASH at Holiday Aquatic Center!! We've enlisted our friends from Little Princess Parties to provide "The Little Mermaid" and five of her princess and mermaid friends. They will swim and pose for photos with you. (Be sure to bring your camera!) A mighty Pirate will also be shipwrecked on our pool deck for photos. This event is sure to be a crowd pleaser for the entire family! Join us as we welcome summer!

DAY	Saturday
DATE	July 14
TIME	6:30pm – 8pm
LOCATION	Holiday Aquatic Center
AGES	FEE
3 – adult	\$15
2 and under	FREE
COURSE ID	5226

(Please note: Because this is considered a ticketed special event that is offered after public open swim, aquatic season passes will not be honored for admission.)



INDEPENDENCE DAY EVENTS

INDEPENDENCE DAY PARADE

Parade entry information will be available starting in early May. To have entry information mailed to you please call 222-3444. The parade will be limited to the first 75 entries.

DAY	Tuesday
DATE	July 3
LINE-UP	5:15pm
PARADE STARTS	6:30pm

THEME: "West Des Moines:
Past, Present and Future"

Sponsored by



ALL IOWA BASH!

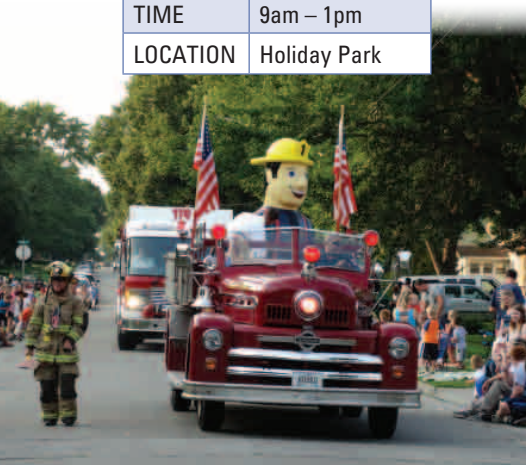
Will be held in Valley Junction

July 3rd. For more information visit www.valleyjunction.com or call (515) 222-3642.

HOLIDAY CLASSIC HORSESHOE TOURNAMENT

For information contact the WDM Horseshoe Pitchers Association at 681-1937.

DAY	Wednesday
DATE	July 4
TIME	9am – 1pm
LOCATION	Holiday Park



WDM125 POOL PARTIES

It's a party! We're celebrating West Des Moines' 125th year with discounted admission to both aquatic centers and fun activities for the entire family taking place every hour.

DAY	Wednesday
DATE	July 4
TIME	12pm – 6pm
ADMISSION	\$3 per person
LOCATION	Holiday & Valley View Aquatic Centers

35TH ANNUAL MUD VOLLEYBALL TOURNAMENT

DAY	Wednesday
DATE	July 4
TIME	Tournament Begins 8am
LOCATION	Raccoon River Park

Pre-registration required. Call WDM Fire Department at 222-3420 to register a team or for more information.

COMMUNITY BAND CONCERT

DAY	Wednesday
DATE	July 4
TIME	7pm
LOCATION	Coneflower Shelters at Raccoon River Park 2500 Grand Ave.



FIREWORKS DISPLAY

JULY 4TH — THE FIREWORKS DISPLAY WILL START AT DUSK OVER BLUE HERON LAKE IN RACCOON RIVER PARK 2500 GRAND AVE. • WDM

SKATEBOARD-XTREME CHALLENGE

A Skateboard Competition

(Co-sponsored by the cities of Urbandale, West Des Moines, and Clive) All ages welcome! Competition will be divided by age level. This skateboard competition is a great chance for skateboarders to show their stuff and win great prizes.

DAY	Saturday
DATE	August 4
TIME	Competition begins at 11am
LOCATION	Urbandale Skateboard Park, located in Walker Johnston Park (9000 Douglas Ave., Urbandale)
AGES	ALL
FEE	FREE

**SAVE THE DATE:
Saturday,
September 22**

IllumiFest
a Fall Festival of light

BIRTHDAY PARTIES AT THE NATURE LODGE

Birthdays are special, and we have some great ways to celebrate them! Choose from various themes and locations, and leave the planning details to us! Our parties include: set up, a reserved space for your event, a party host or hostess, a theme related activity, cake, ice cream, juice, paper goods, and most importantly....the clean up! All parties cost \$110 for the first 12 participants (including the birthday child) and are two hours in length. An additional fee of \$10 per child will be charged for parties larger than 12, with a maximum of 15 participants allowed. *PLEASE NOTE: All party participants must meet the minimum age required for each specific party!* To schedule your special date, please call 222-3424. Reservations must be made at least 2 weeks in advance. *Party themes effective April 1.*

THEME	AGE (of all party participants)
Amazing Animals	5-7
Moana	5-7
Sports of All Sorts	5-7
Trolls	5-7
Pirate Party	5-7
Pajama Party	5-7



For Birthday Parties at WDM Aquatic Centers please see p67

New!

GREAT AMERICAN CAMPOUT

The National Wildlife Federation's Great American Campout is an easy way to get outdoors and enjoy the benefits of nature and wildlife whether you are a seasoned pro or a first time camper, and we want to be the first Great American Campout site in Iowa. So, pack up your tents, sleeping bags and flashlights for a fun night of camping! Activities will include nature walks at Southwoods Park, campfire stories, s'mores, a movie on the big screen, fishing, crafts and games. Evening snacks and a light breakfast will be provided. Registration not required. Stay tuned for more information and details to come!



DAYS	Saturday & Sunday
DATE	June 23 – 24
TIME	7pm – 10am
LOCATION	WDM City Hall Lawn
AGES	All
FEE	Free

HUNTER EDUCATION

Anyone born after January 1, 1972 is required to complete a 12 hour Hunter Safety Course before they can obtain an Iowa hunting license. The two-day course includes instruction on safe handling of firearms and archery equipment, as well as information on hunter ethics, conservation management and hunting regulations.



DAYS	DATES	TIMES
Must attend both days		
Thursday	August 23	6pm – 9pm
Saturday	August 25	8am – 5pm
(please bring a sack lunch on Saturday)		
LOCATION	Raccoon River Park Nature Lodge	
AGES	12+	
FEE	Free	
TO REGISTER	www.iowadnr.gov/Hunting/Hunter-Education	

ARCHERY, GIVE IT A "SHOT"!

Have you thought about trying archery, but you don't have any equipment? These family events are planned just for you! Come to the archery facility at Raccoon River Park to give it a try. We will provide the bows, arrows and instruction for you to try this exciting sport. This activity is free, but registration is required and limited to 35 people. (Children must be 7 years of age or older.)

DAYS	DATES	TIMES	COURSE ID
Wednesday	April 25	5:45pm – 7:15pm	4732
Thursday	May 24	5:45pm – 7:15pm	4734
Tuesday	July 24	5:45pm – 7:15pm	4731
Thursday	August 9	5:45pm – 7:15pm	5014
AGES	7+		

LOCATION	Raccoon River Park Archery Facility
FEE	Free

This class is designed for adults who have wanted to try archery, but have never had the chance. Old or young, come join this archery fun!

ADULT ONLY CLASSES			
DAYS	DATES	TIMES	COURSE ID
Wednesday	June 20	5:45pm – 7pm	4729
Tuesday	July 10	9:30am – 11am	4728





STORY HOUR AT THE PARK

Join the West Des Moines Parks & Recreation staff for an hour of story power! Bring a picnic lunch to enjoy as our Naturalist shares nature books, stories and games.

DAYS	Tuesdays
DATES	May 1 – May 22
TIME	12pm – 1pm
LOCATION	Raccoon River Park Nature Lodge
AGES	ALL
FEE	FREE



FAIRYTALE TIME IN THE PARK!

FREE EVENT - No Pre-Registration Required: Come experience your community park and join the West Des Moines Parks and Recreation staff for a story and a craft. Bring a blanket and a friend!

*Childcare providers — Please let us know if you are bringing your group so we can be sure to have enough supplies for all participants!

DATES	LOCATION
June 15	Quail Cove
June 22	Ashawa
June 29	Huston Ridge
July 6	Wild Rose
July 13	Meadowview
July 20	Pearson
July 27	Kiwanis
August 3	Pearson

DAYS	Fridays
TIME	10:30am – 11:15am
AGES	ALL
FEE	FREE

MARTIAL ARTS

TAE-KWON-DO/KARATE

The Korean art of self defense, Tae-Kwon-Do, is recognized as a beneficial method of improving health, balance, agility and poise. As a philosophy of mental alertness and moral ethics, TKD can serve to enhance anyone’s life young or old. Beginner classes are for white through green belts. Intermediate/Advanced classes are for green belts and up.

DATES	June 5 – July 31
BEGINNER CLASS	
DAYS	TIME
Tuesdays	6:30pm – 7:30pm
COURSE ID	4774
FEE	\$41

INTERMEDIATE/ADVANCED CLASS	
DAYS	TIME
Tuesdays	7:30pm – 8:30pm
COURSE ID	4775
FEE	\$41

TAE-KWON-DO/ KARATE
LITTLE NINJAS INSTRUCTOR:

Phil Dickey:
Fifth Degree Black Belt in Karate,
Fourth Degree Black Belt in Tae-Kwon-Do, International Martial Arts Hall of Fame Inductee.

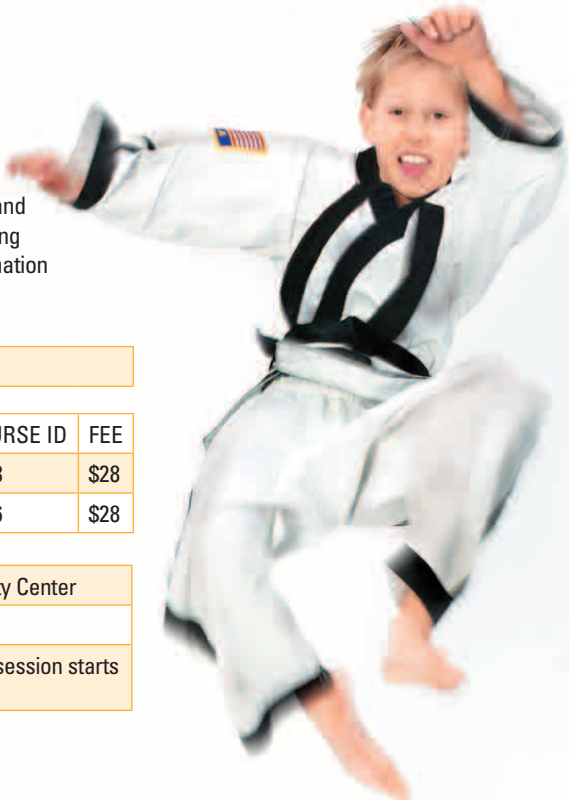
LOCATION	Valley Junction Activity Center
AGES	6+
REGISTER BY	One week before the session starts

LITTLE NINJAS

Join our early childhood program designed to teach the basic fundamentals of both Tae-Kwon-Do and Karate. This class will focus on building self-respect, self-confidence, coordination of mind and body, and self-discipline.

DATES	June 5 – July 31		
DAYS	TIME	COURSE ID	FEE
Tuesdays	5:30pm – 6pm	4773	\$28
Tuesdays	6pm – 6:30pm	4776	\$28

LOCATION	Valley Junction Activity Center
AGES	4 – 5
REGISTER BY	One week before the session starts



BURNT MARSHMALLOW DAY CAMP



Each session of Burnt Marshmallow Day Camp is specifically designed for ages 4 to 6, with a variety of activities that include: games, songs, stories, sharing, crafts, visits from special guests, and field trips. Each camper receives a t-shirt with their registration. Burnt Marshmallow Day Camp is led by one Camp Director and two assistants. Registration is limited to 20 children per session, so sign up early. *Each camper is asked to bring a sack lunch every day, with the exception of Thursday, when WDM Parks & Recreation will be providing a "Burnt Marshmallow" Cookout.

STAR WARS

June 11 – 15
COURSE ID: 4758

Join our crew and BLAST OFF into a week of high adventure! Our mission will be to explore far away galaxies and learn about outer space. We'll make our own light sabers, and "Darth Vader" masks. This week our activities will allow your mind to travel into creative dimensions. Our special field trip will be to the Science Center of Iowa, where we'll tour the planets and see the stars. "What on Earth... could be better?"



FROZEN

June 18 – 22
COURSE ID: 4761

"Do you wanna build a snowman?" It may be summer outside, but our theme this week

features things that are cold and FROZEN! Join us as we create various types of Olaf snowmen, and feature some of the adventures of Anna, Elsa, Kristoff and Sven! We'll focus on acts of kindness this week and make friendship bracelets. Our field trip will take us roller skating where it will be nice and cool inside. Join the FROZEN phenomenon as we feature activities from one of Disney's more popular movies.

THE ADVENTURES OF CURIOUS GEORGE

June 25 – 29
COURSE ID: 4762

No monkey business here....we'll swing into an action-packed week of monkey-games and excitement! Find out about good sportsmanship, sharing, and play a different game or sport each day. We'll do craft projects and make a special treat with bananas. The "man in the big yellow hat" will encourage us to play fair, and have fun. Our active, monkey-themed field trip will take us to Monkey Joe's on Friday.



LITTLE MERMAIDS AND WONDERFUL WHALES

July 2 – 6
COURSE ID: 4757
THE FEES ARE PRO-RATED THIS WEEK.**
NO CLASS ON JULY 4.

This week we will journey "Under the Sea" for a whale of a good time at the Pearson Park beach house! We'll make our own water slide, and learn how to turn your backyard into a slippery, silly water wonderland! Pack your swim suits and plan to get wet. The highlight of our week will be the private use of Valley View Aquatic Center... including all the spray and splash features of the leisure pool!



MICKEY AND MINNIE'S CLUBHOUSE

July 9 – 13
COURSE ID: 4756

"Oh, TOODLES!" Everything is more fun when Mickey and Minnie are involved! This week we'll explore the fascinating wonders of floating, flying and bouncing objects. What goes up must come down. We'll play several games with balloons and balls and try to keep them up in the air. We'll fly a kite and make paper airplanes. See how high you can bounce and jump as you take flight at "Pump It Up" on Friday.



MY LITTLE PONY

July 16 – 20
COURSE ID: 4759

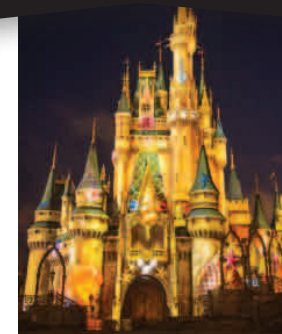
Calling all Cowboys and Cowgirls! Have you ever wondered what life would be like living on a farm? What type of animals would we see? We'll do plenty of "horsing around" this week as we create, discover and imagine life in Ponyville. We'll feature a different Ponypal each day, and discover why "Friendship is Magic!" Our field trip will take us out to the Jester Park Equestrian Center. Giddy UP!



TROLLS

July 23 – 27
COURSE ID: 4760

Find your HAPPY place this week as we pretend we are TROLLS! Join us for a bright and colorful week full of fun, adventure and music. We will learn how to "survive" the Bergen's as we venture through the park on a mission to save our village. We will make quick snacks to keep the Bergen's from eating us! There will be a daily DANCE PARTY in the shelter...sure to make your hair stand on end! Our field trip on Friday will be to the roller skating rink. Join the TROLLS phenomenon.



ONCE UPON A TIME...

July 30 – August 3
COURSE ID: 4763

Just as all good stories begin with the phrase, "Once Upon a Time..." so will our week. We're featuring several of our favorite prince and princesses this week as we discover the wonderful world of imagination. We'll build Cinderella's sand castle and dress up like Knights in Shining Armor. We'll have a tea party with Mrs. Potts and Chip and ride Aladdin's magic carpet! "Be Our Guest" on Friday as we watch an animated mouse come to life at Chuck E. Cheese.



TIME	9am – 12pm
AGES	4 – 6
LOCATION	Pearson Park (19th & Pleasant Street)
FEE	\$69 per week *\$56 the week of July 2 (No class July 4)
REGISTER BY	1 week prior to each session

NATURE CLASS FOR CHILDREN 3-5

NATURE FRIENDS

The purpose of Nature Friends is to give children the opportunity to learn about Iowa's natural resources, environment and outdoor recreation. It is hoped that children who attend will gain an increased awareness about the earth and will learn to make responsible environmental decisions as they grow. Non-residents of West Des Moines are eligible to register for these programs at the same time residents are allowed to register. These programs are co-sponsored by WDM Parks & Recreation and Polk County Conservation Board.



NATURE FRIENDS - PRESCHOOLERS EXPLORING NATURE

Nature Class for children ages 3-5 with an adult

We will explore a different nature topic each evening through stories, sharing time, guided exploration, and art activities. Snacks will be provided.

Participate in a Park Passport Program. Attend five different programs, each located at a different park and receive a Nature Friend Explorer pack. Participants must record program name, location and date with the speaker's initials on their passport. Turn the passport in at the office at Jester Park or Raccoon River Nature Lodge to receive your Nature Friend Explorer pack. One Nature Friend Explorer pack per child please.

Day	Date	Program Name/Topic	Location	COURSE ID
Mon	May 7	Busy Beavers	Raccoon River Park Nature Lodge	4786
Tues	May 15	Silly Salamanders	FDM Shelter 3	
Mon	June 4	Frog Hop	Meadowview Park	4705
Tues	June 12	Geo the Geode/Rocks	JP Shelter by Lodge	
Mon	July 9	Let's Go Fishing	Raccoon River Park Fishing Pier	4702
Tues	July 17	Pond Study	JP Shelter 5	
Tues	Aug 7	Tyke Hike	Southwoods	4704
Mon	Aug 14	Turtle Talk	FDM Shelter 3	
Time	6:30pm – 7:30pm			
Fee	\$7			

Register for programs listed in Polk County parks (shaded above) by going to www.polkcountyiowa.gov/conservation/calendar

NEW!

BEGINNERS TWIRL CAMP

Sign your child up for this very popular program! Let them experience the thrill of learning to twirl the baton. Your child will learn the basics of baton twirling each day of the camp. A special highlight of the program will be the opportunity for the campers to show off their new-found skill as they march together in the West Des Moines Independence Day Parade (held on July 3rd). A t-shirt and baton are included in the program fee. Don't miss out on this awesome opportunity!

DAYS	Monday – Friday	
DATES	June 25 – 29	
AGES	TIME	COURSE ID
5 – 10	10:30am – 11:30am	4592
LOCATION	Raccoon River Park Nature Lodge	
FEE	\$49	



INTERMEDIATE TWIRL CAMP

Did your child participate in Twirl Camp in previous summers? Does she want to build upon what she already learned? This program is the follow-up to the Beginners Twirl Camp. Your child will learn intermediate skills involved with baton twirling each day of the camp. And once again campers will get to show off their perfected skill as they march in the West Des Moines Independence Days Parade (held on July 3rd). A T-shirt is included in the program fee. **Participants should use the baton they used in previous summers or are responsible for purchasing a new one to fit their measurements.**

DAYS	Monday – Friday	
DATES	June 25 – 29	
TIME	1pm – 2pm	
LOCATION	Raccoon River Park Nature Lodge	
AGES	6-13	
FEE	\$25	
COURSE ID	4627	

The Right Start... Start Smart

Start Smart Programs will be held once a week for 5 weeks, and each week the exercises become increasingly more difficult as the class progresses and the children show improvement. All supplies needed for Start Smart programs are provided at the first class and are included in the program fee.

Tennis	
DAY	Mondays
DATES	COURSE ID
June 4 – July 2	4594
July 16 – August 13	4598
TIME	5:30pm – 6:30pm
LOCATION	Jaycee Park Tennis Courts
AGES	5 – 7
FEE	\$55
MAXIMUM	10



Soccer				
DAY		Tuesdays		
DATES		TIMES	AGES	COURSE ID
June 5 – July 3		5:30pm – 6:30pm	3 – 4	4625
		6:30pm – 7:30pm	5 – 6	4602
July 24 – August 21		5:30pm – 6:30pm	3 – 4	4623
		6:30pm – 7:30pm	5 – 6	4580
LOCATION	Peony Park			
FEE	\$59			
MAXIMUM	20			

Please note that this program is not a competitive game setting. Skills are taught in stations each week.

A parent is required to attend and participate each week. It is recommended that non-registered siblings do not attend as it makes it difficult for parents to fully participate in the program.

Baseball				
DAY		Wednesdays		
DATES		TIME	AGES	COURSE ID
June 6 – July 11		5:30pm – 6:30pm	3 – 4	4619
		6:30pm – 7:30pm	5 – 6	4612
July 18 – August 15		5:30pm – 6:30pm	3 – 6	4610
LOCATION		Willow Springs Park		
FEE		\$59		
MAXIMUM		20		



FLAG/TOUCH JR. RUGBY

Rugby is a hit in our community! Meeting once a week, this program will have a short practice session to cover rules and work on the skills required to play (kick, pass, run) rugby. The rest of each session will be consist of Flag Rugby, Rookie Rugby or T3 Touch Rugby Format. Each age group will be skill and age matched to provide the most fun and engagement for the participants of all skills and ages.

Learn more at www.JrRugby.com.

DATES	TIME	AGES	COURSE ID	FEE
April 9 – May 7	6:30pm – 7:30pm	4 – 14	4624	\$35
DAY	Mondays			
LOCATION	Jordan Creek Park			

WEATHER HOTLINE: 222-3500

Information regarding cancellation of sessions will be posted after 4pm the day of the session.





Tallgrass Theatre Company's Seedlings Children's Theatre

Tallgrass Theatre Company has been performing in West Des Moines since 2006 and is excited to re-launch Seedlings children's theatre programming. For more on Tallgrass Theatre Company's productions, visit www.tallgrasstheatre.org.

New!

Play in a Week Camp

Does your child have a flair for the dramatic? Or an interest in what happens behind the scenes? Here's a chance to get them involved in theater, without a long-term commitment. Kids will learn about all the various roles that go into putting on a play (both on stage and backstage). Led by experienced drama instructors, the group will develop and rehearse a unique and age-appropriate script, based on the super fun themes of Heroes and Villains (morning camps) or Mystery on the High Seas (afternoon camps). Since the camps will be totally different, kids may sign up for both. In addition to being part of the on-stage cast*, kids will also work to create sets, costumes and props, to help bring the story to life! Kids should bring a snack (no peanut products, please) and a bottle of water. The week-long workshop will culminate in a free Friday evening performance of the brand-new production for family and friends.

**if a child would rather not be on stage, he/she may still opt to assist with all other aspects and be part of the production as an assistant director, designer, or other important production role.*

CAMP	DATES	TIMES	AGES	COURSE ID
Heroes and Villains	June 25 – 29	9am – noon	6 – 9	4669
Heroes and Villains	June 25 – 29	9am – noon	10 – 13	4648
Mystery on the High Seas	June 25 – 29	1pm – 4pm	6 – 9	4647
Mystery on the High Seas	June 25 – 29	1pm – 4pm	10 – 13	4649

DAYS	Monday – Friday
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PERFORMANCE	LOCATION	FEE	MIN.	MAX.
June 29 at 7pm	Valley Junction Activity Center	\$75	5	20

Tallgrass Theatre Company's Seedlings Children's Theatre

New!

Building Blocks: Creative Play for Youth

This fabulously fun half-day workshop is perfect for younger children who love to express themselves and perform! Children will play a variety of movement, improvisation and character-development games, led by professionals with lots of experience with teaching creative drama. Kids should bring a snack (no peanut products, please), a bottle of water, and their creative energy! Parents are invited to the last half-hour of the workshop, to see what the group has learned, and maybe join in the fun!

DAYS	DATES	TIME	AGES	COURSE ID
Saturday	July 7	9am – noon	5 – 8	4650
Saturday	September 29	9am – noon	5 – 8	4651

PERFORMANCE TIME	LOCATION	FEE	MIN.	MAX.
11:30am	Valley Junction Activity Center	\$35	5	20

New!

Spotlight on Acting!

This workshop is perfect for kids who love to perform or maybe just want to give it a try without the long-term commitment. Participants will work on individual monologues or group scenes, with the guidance of experienced actors and theater educators. Not only will kids hone their acting skills, they will learn basic staging terminology and how actors in a play work together with their director and the rest of the team. Participants should bring a snack (no peanut products, please) and a bottle of water. Parents are invited to join and watch the final half-hour of the workshop.

DAYS	DATES	TIME	AGES	COURSE ID
Saturday	July 7	1pm – 4pm	9 – 16	4652
Saturday	September 29	1pm – 4pm	9 – 16	4653

PERFORMANCE TIME	LOCATION	FEE	MIN.	MAX.
3:30pm	Valley Junction Activity Center	\$35	5	20

FIRST STEPS DANCE CLASSES

First Steps Dance classes are designed to introduce children to the fundamental skills of dance at a cost and time commitment that is minimal to parents. All classes are led by Josalynn Agnew, an instructor with many years of studio experience.

Let your child learn basic dance movements in a non-threatening, recreational environment.

- 3-4 year olds will receive instruction in ballet and jazz.
- 5-7 year olds will receive instruction in ballet, jazz, and tap.

No special shoes are required.

Beginners First Steps Dance

DAYS	Mondays	
DATES	April 16 – May 21	
AGES	TIMES	COURSE ID
5 – 7	5:30 – 6:15pm	4654
3 – 4	6:15 – 6:45pm	4655
LOCATION	Valley Junction Activity Center	
FEE	\$39	

DAYS	Tuesdays	
DATES	April 17 – May 22	
AGES	TIMES	COURSE ID
3 – 4	5 – 5:30pm	5118
3 – 4	5:30 – 6pm	4656
3 – 4	7 – 7:30pm	4657



LITTLE HIP HOPPERS

This class is perfect for your kiddos who are always moving. Hip Hop is a great way to introduce little ones to dance while exploring movement and creativity in a welcoming environment. Kids will be introduced to basic movement and rhythm while having fun with music, games, and dance-related activities. Taught by a local professional with over 20 years of practice, this class is both educational and age-appropriate. Your child will not want to stop moving in this class!

DAYS	Thursdays
COURSE ID	DATES
4611	June 14 – July 5
4601	July 12 – August 2
TIME	11am – 11:45am
LOCATION	Valley Junction Activity Center
AGES	4 – 6
FEE	\$35
MAXIMUM	15



MAD SCIENCE'S "SPARKING IMAGINATIONS" CAMP

Our summer camp will focus on the Science & Engineering within STEM. We will accomplish the Engineering using our LEGO-neering gear. This covers the engineering areas of Mechanical, Nautical, Civil, Aerospace, Automotive, Biomimicry, and Structural. We specifically zero in on these by building with LEGO bricks the following: a Machine, a Carnival Ride, a Boat, a Bridge, a Space Station, a Vehicle, an Insect, and a Tower. The Machine, Vehicle, and Insect are electrically operated. The kids are also introduced to the key steps of the innovation design process. We will accomplish the Science using some very popular Mad Science kits. They include: A wonderful combination of our Dry Ice and Slime kits, along with kits covering the science behind our human senses... a primer to some of the specialty medical sciences if you will! Each camp day the kids will come away with three very nice Take Homes. Some of these we will build together in camp, others they will build at home, either way extending the learning experience to your home! Don't miss out on this imaginative, fun and knowledge-based camp!

AGES	6 – 8		
TIME	9am – noon		
DATES	FEE	DAYS	COURSE ID
July 9 & 10	\$79	Mon & Tue	5125
July 11 & 12	\$79	Wed & Thurs	5126
July 9 – 12	\$155	Mon – Thurs	5121

AGES	9 – 11		
TIME	1pm – 4pm		
DATES	FEE	DAYS	COURSE ID
July 9 & 10	\$79	Mon & Tue	5127
July 11 & 12	\$79	Wed & Thurs	5128
July 9 – 12	\$155	Mon – Thurs	5122

LOCATION	Valley Junction Activity Center
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ROUNDED MINDS

At Rounded Minds™ our mission is to make top-level extracurricular activities available, convenient and affordable, to parents who desire to raise well-rounded children and establish a strong foundation for their lifelong success.

Our unique programming focuses on building strong bodies and minds simultaneously along with the benefits of natural bilingual learning at an early age.

Every Rounded Minds™ class is designed and led by attentive experts committed to providing safe, energetic, creative and fun educational experiences.

Learn more at roundedminds.com



ROUNDED MINDS ZUMBA AND SPANISH

Every Rounded Minds™ class is designed and led by attentive experts committed to providing safe, energetic, creative and fun educational experiences. The ultimate dance-fitness party for young Zumba fans, where they can play it loud and rock with friends. This program features age-appropriate music and moves that get kids moving to the beat, combining movement, music and community in a class for children. High-energy dance party packed with specially choreographed, kid-friendly routines, games and all the music kids love, like hip-hop, reggaeton, cumbia and more!

DAYS	Tuesday
DATES	July 31 – August 28
TIME	5:45pm – 6:45pm
LOCATION	Meadowview Park
AGES	3 – 6
COURSE ID	4747
FEE	\$55
MAXIMUM	24

New!

ROUNDED MINDS TUMBLING AND SPANISH

Our tumbling program allows young children to enhance their social skills and develop greater strength, flexibility, and coordination – along with a lifelong love of fitness. Classes are taught with a theme to catch the attention of the young gymnast and build skills through creative movement and music.

DAYS	Saturday
DATES	April 7 – May 5
TIME	9am – 10am
LOCATION	Valley Junction Activity Center
AGES	3 – 6
COURSE ID	4585
FEE	\$55
MAXIMUM	24

ROUNDED MINDS SOCCER & SPANISH IMMERSION

This high-energy fitness program is led by professional soccer coaches who introduce children to fundamental soccer principles, such as using their feet, dribbling, passing, ball control, and shooting by using creative games, positive reinforcement, and even songs. Children will learn the basic rules of the game while practicing sportsmanship and teamwork.



DAYS	Thursdays	
COURSE ID	DATES	FEES
4579	April 5 – May 10	\$65
4605	June 7 – July 12	\$60
TIME	5:45pm – 6:45pm	
LOCATION	Wilson Park	
AGES	3 – 6	
MAXIMUM	24	

ROUNDED MINDS SPORTS EXPLORATION AND SPANISH SUMMER CAMP

Experience the new beneficial bilingual teaching methods of Rounded Minds. This full week program is a great way for children to experience a variety of new sports and activities in a format that is structured, engaging, and most of all.... FUN! This program prepares children for organized Sports without the threat of competition or the fear of getting hurt. Children will have an opportunity to explore a new sport each day, learn some basic skills, and participate in fun games that will reinforce listening, teamwork, and the joy of being active! We focus on fundamental motor skills and coordination. This will provide them confidence to participate in athletics as they grow older

DAYS	Monday – Friday
DATES	July 16 – 20
TIME	5:45pm – 6:45pm
LOCATION	Ashawa Park
AGES	3 – 6
COURSE ID	4749
FEE	\$55
MAXIMUM	24



CREATIVE GENIUSES — PRE-K ART PLAY

PreK Art play is your child's first art class inspired by what your child loves to do most, play! Our theme this summer is ART CAMP. We will go on a creative journey imagining over the river and through the woods. Our bags will be packed with art tools and excitement as we enjoy the wonderful world of art making at camp. A fun summer inspired art class for your creative kids!



DAYS	Tuesday – Thursday
DATES	June 26 – 28
TIME	9am – 10am
LOCATION	Valley Junction Activity Center
AGES	3 – 5
FEE	\$36
COURSE ID	4778
MAXIMUM	12

CREATIVE GENIUSES — ART CAMP

Young artists will go on a creative journey imagining over the river and through the woods to reach Creative Geniuses ART CAMP. Our bags will be packed with art tools and excitement as we enjoy the wonderful world of art making at camp. We will draw, paint, sculpt, and do crafts. A fun summer inspired art class for your creative kids!

DAYS	Tuesday – Thursday
DATES	June 26 – 28
TIME	10:15am – 12:15pm
LOCATION	Valley Junction Activity Center
AGES	6 – 11
FEE	\$59
COURSE ID	4779
MAXIMUM	12

ROUNDED MINDS — ART & SPANISH IMMERSION

Classes in Rounded Minds art program help children develop new artistic skills and craftsmanship while creating unique masterpieces using a wide range of quality materials. Our art instructors expose children to a variety of different artistic styles in classes designed to allow children to express themselves creatively while exercising fine motor, cognitive, language and listening skills.



DAYS	Monday – Friday
DATES	July 23 – 27
TIME	5:45pm – 6:45pm
LOCATION	Quail Cove Park Shelter
AGES	3 – 7
FEE	\$55
COURSE ID	4748
MAXIMUM	12

EXPLORE MUSIC CAMP

Have you ever wondered how sound is made in your musical instrument. Come to this camp to find out how some instruments are made and make a couple of simple instruments to take home.

DAY	Monday – Wednesday
DATES	June 18 – 20
TIME	1pm – 4pm
LOCATION	Raccoon River Park Nature Lodge
AGES	9 – 11
FEE	\$45
COURSE ID	5133

New!



CYCLE INTO SUMMER

Here is a camp for the younger child who loves to ride bikes! They will explore the bike trails of West Des Moines. The trails are nice and flat, so one speed bikes are fine, but each day we will be riding 5-6 miles. Bike helmets required!



DAYS	Thursday & Friday
DATES	June 21 – 22
TIME	9am – 2pm
LOCATION	Raccoon River Park Nature Lodge
AGES	7 – 9
FEE	\$40
COURSE ID	4707
MAXIMUM	12

BIKE BASH

Does your child love to bike? If so, this may be the camp for them! They will spend two days exploring the bike trails of the metro. They will bike the trails of Greenwood Park, Waterworks, Jordan Creek Trail, Grays Lake and the Principal Park River walk. There will be lots of time for picnics, splashing in the creek, learning basic bike maintenance, and relaxing rides. Bike helmets required!

DAYS	Thursday & Friday
DATES	July 12 – 13
TIME	9am – 4pm
LOCATION	Raccoon River Park Nature Lodge
AGES	10 – 12
FEE	\$49
COURSE ID	4715
MAXIMUM	15

SUMMER CAMPS

KIDS IN THE KITCHEN

Kids in the Kitchen is an introduction to cooking for young boys and girls. Children involved in the preparation of their meals prove to be healthier eaters, so start them on the right path with this three week program! The students will be taught everything from mixing and measuring to kitchen safety. In each class the children will make a snack while learning kitchen basics and cooking techniques. Please feel free to bring an apron to protect clothing from any kitchen messes!

DAYS	Tuesdays and Thursdays	
DATES	July 10 – 26	
AGES	TIME	COURSE ID
5 – 6	4pm – 5pm	5228
7 – 8	5:30pm – 6:30pm	4753
LOCATION	Raccoon River Park Nature Lodge	
FEE	\$29	
MAXIMUM	10	

NATURE EXPLORERS

Join the West Des Moines Park and Recreation Department and the Iowa Department of Natural Resources as we co-sponsor this camp held at Walnut Woods State Park. Here, your child will explore their natural surroundings to find materials for some cool crafts. They will learn about nature with games, hikes and songs. A cookout on Thursday will end this fun filled week.

DAYS	Monday – Thursday	
DATES	June 11 – 14	
TIME	9am – 12pm	
LOCATION	Walnut Woods State Park Lodge 3155 Walnut Woods Drive, WDM	
AGES	6 – 8	
FEE	\$44 (Includes camp t-shirt)	
COURSE ID	4721	
MAXIMUM	18	



CREEPY CRAWLERS CAMP

This week is for kids who love to hunt insects, pick up worms and play in the creek. Your child will have lots of fun learning as we go on frog hunts, insect safaris and look under every rock or trash can for “cool” critters!

DAYS	DATE	COURSE ID
Monday – Wednesday	June 25 – 27	4723
Wednesday – Friday	July 18 – 20	4713

TIME	9am – 12pm	
LOCATION	Raccoon River Park Nature Lodge	
AGES	6 – 8	
FEE	\$39 (Includes camp t-shirt)	
MAXIMUM	15	



MYTH BUSTER CAMP

Can eggs cook on a sidewalk on a hot summer day? Can you dissolve a metal screw with cola? Is yawning contagious? Does spitting on a worm attract fish? Join our “mythbusters” team and put these and other myths to the test.



DAYS	Thursday & Friday	
DATES	July 5 & 6	
AGES	TIME	COURSE ID
7 – 9	9am – 12pm	4712
8 – 10	1pm – 4pm	4706
LOCATION	Raccoon River Park Nature Lodge	
FEE	\$26	
MAXIMUM	15	

CAMP FISH

This camp is for the boy or girl who really enjoys fishing and being outside. Of course they won't fish all the time. Your child will be introduced to the wonderful world of nature with a cook-out, outdoor games and geocaching.

DAYS	Thursday & Friday	
DATES	June 7 – 8	
TIME	9am – 4pm	
LOCATION	Raccoon River Park Nature Lodge	
AGES	10 – 12	
FEE	\$49 (Includes camp t-shirt)	
COURSE ID	4717	
MAXIMUM	10	



LET'S GO FISHING

You can't beat a summer day, sitting next to Blue Heron Lake and fishing. Get out of the house and enjoy the summer as you learn about fish and some of the secrets to catching them. We have the poles and bait so what's keeping you from joining the fun?

AGES	DAYS	DATES	TIME	COURSE ID
7 – 9	Wednesday – Friday	June 13 – 15	1pm – 4pm	4711
LOCATION	Raccoon River Park Nature Lodge			
FEE	\$39 (Includes camp t-shirt)			
MAXIMUM	15			

SUMMER 2017



SUMMER CAMPS

WILD FOR WATER

Be ready to have lots of fun in the sun as you explore the water worlds around you. You will go fishing, hiking and creek sloshing. You will get to try your hand at kayaking and spend a day at Valley View Aquatic Center. Water games and contests will be the rule as you learn and have fun at the same time!

DAYS	Monday – Friday	
AGES	DATES	COURSE ID
7 – 9	June 25 – 29	4710
9 – 11	July 16 – 20	4709
TIME	1pm – 4pm	
LOCATION	Raccoon River Park Nature Lodge	
FEE	\$59 (Includes camp t-shirt and day pass to aquatic center)	
MAXIMUM	18	

WATER ADVENTURE CAMP

Join us for some water adventure! Your child will canoe, fish, kayak, hike and cook out on a Raccoon River sand bar (All participants must wear a life jacket during all water activities outside the pool!) It's sure to be lots of fun. Registration is limited, so sign up early!

DAYS	Monday – Thursday	
DATES	July 30 – August 2	
TIME	9am – 4pm	
LOCATION	Raccoon River Park Nature Lodge	
AGES	11 – 13	
FEE	\$94 (Includes camp t-shirt)	
COURSE ID	4708	
MAXIMUM	15	

EXPLORE

Do you have a child that can't stand to stay indoors regardless of the weather? If so, these day camps may be just what you have been looking for. Your child will have the opportunity to really explore Raccoon River. You may sign them up for one or all of the Explore days.

DAY	DATE	THEME	COURSE ID
Monday	August 6	Creek Hikin' – Nothing says "Fun!" like wading and playing in a creek. This day is for the child who wants to get muddy looking for frogs, snagging minnows and splashing in the creek!	4718
Tuesday	August 7	Archery – This day will give you a "taste" of archery! You will learn the basics of target style archery and have some outdoor fun in the process!	4714
Wednesday	August 8	River Rats! – Your child will have the time of their lives exploring river sand bars and floodplain forests of the Raccoon River. A picnic lunch complete with s'mores will make this day of exploration unforgettable!	4719
Thursday	August 9	Archery II – This day will give you a "taste" of archery! You will learn the basics of target style archery and have some outdoor fun in the process!	4722

TIME	9am – 4pm
LOCATION	Raccoon River Park Nature Lodge
AGES	9 – 12
FEE	\$24 per day
MAXIMUM	12 per day

ARCHERY AND THE OUTDOORS!

During this camp your child will learn about archery equipment, safe archery techniques and how to safely shoot competition style archery. These classes will be taught by a certified NASP teacher. Your children will get a taste of the great outdoors and the opportunities it holds while at this half-day camp.



DAYS	Monday – Thursday	
DATES	July 23 – 26	
TIMES	LEVEL	COURSE ID
	9am – 12pm 1pm – 4pm	Beginner 4720 Novice 4716
LOCATION	Raccoon River Park Nature Lodge	
AGES	10 – 13	
FEE	\$44	
MAXIMUM	18 per session	

Beginner – No archery experience needed
Novice – This student has had some archery experience



TOM KARPAN RELAYS

Don't miss this special annual track and field event for kids ages 5-14! Winners of qualifying events will be eligible to take part in the Iowa State Track and Field Meet in Marshalltown!

Races will be grouped according to age (5,6,7,8,9-10,11-12,13-14) and gender. A participant's age is as of December 31, 2018. An award ribbon will be given for each heat/event. The fastest time or longest distance recorded for each event (ages 7-14) will be eligible to attend the State Track and Field Meet in Marshalltown in June.

These participants will be notified by email May 24 of their eligibility. Register at the event.

DAY	Thursday
DATE	May 17
TIME	5:30pm – 8:30pm
EVENT	
200 Meter Dash	7 – 14
Softball Throw	7 – 14
Standing Long Jump	7 – 14
50 Meter Dash	5 – 6, 7 – 10
100 Meter Dash	5 – 6, 7 – 14
400 Meter Dash	9 – 14
1600 Meter Run	13 – 14
4 x 100 Meter Relay	9 – 14
LOCATION	
Valley High School Track	
FEE	
FREE	



YOUTH ARCHERY LESSONS

Does your child want to learn more about archery? Maybe they would benefit from some group archery lessons. Each lesson time will be limited to six archers. Lessons will be taught by a NASP certified teacher.



DAYS	Wednesdays
DATES	June 13 – 27
TIMES	COURSE ID
	9am – 9:45am 4736
	9:45am – 10:30am 4735
	4pm – 4:45pm 4738
	4:45pm – 5:30pm 4737
LOCATION	Raccoon River Archery Facility
AGES	10 – 13
FEE	\$21
MAXIMUM	6 per session

YOUTH TENNIS LESSONS

Lessons for youth from beginner to advanced will feature fun, skill development, footwork, games and lots of hitting.

DAYS	Monday – Thursday		
DATES	FEE	TIME	COURSE ID

FUTURE STARS (5 - 8 yrs)

* Child receives choice of a New Tennis Racket or a Backpack

* June 11 – 28	\$132	9am – 10am	4683
July 9 – 26	\$108	9am – 10am	4684
July 30 – August 16	\$108	9am – 10am	4699

ACES (9 - 12 yrs)

June 11 – 28	\$108	10am – 11:30am	4679
July 9 – 26	\$108	10am – 11:30am	4681
July 30 – August 16	\$108	10am – 11:30am	4700

HIGH SCHOOL (13 - 17 yrs)

June 11 – 28	\$108	11:30am – 1pm	4680
July 9 – 26	\$108	11:30am – 1pm	4682
July 30 – August 16	\$108	11:30am – 1pm	4701

LOCATION	Crossroads Park Tennis Courts
MAXIMUM	24 per class

(Little Champs participants receive a New Tennis Racket)

LITTLE CHAMPS (4 & under)

DAY	Monday – Thursday		
DATES	FEE	TIME	COURSE ID
June 11 – 28	\$60	8:30am – 9am	4726
July 9 – 26	\$60	8:30am – 9am	4730
July 30 – August 16	\$60	8:30am – 9am	4739

New!

JUNIOR ACES (9 – 12 yrs)

DAY	Tuesday & Thursday		
DATES	FEE	TIME	COURSE ID
June 12 – 28	\$54	5:30pm – 6:30pm	4741
July 10 – 26	\$54	5:30pm – 6:30pm	4742
July 31 – August 16	\$54	5:30pm – 6:30pm	4743

New!

Tennis Director — Bunny Bruning

Bunny played on the WTA Professional tour for 9 years and acquired rankings of #41 in singles and #8 in doubles. She has been a USPTA professional since 1987 and has been teaching and coaching for over 30 years.

Lead Instructor — Daniel Pitz

Daniel has been a USPTA professional since 1987 and an Associate Tennis Teaching Pro at Wakonda Club since April 2014. Lived in Japan and taught Japanese Tennis School and private contractor from 1990 – 1998, 2000 – 2014.



YOUTH GOLF LESSONS

Whether you are an experienced golfer or just starting out, this class can help you. Group instruction will be provided along with individual instruction as needed. Lessons are held at West Grand Golf. Amenities include: Target Greens, Putting Greens and Practice Bunkers. Participants will learn Putting, Chipping, Iron Play and Woods and/or Metals. Registrants will need to bring all clubs to the first class.

DAYS	Monday – Thursday	
DATES	TIME	COURSE ID
June 18 – 21	8:30am – 9:30am	5203

LOCATION	West Grand Golf, 6450 Raccoon River Road (1 mile west off of west I-35)
AGES	8+
MAXIMUM	12 per class
FEE	\$55 per person

PEEWEE T-BALL

Are you looking for a way to introduce softball or baseball to your 5-7 year old but don't want to enroll them in a program that is too competitive or time-consuming? Register them for our youth sports program, PeeWee T-Ball! This program is designed as a fun way for children to learn the basics of softball and baseball. Our staff will help guide each team through the fundamentals of hitting, catching, fielding, and base running. Teams are determined upon arrival each night of play.



DAYS	Thursdays	
DATES	June 7 – July 5	
COURSE ID	TIME	AGES
4614	5:30pm – 6:30pm	5 – 6
4578	6:30pm – 7:30pm	6 – 7
DATES	July 19 – August 16	
COURSE ID	TIME	AGES
4596	5:30pm – 6:30pm	5 – 6
4583	6:30pm – 7:30pm	6 – 7
LOCATION	American Legion Park Ball Diamond	
MAXIMUM	20 per session	
FEE	\$55	

Basic Game Format:

- No score kept
- No strike-outs
- No walks
- No pitching (only a tee will be used)
- 4 innings = standard game
- 1 inning = all players batting through

Supplies Provided:

- Bats
- Balls
- Tee
- Bases

Supplies To Bring:

- Tennis shoes
- Glove
- Water bottle
- Program Jersey (handed out on 1st night of play)

Youth Tech Inc. in cooperation with Des Moines Area Community College West Campus's Celebrate! Innovation program is an interactive computer camp that focuses on providing enrichment opportunities to students in the world of computers. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. For more information about Youth Tech Inc. please visit our web site at www.youthtechinc.com

AGES: We recommend 10 to 17 on most classes. Commonly we accept students who may be younger. Ultimately, we leave the final decision to the parents as to what you think your student is capable of doing. Our courses are open to any student with a passion for learning.

LOCATION	DMACC West Campus 5959 Grand Ave • WDM RM210E
MINIMUM	5

WEB DESIGN

This course is an in-depth look at the world of web design and development. Students enrolled in this session will learn how to build their own web site from start to finish using Adobe's award winning suite of products. The learning for this camp does not end at the door. Students will have access to their web site with free hosting for one year.

DATES	June 18 – 21
TIME	1pm – 4pm
AGES	10 – 17
FEE	\$155
COURSE ID	4618
MAXIMUM	15

VIDEO GAME DESIGN

This course provides students with a fun interactive look at the world of video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family.

DATES	June 11 – 14
TIME	1pm – 4pm
AGES	10 – 17
FEE	\$175
COURSE ID	4622
MAXIMUM	15

DATES	July 9 – 10*
TIME	9am – 4pm
AGES	10 – 17
FEE	\$175
COURSE ID	4600
MAXIMUM	5

*Please send a sack lunch with your child.

ROBOTICS/BATTLE BOTS

This course offers hands-on opportunities to build and program robots. Working in small teams, students will design robotics systems to compete in fun real-world activities. Each day will bring a new challenge, and your team's robot will have to morph to better adapt and compete. Students will compete in the battle bots competition at the end of the camp to prove their robot is the best. This class is perfect for the student who has a big imagination and likes to build things.

DATES	June 11 – 14
TIME	9am – 12pm
AGES	10 – 17
FEE	\$160
COURSE ID	4615
MAXIMUM	18

DATES	July 16 – 19
TIME	1pm – 4pm
AGES	10 – 17
FEE	\$160
COURSE ID	4645
MAXIMUM	18

3D GAME DESIGN

VIDEO GAME DESIGN IS A PREREQUISITE FOR THIS COURSE! This class offers an interactive look at the world of 3D Game Design. This awesome 3D video game design course offers the chance for students to create and immerse themselves in a 3D world. If you are looking to design professional 3D games that both look and feel just like the ones you play at home, then you don't want to miss this course.

DATES	July 11 – 12*
TIME	9am – 4pm
AGES	10 – 17
FEE	\$160
COURSE ID	4591
MAXIMUM	5

*Please send a sack lunch with your child.

THE GAMING ACADEMY

This class offers an interactive look at the world of 3D Game Design. This awesome 3D video game design course offers the chance for students to create and immerse themselves in a 3D world. If you are looking to design professional 3D games that both look and feel just like the ones you play at home, then you don't want to miss this course.

DATES	July 9 – 12*
TIME	9am – 4pm
AGES	10 – 17
FEE	\$305
COURSE ID	4597
MAXIMUM	10

*Please send a sack lunch with your child.

IGAME CREATOR

Want to create video games? This is an introductory course for younger students who want learn to build simple video games. This course combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with your fun interactive games.

DATE	June 18 – 21
TIME	10am – 12pm
AGES	6 – 10
FEE	\$120
COURSE ID	4599
MAXIMUM	15

DATE	August 6 – 9
TIME	1pm – 3pm
AGES	6 – 10
FEE	\$120
COURSE ID	4606
MAXIMUM	15

MOVIE MAKERS

This hands-on, interactive course will instruct students on the world of digital video design and production. Students will film, direct and edit their own digital video creations. Students enrolled in this course amaze their peers with green screen and special effects work.

DATE	July 23 – 26
TIME	1pm – 4pm
AGES	10 – 17
FEE	\$150
COURSE ID	4584
MAXIMUM	15

ANIMATION

In this class students will learn the basics of animation and digital design. Students who enjoy going to various sites to see fun interactive animations will love this course. This class will utilize award winning animation software to develop fun, interactive animations that they can share with the world.

DATE	June 25 – 28
TIME	1pm – 4pm
AGES	10 – 17
FEE	\$160
COURSE ID	4577
MAXIMUM	15



ICODE

This course offers younger students a fun, interactive look at coding. Students will create virtual apps and write their own programs that they can share with friends and family. This course makes learning to code fun and explores problem solving and programming logic.

DATE	June 25 – 28
TIME	10am – 12pm
AGES	6 – 12
FEE	\$120
COURSE ID	4595
MAXIMUM	15

DATE	July 30 – Aug 2
TIME	10am – 12pm
AGES	6 – 12
FEE	\$120
COURSE ID	4609
MAXIMUM	15

YOUNG ENGINEERS

Technology and innovation collide to create this course. This interactive class looks to unlock the imagination of young engineers. Ever thought of creating piano out of bananas or a video game controller out of a piece of paper? Why not? This course will utilize an invention kit for the 21st century and guide students the process of building several fun, interactive creations.

DATE	July 30 – Aug 2
TIME	10am – 12pm
AGES	6 – 12
FEE	\$115
COURSE ID	4629
MAXIMUM	15

IMOBILE GAME DESIGN

Sketch, build, play. This class offers students with a big imagination a place to sketch and build their own video games on a mobile device. If you have a student that loves to play games on an iPad® this course helps them engineer and build games on a mobile platform. This innovative course engages both sides of brain to create fun engaging games for a mobile platform. Tablets will be provided for this class.

DATE	July 23 – 26
TIME	10am – 12pm
AGES	6 – 12
FEE	\$120
COURSE ID	4646
MAXIMUM	15

APPLICATION DESIGN

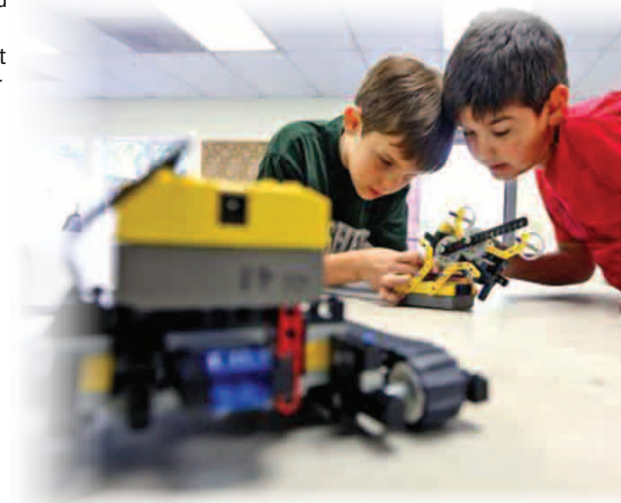
This course provides students with a fun interactive look at the world of video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family.

DATE	July 16 – 19
TIME	9am – 12pm
AGES	10 – 17
FEE	\$155
COURSE ID	4616
MAXIMUM	15

ROBOTICS/ GAMES, MAZES & PROGRAMMING

This course offers hands-on opportunities to build and program robots. Working in small teams, students will design robotics systems to compete in fun real-world activities. Each day will bring a new challenge, and your team's robot will have to morph to better adapt and compete. Students will compete in the battle bots competition at the end of the camp to prove their robot is the best. This class is perfect for the student who has a big imagination and likes to build things.

DATE	August 6 – 9
TIME	9am – 12pm
AGES	10 – 17
FEE	\$160
COURSE ID	4588
MAXIMUM	15





PLANET 7

Do you want your child to have a chance to see what Jr. High has in store for them? The Planet 7 program will offer an opportunity for 6th graders entering 7th grade to:

- build self-esteem
- learn how to deal with peer pressure
- meet new friends
- learn time management and study skills
- familiarize themselves with a new school

DATES	COURSE ID STILWELL	COURSE ID INDIAN HILLS
July 16 – 20	4607	4589
July 23 – 27	4617	4586
July 30 – August 3	4603	4582
August 6 – 10	4626	4628

TIME	DAY
9am – 4pm	Monday – Thursday
6:45am – 8:30pm	Friday
LOCATION	Indian Hills or Stilwell Junior High
AGES	Incoming 7th Graders
FEE	\$160
MAXIMUM	49 per session



Other fun aspects of the program include trips to:

- Val Lanes
- Valley View Aquatic Center
- Friday's trip to World's of Fun in Kansas City, MO.

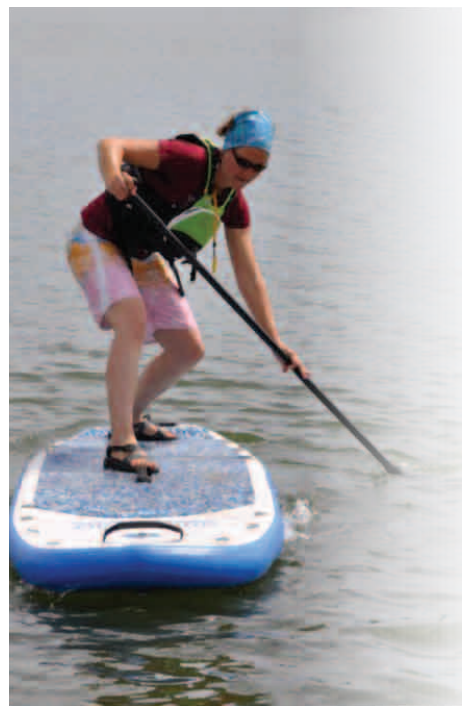
All incoming 7th graders for the fall of 2018 in the West Des Moines Public School District are eligible to register in the program. **Registration begins March 6, 2018 at 8am.**



LEE COLE'S MAGICAMP

Magicamp is for anyone who likes to have fun. You'll spend two days learning from professional magician **Lee Cole** on how to entertain and amaze your friends, family and classmates. You'll learn tricks that can be done anywhere, at any time, and for the rest of your life. All magic materials are provided.

DATES	TIME	COURSE ID
June 19 & 21	9am – 11:45am	4593
July 17 & 19	1pm – 3:45pm	4581
August 7 & 9	9am – 11:45am	4620
LOCATION	Raccoon River Park Nature Lodge	
AGES	7 – 15	
FEE	\$45	
MAXIMUM	22	



DAYS	Tuesday
DATE	July 17
TIME	5:30pm – 7pm
LOCATION	Raccoon River Park Boat Ramp
AGES	18+
FEE	\$10
COURSE ID	4727
MAXIMUM	10

PADDLE BOARD BASICS

Here is your chance to try your luck on a stand up paddle board! They are quite popular and have been given accolades of providing an all body workout! This class will give you a brief introduction and knowledge to make your first paddle board outing a positive one. This class will fill fast so sign up early. (We will meet at the boat ramp at Raccoon River Park.)

Paddle boards provided.



ZUMBA

Perfect For Everybody and everybody! Each Zumba® class is designed to bring people together to sweat it on.

How It Works

We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check.

Benefits

A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

Instructor: Eva Otanez

515-419-9523 • www.eva123.zumba.com

SESSION 1	
DATE	May 30 – July 5
FEE	\$90
COURSE ID	4787

SESSION 2	
DATE	July 16 – August 23
FEE	\$90
COURSE ID	4788

TIME	5:15 – 6:15pm
LOCATION	Valley Junction Activity Center
DAYS	Mondays, Wednesdays and Thursdays
Optional Punch Card: 10 classes for \$60	

BALLROOM DANCING LEVEL I & II

ABSOLUTE BEGINNER & BEYOND

This class is for absolute beginners and for anyone who has some knowledge of various ballroom dances. It will be a great class for Level I review and for those who would like to add additional figures beyond that class. These courses teach: Foxtrot, Swing (East Coast), Waltz, and Rumba. We will teach 4-6 figures in each dance as we progress through the class. When you complete this course you should be comfortable going to wedding reception dances, cruises, or social dances at business functions and various venues around the Greater Des Moines Area. PLEASE NOTE a Special class of Country Two Step and Cha Cha in May. COUPLES ENCOURAGED Any questions, please contact Jim and Suzi Benjamin at DanceInfo@DesMoinesDance.org

DAY	Sundays
TIME	12:30pm – 1:30pm

DATES	COURSE ID	FEE per person
May 6 – June 3	4772	\$35
July 8 – August 26	4765	\$70
LOCATION	Valley Junction Activity Center	

DAY	Thursdays
TIME	6:45pm – 7:45pm

DATES	COURSE ID	FEE per person
May 3 – June 31	4766	\$45
July 12 – August 30	4764	\$70
LOCATION	Valley Junction Activity Center	

BALLROOM DANCING LEVEL II AND LEVEL III: BEYOND BEGINNER

This ballroom class is for anyone who has completed Level 1 classes or has equivalent experience in dancing and training. If you know some of these dances well you may attend the associated classes. This course teaches 1 dance for 2 weeks before moving on to another dance. Class begins with a review and then new figures and techniques will be added. This is not a single course and as many as 4 months will be required to cover all the various dances being taught at this level.

DAY	Mondays
TIME	6:45pm – 7:45pm

DATES	COURSE ID	FEE per person
April 30 – June 4	4767	\$45
July 9 – August 27	4768	\$70
LOCATION	Valley Junction Activity Center	

PLEASE NOTE! This is a couple's only class. Formation classes are by invitation only but you may sign up for the formation class and then practice in any of our classes in addition to your primary class. Any questions, please contact Jim and Suzi Benjamin at DanceInfo@DesMoinesDance.org

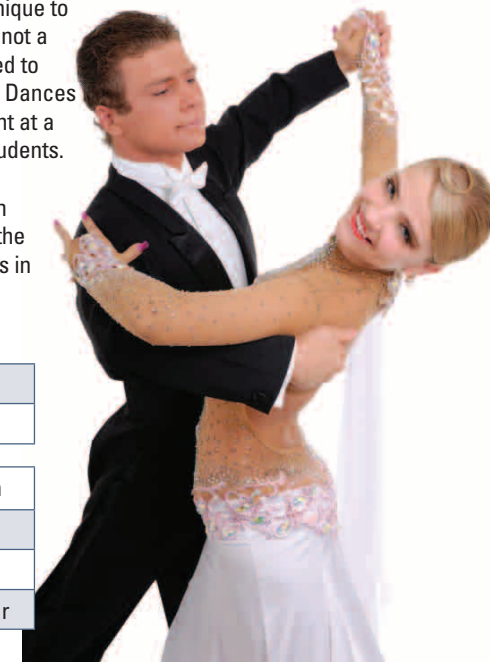
BALLROOM DANCING LEVEL III AND LEVEL IIII: INTERMEDIATE

This ballroom class is for anyone who has completed Level 1 and Level 2 classes or has equivalent experience in dancing and training. If you know some of these dances well you may attend the associated classes. This course teaches 1 dance for 2 or 3 weeks before moving on to another dance. Jim and Suzi will review all the figures taught in previous Level 1/2 classes. They will then add figures and technique to each dance as we progress through the class. This is not a single course and as many as 6 months will be required to cover all the various dances being taught at this level. Dances not included in Level 1/2 class curriculum will be taught at a beginning level as we introduce new dances to the students.

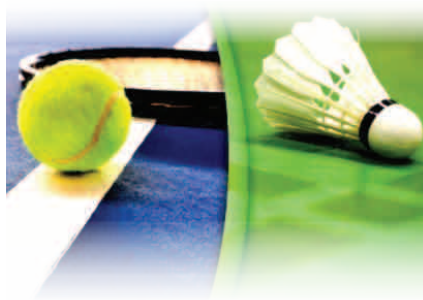
PLEASE NOTE! This is a couple's only class. Formation classes are by invitation only but you may sign up for the formation class and then practice in any of our classes in addition to your primary class.

DAY	Sundays
TIME	1:30pm – 2:30pm

DATES	COURSE ID	FEE per person
May 6 – June 3	4769	\$35
July 8 – August 26	4770	\$70
LOCATION	Valley Junction Activity Center	



ADULT SPORTS



COED BADMINTON OPEN GYM

Drop in for recreational pick-up badminton matches.

DAYS	Sundays
DATES	February 25 – August 26
TIME	2:30pm – 5pm
LOCATION	Valley Southwoods – 625 S. 35th St.
FEE	<ul style="list-style-type: none"> • \$2 WDM school district residents • \$3 non-residents due on site

ADULT TENNIS LESSONS

Lessons for adults new to tennis as well as for advanced players will be focused on improving student stroke, technique, skills, footwork, strategy and match play. Courts and students will be organized by ability and experience to maximize student improvement and enjoyment.

DAYS	Tuesdays and Thursdays
DATES	COURSE ID
June 12 – 28	4687
July 10 – 26	4688
July 31 – Aug 16	4740
TIME	6:30pm – 7:30pm
LOCATION	Crossroads Park Tennis Courts
MAXIMUM	24 per class
FEE	\$54

Tennis Director — Bunny Bruning

Bunny played on the WTA Professional tour for 9 years and acquired rankings of #41 in singles and #8 in doubles. She has been a USPTA professional since 1987 and has been teaching and coaching for over 30 years.

Lead Instructor — Daniel Pitz

Daniel has been a USPTA professional since 1987 and an Associate Tennis Teaching Pro at Wakonda Club since April 2014. Lived in Japan and taught Japanese Tennis School and private contractor from 1990 – 1998, 2000 – 2014.



HORSESHOE PITCHING LEAGUE

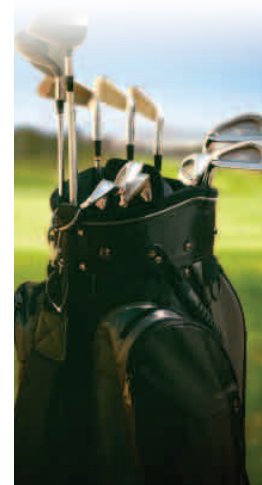
Summer Season

This coed league is designed for all levels of ability (players will be handicapped). Prizes and traveling trophy awarded. Free pitching instruction available through the week.

DAYS	Wednesdays
DATES	May 2 – August 1
TIME	6:30pm – 8:30pm
AGES	12+
LOCATION	Holiday Park Horseshoe Courts
FEE	\$3 league fee due 2nd night of play
TO REGISTER	Call LeRoy Law at 681-1937 or just show up

ADULT GOLF LESSONS

Whether you are an experienced golfer or just starting out, this class can help you. Group instruction will be provided along with individual instruction as needed. Lessons are held at West Grand golf and amenities include: Target Greens, Putting Greens and Practice Bunkers. Participants will learn Putting, Chipping, Iron Play and Woods and/or Metals. Registrants will need to bring all clubs to the first class.



DAYS	Monday — Thursday
DATES	May 21 - 24
TIME	6:30pm – 7:30pm
LOCATION	West Grand Golf – 6450 Raccoon River Dr. (1 mile west off of I-35)
COURSE ID	5204
MAXIMUM	15 participants
INSTRUCTOR	Sarah Ward
FEE	\$55

ADULT SOFTBALL

Summer Season

MEN'S COMMERCIAL SOFTBALL LEAGUES

Competitive 12" slow pitch softball leagues. Games are staffed with one umpire and an official score keeper. Teams play a 14-game doubleheader round robin schedule.

LEAGUE	DAY	START DATE	AGES
Men's DBHD B	Tuesday	April 24	Adults (18 & older and out of high school)
Men's DBHD C	Tuesday	April 24	
Men's 50+	Sunday	April 22	50 yrs & older (Must turn 50 by 12/31/18)
FEE	\$405 entry fee + tax, ASA., WDM Adult SB Player Fee, Non-resident fees		

MEN'S RECREATIONAL "50 PLUS" DRAFT SOFTBALL LEAGUE

Recreational 12-inch slow pitch softball league for men over 50 years old. Teams play a 9-game schedule. All games are staffed with an umpire and an official score keeper.

LEAGUE (Season)	DAY	START DATE	COURSE ID	AGES
Spring	Wednesday	April 25	5037	50 yrs & older (Must turn 50 by 12/31/18)
Summer	Wednesday	July 11	5038	
Both	Wednesday	April 25	5039	
FEE	\$25 individual entry fee per season \$45 individual entry fee for both seasons			

COED COMMERCIAL SOFTBALL LEAGUE

Competitive 12-inch slow pitch softball leagues. Games are staffed with one umpire and an official score keeper. Teams play a 14-game doubleheader schedule.

LEAGUE	DAY	START DATE
Coed	Thursday	April 26
Coed	Sunday	April 22
AGES	Adults (18 & older and out of high school)	
FEE	\$405 entry fee + tax, ASA., WDM Adult SB Player Fee, Non-resident fees.	

GENERAL SOFTBALL LEAGUE INFO

CONTACT	Please call 222-3444 to have application mailed, emailed or faxed to you.
DEADLINE TO APPLY	Thursday, March 22 by 4pm
GAME TIMES	Generally 6:15pm – 9:15pm
LOCATION	Raccoon River Park Softball Complex

MEN'S AND COED RECREATION SOFTBALL LEAGUES

Recreational 12" slow pitch men's softball leagues. Teams play a 14-game round robin doubleheader schedule. Carpet used to call balls and strikes, umpire your own games. All games staffed with an official score keeper.

LEAGUE	DAY	START DATE
Men's DbHd Rec.	Monday	April 23
Men's DbHd Rec.	Wednesday	April 25
Coed DbHd Rec.	Wednesday	April 25
Men's DbHd Rec.	Thursday	April 26
AGES	Adults (18 & older and out of high school)	
FEE	\$260 entry fee + tax, ASA., WDM Adult SB Player Fee, Non-resident fees.	

COED RECREATION SOFTBALL LEAGUES

Recreational 12" slow pitch coed softball leagues. Teams play a 6-game schedule. Carpet used to call balls and strikes, umpire your own game. All games staffed with an official score keeper.

LEAGUE	DAY	START DATE	AGES
B	Sunday	April 22	Adults (18 & older and out of high school)
C	Sunday	April 22	
D	Sunday	April 22	
E	Sunday	April 22	
C/D	Wednesday	April 25	
C/D	Thursday	April 25	
FEE	\$190 entry fee + tax, ASA., WDM Adult SB Player Fee, Non-resident fees.		



*ADULT ATHLETIC LEAGUE TEAM ACCEPTANCE POLICY

The Adult Athletic League Team Acceptance Policy applies to all adult athletic leagues. The order of priority is as follows:

- 1.) **Returning Teams.** Defined as having at least 51% of last season's roster.
 - a.) Teams who participated in the league the previous season.
 - b.) Teams who participated in the league the previous year.
 - c.) Teams may be placed in another division at Department's option to equalize competition.

- 2.) **New Teams.** Teams that did not participate in the league the previous season or year.

- 3.) **Late Teams.** Any team that does not meet the established deadlines will be accepted at the Department's discretion.

If more teams apply than we have space for, priority will be given to teams with the highest percentage of players on their roster residing within the City of West Des Moines School District in all cases except softball, where City boundaries apply.



SCOREBOARD ADVERTISING OPPORTUNITY

Please contact Bruce at **222-3454** for details.



Team Roster Sign Up

Registration and scheduling can be found at
www.Teamsideline.com/WestDesMoines

HOW TO ADD YOUR TEAM ROSTER ONLINE

Team Sideline is being used to register your Team and collect fees. This provides an easy way to identify and track the players on your Team Roster.

TEAM ROSTER PROCESS

1 Sign In

Click the "Enroll" button for the Program you want to register in. The Site has a secure online process, so when you click the "Enroll" button you will be prompted to Sign In.

- If you are a new user, click the "Not registered? Create a new account" link and follow the steps to sign in.
- If you are not a new user, then sign in. If you do not remember your password, click the "Forgot your password?" link and follow the steps to be emailed your password.

2 Add Items To Your Cart

After you Sign In, you will be on the "Add Items To Your Cart" page. On this page:

- 1) From the "Enrollee" list select your name
- 2) From the "Enrollment Type" list select "General"
- 3) From the "Program" list select the program
- 4) From the "Offering" list select the offering
- 5) Click the "Add Enrollment" button
- 6) Repeat the above steps if you want to choose additional offerings.
- 7) When done, click the "Proceed to Checkout" button.

3 Team Information

On the Team Information page, complete all information, then click the "Done" button at the bottom of the page.

4 Checkout

On the Checkout page, click the Place Order button at the bottom of the page.

5 Manage Rosters

From the order confirmation page, in the top dark blue navigation bar, select "Manage Rosters" and then select your Team Name.

Add to Roster

- Click the Add to Roster button to add players to your Roster.
- When done, click the Submit button so the organization administering the web site knows you have completed your Roster.
- Important Note: The organization administering the web site can see which rosters are "Submitted" versus not.



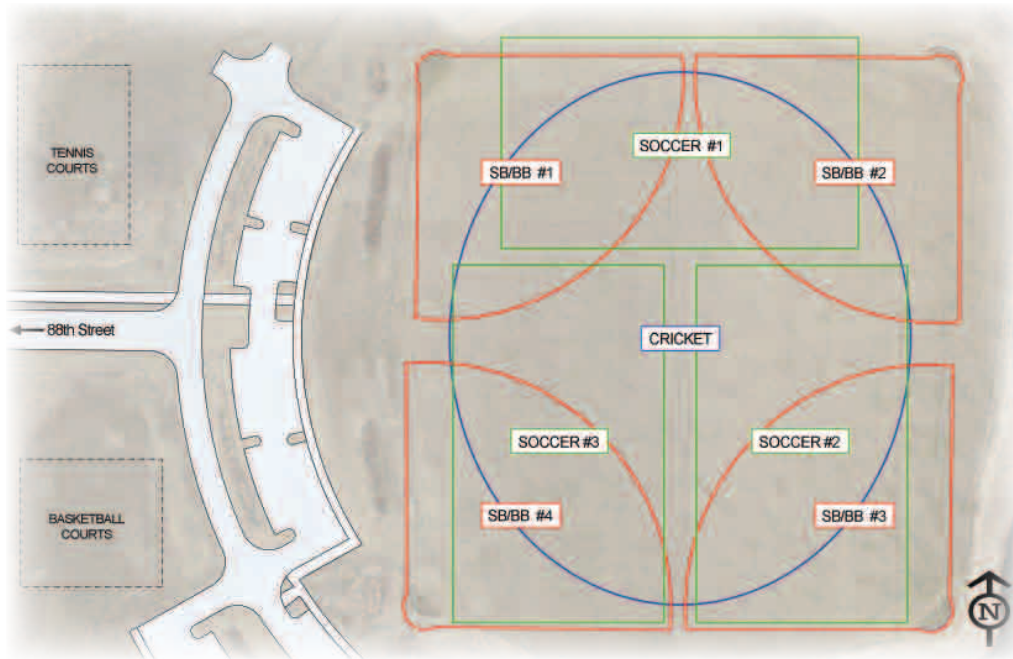
NEW IN 2018!

We are proud to announce that field space at Valley View Park is now available for reservation.

In 2000, a master plan for Valley View Park was completed for the 80 acres of land that was purchased the year before at 255 81st Street. This master plan included the construction of an aquatic center, soccer fields, baseball/softball practice fields, tennis courts, basketball courts, parking, and various other amenities. The Valley View Aquatic Center was completed and opened in 2003, and a revised master plan was initiated in 2010. Construction on the parking lot began soon after, and soil restoration and reseeded of the open play area took place through the spring of 2012. Two lighted basketball courts were constructed in 2016. Most recently, two lighted tennis courts were finished in 2017.

We are excited that the park is established enough to start rental reservations on the three soccer fields, four softball/baseball fields, and cricket pitch this coming spring and summer!

Reservations will be taken starting the first business day of February each year.



Field Rental Options

Field Type	Rental Season	Days	Hours	Cost to Rent*	Min Hours of Rental
Soccer	Apr 1 – Oct 31	Sun, Mon, Tues, Thur, Fri	Weekdays 3pm – 9pm; Weekends 7am – 9pm	\$15 per hour	2 hours
Softball/ Baseball	Apr 1 – Oct 31	Sun, Mon, Tues, Thur, Fri	Weekdays 3pm – 9pm; Weekends 7am – 9pm	\$10 per hour	2 hours
Cricket	Apr 1 – Oct 31	Wed, Sat	Weekdays 3pm – 9pm; Weekends 7am – 9pm	\$40 per hour	2 hours

*The above rental fees are for individuals and non-profit organizations. For-profit organizations or businesses will pay two (2) times the above rates. The Department reserves the right to limit the number of reservations that can be made by for-profit organizations or businesses.

Valley View Field Reservation Policy

- A. Rental time includes set-up, event, and clean-up. There are no refunds for cancellations, and a \$10 change fee applies for changes to rentals. Renter must promptly leave the field(s) at the end of rental time. The field must be left in suitable condition for the next renter. Reservations impacted by inclement weather may contact the Administrative Office for rescheduling options within 3 business days of rental. \$10 change fee will still apply in cases of cancellation due to inclement weather.
- B. The Department reserves the right to consider certain events to be Special Events, which may require a permit(s) in addition to the field reservation. **Any reservation that involves admission being charged or product being sold will automatically be considered a Special Event.*
- C. A reservation only reserves field space. The City does not provide field lining, soccer goals, field preparations, or any other special services or equipment. No adjustments to the City's mowing schedule or mowing methods will be made for a reservation.
- D. Mowing or any other forms of maintenance are not allowed to be performed by the renter. Field lining may be done by the renter with approval by the Parks and Recreation Department prior to any materials being applied. No equipment will be allowed to remain on park property outside rental time.
- E. The Parks and Recreation Department reserves the right to close the fields to allow for proper maintenance at any time during the playing season. If maintenance by the Department requires that previously made reservations be canceled, reservation fees will be refunded to the renter.
- F. The Department reserves the right to assess additional post-rental charges to the renter for excessive wear and tear of field surface, damage to surrounding turf, parking lot, existing equipment, or other City property, or use of facilities (trash and portable toilets) that results in above normal maintenance, services, or repair.

Determination of Unacceptable Field Conditions:

In an effort to help reduce unnecessary and expensive repairs and maintenance, fields will be considered unplayable if any of the following conditions exist before or during a reservation:

1. Visual ponding of water on the surface of the field.
2. Water sponging up around your feet when walking on the field.
3. Other non-favorable conditions that may be present that would damage the field.

If unacceptable field conditions are apparent to the renter prior to or at any time during a reservation, it is the renter's responsibility to stop play immediately and clear the field(s).

To reserve a field online, visit www.wdm.iowa.gov/VVFields.



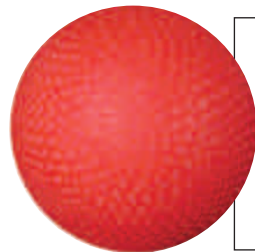
ADULT MEN'S FLAG FOOTBALL LEAGUES

SUMMER LEAGUES Men's Flag Football Teams now have another season to play the game they love. Applications will be available in late April. Please call 222-3444 to receive an application by mail, email or fax. Seven-man teams will play a seven game schedule. Applications for **FALL LEAGUES** held at Valley Stadium will be available at the WDM Parks & Recreation Office in August.

DAYS	Wednesdays
START DATE	June 6
GAME TIME	6:15pm – 9:15pm
AGES	18 & older and out of high school
LOCATION	Valley Stadium: 4440 Mills Civic Pkwy
DEADLINE TO APPLY	Wednesday, May 23
FEE	\$475 entry fee, \$28.50 tax, \$6 non-resident fee

INDIVIDUAL SOFTBALL, VOLLEYBALL, KICKBALL OR FLAG FOOTBALL PLAYERS

Love softball, volleyball, kickball or flag football but just moved to town or don't have a team to play on? Anyone interested in playing in any of our leagues can call Bruce at 222-3454 or e-mail bruce.mankle@wdm.iowa.gov and be placed on an individuals list. We will list your name, phone number and which league you would prefer to play in. This list will then be distributed to all team managers in our leagues and on our website. We can't guarantee you will be placed on a team, but past response has been positive.



ADULT COED KICKBALL LEAGUE SPRING SEASON

Coed Kickball league play this spring at Raccoon River Park Softball Complex. Leagues are offered on Mondays or Wednesdays and start the week of April 23. Call Parks & Recreation office at 222-3453 for registration information.



ADULT OUTDOOR BASKETBALL

This new and exciting program will be offered Spring, Summer and Fall seasons at the newly constructed lighted Valley View basketball courts. Games will be staffed with a score keeper and two officials. Teams will play a 7 game schedule. Please contact the Parks and Recreation Office at 222-3453 for more information.

DAYS	Wednesdays
GAME TIME	6:15pm – 9:15pm
START DATE	May 9
AGES	18 years and graduated from high school
LOCATION	West end of Valley View Park off of 88th Street between Mills Civic Parkway & EP True Parkway
DEADLINE TO APPLY	Wednesday, April 25
FEES	\$305 Team Entry Fee + \$18.30 tax. Non Resident Player Fee: \$6 per player



MEN'S "60 PLUS" DROP-IN SOFTBALL

Players who are 58 and older can now drop in, split up into teams and play softball. No pre-registration necessary! Just show up!

DAYS	Tuesdays and Thursdays
DATES	April 10 – October 18
TIME	10am – 12pm
AGES	Must turn 58 by 12/31/18
LOCATION	Raccoon River Park Softball Complex
FEES	\$2 residents, \$3 non-residents

Day Trips

"The Savanna Sipping Society" at the Amana Theatre

After a hot yoga class brings four women "of a certain age" together, they decide their sassy humor and Southern charms are better suited for solving life's problems over cocktails. Come raise your glass to remembering you are never too old to try new things! Rated PG. Lunch is included at the famous Ox Yoke Inn, where food is served "family style". there will also be free time for shopping...making it a wonderful day in the Amana Colonies.

DAY	Wednesday
DATE	June 20
TIME	8am – 7pm
LOCATION	Amana Colonies
FEE	\$79
REGISTER BY	May 30
COURSE ID	5223
MAXIMUM	52



Lady of the Lake

All aboard for adventure! We're off to the beautiful community of Clear Lake. This relaxing day by the lake will include free time for shopping downtown and a luncheon cruise on "The Lady of the Lake". This double-deck sternwheeler riverboat with an upper sun deck for viewing will offer a splendid way to enjoy the day! Come experience the charm of this Main Street community and take a deep breath of fresh lakeside air.

DAY	Wednesday
DATE	July 11
TIME	8am – 5pm
LOCATION	Clear Lake
FEE	\$64
REGISTER BY	June 20
COURSE ID	5224
MAXIMUM	52



The Grotto of the Redemption and Tea Thyme

The Grotto of the Redemption in West Bend, Iowa is the largest Grotto in the world. It is frequently considered "the Eighth Wonder of the World". It represents the largest collection of minerals and petrification concentrated in one spot. Wear your walking shoes to enjoy a leisurely day outdoors as we stroll through nine separate Grotto scenes. The Grotto has a gift shop with a large selection of souvenirs and religious gifts. Lunch is included. After departing West Bend, we'll travel to Fort Dodge for flavorful coffee and desserts at Tea Thyme. It's a perfect stop on our way home!

DAY	Thursday
DATE	August 9
TIME	8am – 6pm
LOCATION	West Bend and Fort Dodge
FEE	\$59
REGISTER BY	July 19
COURSE ID	5225
MAXIMUM	52



DAY TRIP INFORMATION

***PLEASE NOTE:** These trips are run in conjunction with Clive Parks & Recreation. Space is limited to the first 52 people that register. These trips generally fill quickly, so please register early. The date listed is a registration cut-off date. These trips are open to people 55 years old and over. All trips depart from the Southeast corner of the Valley West Mall parking lot.



St. Louis Cardinals vs. Chicago Cubs Weekend

Join us as we travel to “The Gateway to the West” to take in the rivalry between the Cubs and Cards! This three day, two night package includes: stadium seating on Friday night; premium, all-inclusive seats on Saturday in a box suite on Redbird Row. These seats include: a two-hour, all-you-can-eat picnic buffet; Coca-cola products throughout the game; Bud and Bud Light beverages through the middle of the 8th inning and your game ticket. (Please note: These seats include indoor/outdoor seating in Suite #216, in right field.) This weekend package also includes a two night hotel stay; breakfast each morning at the hotel; and roundtrip transportation. Whichever team you cheer for....GO CUBS! or GO CARDS! This weekend trip will satisfy all baseball fans.

DAYS	Friday – Sunday
DATE	June 15 – 17
LOCATION	St. Louis, MO
FEE	\$419 / person double \$389 / person triple \$369 / person quad \$519 / person single
REGISTER BY	May 18
DEPARTURE LOCATION	WDM City Hall
COURSE ID	4771

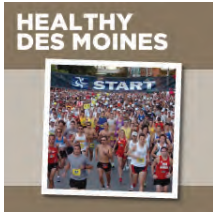
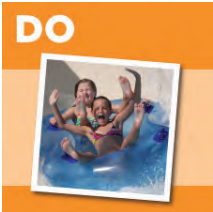
A \$100 non-refundable deposit is due at the time of registration, with the remaining balance due three weeks prior to departure. Because all travel expenses are prepaid, we cannot offer refunds for travel programs.



CATCH DES MOINES

Catch Des Moines active. Outdoor exploration.

Biking trails and water slides. Experience edge-of-your-seat sports action. The thrill of crossing the finish line. The excitement of cheering in the stands. The connection with nature. Choose your journey. Watch. Do. Engage with health and wellness. It's all here in Greater Des Moines!



catchdesmoinesactive.com

Aquatic Centers • Open June 2

AQUATIC CENTER SEASON PASSES

Aquatic Center Season Passes are on sale NOW at the following locations:

- **Parks & Recreation Office**
at **WDM City Hall 4200 Mills Civic Pkwy**
Monday – Friday, 8am – 5pm
- **Valley Junction Activity Center**
217 5th Street
Monday – Friday, 12pm – 5pm

Season Pass	WDM Resident	Non-Resident
Single	\$85	\$130
Two people	\$120	\$170
Each additional person	\$40	\$55
Granny/Nanny add-on (no additional discounts)	\$60	\$60
Purchase before March 31 and SAVE 10%		

Daily Admission	Price
Under 3 years old	FREE
3 – 12 years old	\$5
13 years and up	\$8
Seniors (55+)	\$6

WEATHER POLICY

If the Aquatic Center closes because of weather (electrical storm or cool temperatures) between 12:30pm – 5pm the pool will not reopen until 5:30pm. If weather conditions do not allow the pool to reopen at 5:30pm, the pool will remain closed for the day.

Special Admissions	Days & Details
Family Nights	Wednesday & Sunday - \$12/family (all season at Valley View after 6:30pm, at Holiday after 6:30pm only when swim lessons are not in session)
Half Price Evenings	Monday, Tuesday, Thursday & Friday (all season at Valley View after 6:30pm, at Holiday after 5:00pm only when swim lessons are not in session)

SEASON PASS DETAILS:

- Valid at 3 locations! (Holiday and Valley View Aquatic Centers in WDM and the Clive Aquatic Center)
- May include any/all household members 3 years and up.
- All pass holders must have a current photo. Photos can be taken at City Hall or the Valley Junction Activity Center during regular business hours or at the Aquatic Centers starting June 2.

OPEN SWIM

Holiday Park Aquatic Center

1701 Railroad Avenue

Hours:

Monday — Friday: 11:30am – 7pm
(Closes at 5:30pm during evening swim lessons)
Saturdays 11:30am – 6pm
Sundays 12pm – 5:45pm

Valley View Aquatic Center

255 81st Street

Hours:

Sunday – Friday: 12pm – 5:30pm
and 6:30 – 8:30pm
Saturday: 12pm – 6pm



Aquatic Programs

CURRENT WALKING

Join us at the Valley View Aquatic Center's lazy river for a walk against the river's current. Walkers will enjoy a unique resistance, challenging them to get a greater benefit from their stroll.

DAYS	Sunday – Friday
TIME	5:45pm – 6:30pm
AGES	18+
LOCATION	Valley View Aquatic Center
FEE	\$4 per visit (please pay at the aquatic center)

ADULT LAP SWIM

Enjoy a great cardio workout by swimming laps. Valley View Aquatic Center features 25 yard lanes for swimmers to use.

DAYS	Sunday – Friday
TIME	5:45pm – 6:30pm
LOCATION	Valley View Aquatic Center
FEE	\$4 per visit (please pay at the aquatic center)

PARENT & ME SWIM LESSONS

This self-guided program provides an opportunity for parents and their young children to explore the water together. Participants will have a special area of the pool to work together and learn basic water exploration skills. Parents will be given handouts that will provide directions for activities to do with their child.

DAYS	Monday, Wednesday, and Friday
DATES	COURSE ID
June 11 – 22	4866
June 25 – July 13	4921
July 16 – 27	4850
TIME	5:45pm – 6:15pm
AGES	1 – 3 and Adult
LOCATION	Valley View Aquatic Center
FEE	\$35 per session

AQUATIC CENTER RENTALS

Looking for a unique outing for your business, church, or youth group? Why not schedule a private rental at one of the West Des Moines Aquatic Centers? Aquatic Center rentals at either Valley View or Holiday are available **6:30pm to 8:30pm on Saturdays, June 6 – August 1**. Rental fees include all costs. Concessions are available at an extra cost.

Holiday Aquatic Center

- \$715 - Whole Facility

Valley View Aquatic Center

- \$660 - Lazy River - Slides
- \$330 - Leisure Pool - Kids Pool
- \$248 - Lap Pool - Diving Boards - Drop Slide
- \$1,045 - Whole Facility

**For more information
and reservations
please call 222-3440.**



AQUATIC CENTER BIRTHDAY PARTIES

Have your next birthday party in the sun and fun at Valley View or Holiday Aquatic Center! Party packages include: reserved space for 2 hours for your group, admission to the aquatic center for your group, one FREE admission for an accompanying adult, and your choice of a food combo from the concessions for everyone in your party. Your group will also get to use the water slides during a special assigned pool break so there are NO lines to wait in!!

\$115 for the first 10 participants plus 1 adult (\$15 per additional participant with a maximum of 15 participants.)



PRIVATE SWIM LESSONS

Each child learns and excels differently. Your child will learn to swim or further their skills through private lessons with one-on-one instruction. Instructors will use the Learn-to-Swim progressions but at an individualized pace.

**Call 222-3440 for
more information
and to register**

DAYS	Monday – Friday
DATES	June 11 – 15 June 18 – 22 June 25 – 29
TIMES	9am – 9:30am 9:35am – 10:05am 10:10am – 10:40am
LOCATION	Holiday Aquatic Center
FEE	\$115 per session



ADULT SWIM LESSONS

Learn to swim or improve your skills in this class for adults.

DAYS	Monday – Friday
DATES	June 11 – 22
TIMES	6:15pm – 6:45pm
AGES	18+
LOCATION	Holiday Aquatic Center
FEE	\$55 per session
COURSE ID	4819

American Red Cross Skill Progress Levels:

WATER PUPS: 3 & 4 year olds

Water Exploration: Putting face under water, bubble blowing, kicking, supported kick on front and back.

ADV. WATER PUPS: 3 & 4 year olds

Children will kick and glide on front and back and learn basic swimming skills.

Level 1-5 lessons have a minimum age requirement of 5 years old

LEVEL 1 – INTRODUCTION TO WATER SKILLS

Helps participants feel comfortable in the water.

- Enter and exit water using ladder, steps or side
- Blow bubbles through mouth and nose • Bobbing
- Open eyes under water and retrieve submerged objects
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Tread water using arm and hand actions
- Alternating and simultaneous leg actions on front and back
- Alternating and simultaneous arm actions on front and back
- Combined arm and leg actions on front and back

LEVEL 2 – FUNDAMENTAL AQUATIC SKILLS

Gives participants success with fundamental skills.

- Enter and exit water by stepping or jumping from the side
- Fully submerge and hold breath
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front, jellyfish and tuck floats
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Change direction of travel while swimming on front or back
- Tread water using arm and leg actions
- Combined arm and leg actions on front and back
- Finning arm action

LEVEL 3 – STROKE DEVELOPMENT

Builds on the skills in Level 2 through additional guided practice in deeper water.

- Enter water by jumping from the side
- Head first entries from the side in sitting and kneeling positions
- Bobbing while moving toward safety • Rotary breathing
- Survival float • Back float
- Change from vertical to horizontal position on front and back
- Tread water
- Flutter, scissor, dolphin and breaststroke kicks on front
- Front crawl and elementary backstroke

Holiday Aquatic Center

1701 Railroad Avenue

Valley View Aquatic Center

255 S. 81st Street

TO BETTER PLACE YOUR CHILD in the

American Red Cross Learn to Swim Program, please review these lists of skills taught in each progress level. These partial lists are skills taught in the course and required for completion of the level.

LEVEL 4 STROKE IMPROVEMENT

Develops confidence in the skills learned and improves other aquatic skills.

- Head first entries from the side in compact and stride positions
- Swim under water
- Feet first surface dive
- Survival swimming
- Front crawl and backstroke open turns
- Tread water using 2 different kicks
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Flutter and dolphin kicks on back

LEVEL 5 STROKE REFINEMENT

Provides further coordination and refinement of strokes.

- Shallow-angle dive from the side then glide and begin a front stroke
- Tuck and pike surface dives, submerge completely
- Front flip turn and backstroke flip turn while swimming
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Sculling

MORNING SWIM LESSONS: VALLEY VIEW AQUATIC CENTER

DAYS	Week I: Tues – Fri, Week II: Mon – Fri
DATES	Session 1: June 12 – 22 *Session 2: June 26 – July 13 Session 3: July 17 – 27
LOCATION	Valley View Aquatic Center
FEES	Water Pups, Adv. Pups: \$52 Levels 1 – 5: \$50

*No classes July 2 – 6

Water Pups	8:30	9:10	9:50	10:30
Session 1	4882	4916	4852	4846
Session 2	4877	4896	4900	4899
Session 3	4919	4848	4841	4863
Adv Pups	8:30	9:10	9:50	10:30
Session 1	4912	4888	4909	4849
Session 2	4897	4870	4905	4904
Session 3	4885	4868	4854	4914
Level 1	8:30	9:10	9:50	10:30
Session 1	4920	4869	4917	4889
Session 2	4881	4892	4861	4853
Session 3	4847	4845	4851	4880
Level 2	8:30	9:10	9:50	10:30
Session 1	4883	4879	4891	4856
Session 2	4903	4895	4864	4865
Session 3	4898	4859	4857	4911
Level 3	8:30	9:10	9:50	10:30
Session 1	4842	4913	4873	4844
Session 2	4908	4886	4918	4884
Session 3	4876	4871	4875	4867
Level 4	8:30	9:10	9:50	10:30
Session 1	4910	4907	4887	4858
Session 2	4890	N/A	4915	4878
Session 3	4906	4860	4843	4855
Level 5	8:30	9:10	9:50	10:30
Session 1	4872	4862	N/A	4901
Session 2	4893	NA	4902	N/A
Session 3	4894	4874	N/A	N/A

Remember:

Please refrain from registering your child for multiple sessions assuming they will advance to the next swim level for the following session. Changes to registrations once processed are charged a \$5 processing fee, and if the class you need is full, your child will not be able to join that class.

All classes are 30 minutes in length





All classes are
30 minutes in length

EVENING SWIM LESSONS: HOLIDAY AQUATIC CENTER

DAYS	Monday – Friday
DATES	Session 1: June 11 – 22 *Session 2: June 25 – July 13 Session 3: July 16 – 27
LOCATION	Holiday Park Aquatic Center
FEES	Water Pups, Adv. Pups: \$57 Levels 1 – 5: \$55

*No classes July 2 – 6

Remember:
Please refrain from registering your child for multiple sessions assuming they will advance to the next swim level for the following session. Changes to registrations once processed are charged a \$5 processing fee, and if the class you need is full, your child will not be able to join that class.



Water Pups	6:15	6:50	7:25	8:00
Session 1	4810	4811	N/A	N/A
Session 2	4793	4833	N/A	N/A
Session 3	4809	4816	N/A	N/A
Adv Pups	6:15	6:50	7:25	8:00
Session 1	4794	4837	N/A	N/A
Session 2	4796	4801	N/A	N/A
Session 3	4807	4824	N/A	N/A
Level 1	6:15	6:50	7:25	8:00
Session 1	N/A	4834	4799	4817
Session 2	N/A	4827	4791	4802
Session 3	N/A	4813	4814	4822
Level 2	6:15	6:50	7:25	8:00
Session 1	N/A	4828	4808	4821
Session 2	N/A	4792	4838	4830
Session 3	N/A	4804	4839	4797
Level 3	6:15	6:50	7:25	8:00
Session 1	N/A	4795	4831	4836
Session 2	N/A	4812	4823	4829
Session 3	N/A	4818	4835	4806
Level 4	6:15	6:50	7:25	8:00
Session 1	N/A	4826	N/A	4840
Session 2	N/A	4800	4798	4789
Session 3	N/A	N/A	4820	4803
Level 5	6:15	6:50	7:25	8:00
Session 1	N/A	N/A	4790	4805
Session 2	N/A	N/A	N/A	4825
Session 3	N/A	4832	N/A	4815

WDM Parks & Recreation registration form

Account Primary Contact

First Name	Last Name
Birthdate	Phone
Mailing Street Address	Email
City, State, Zip	Card number / / exp. date
	CVC Visa, Mastercard, or Discover (Circle one)

WDM Parks & Recreation Waiver And Release

In consideration of my own or my child's participation in the Parks & Recreation (hereinafter referred to as "P&R") program or activity through the City of West Des Moines, Iowa (hereinafter referred to as "City"), we hereby release the City, its officials, employees, representatives, and agents from any and all accidents, injuries, damages, or losses received by my child or by myself through the P&R program that have not been caused by negligence attributable to the City. I also agree and acknowledge that the City is not responsible for any intentional or reckless actions of the City's officials, employees, representatives, and agents since those actions are the sole conduct of the responsible individual(s). I further agree and acknowledge that this release of liability is full, complete, and comprehensive, and it covers all accidents, injuries, damages, or losses, known or unknown, and any and all costs related thereto arising out of or otherwise related to my child's participation or my own participation in programs or activities, and that this release is binding upon our heirs, successors, and assigns.

We certify that my child and or myself has received a proper physical examination within the past year and that we are physically able to participate in all P&R activities. We understand that it is our obligation to timely inform P&R of any restrictions or limitations regarding our physical abilities. We also understand that it is our obligation to follow all regulations and rules set forth by P&R in the performance of the activities. We hereby release, indemnify, and hold harmless the City, its officials, employees, representatives, and agents from any and all claims, settlements, and judgments, including all reasonable investigative fees, attorney's fees, and court costs for any injury, damage, or loss, which is due to or arises in whole or in part due to negligent, reckless, or intentional actions taken by my child or by myself.

Participant First Name	Participant Last Name	Birthdate	Activity	Course ID	Fee

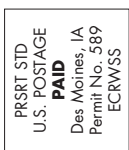
Please make checks payable to the City of West Des Moines

MAIL to: WDM Parks & Recreation • P.O. Box 65320 • West Des Moines, IA 50265

DROP OFF this form with your payment at the Parks & Recreation Administration Office
4200 Mills Civic Parkway • West Des Moines, IA 50265



Scan with
your mobile
device to see
our website



SHELTER RENTAL REQUESTS NOW AVAILABLE ONLINE!

If you have ever had to call us to find out if or when a park shelter is open for reservation, you will most certainly like the new online reservation feature we have just released. You can now fully see when a shelter is available for rental during the April 15 to October 15 rental season. Not only that, you can take your rental reservation a step further and submit an online request to us. First, start your reservation at www.wdm.iowa.gov/ShelterRental. You can use filter options to choose the shelter that best fits your needs. Then you complete all of the details of your reservation, pay with your credit card, and submit your request for approval. We will then approve your request and send you a final contract via email. That's it! Your reservation is set!

Of course, we will still gladly help you set up a reservation over the phone as well. You can call us at 515-222-3444 any weekday between 8am and 5pm to create your shelter reservation. And we are always glad to see customers when they set up a reservation in-person at our Administrative Office in WDM City Hall.

Shelter Name	Rentable Times	Rental Fee
American Legion Park Shelter	7am-10:30pm	\$10/hour 4 hour min.
Brookview Park Shelter**	7am-10:30pm*	\$10/hour 4 hour min.
Crossroads Park Shelter**	7am-10:30pm	\$10/hour 4 hour min.
Fairmeadows Park Shelter	7am-10:30pm	\$10/hour 4 hour min.
Pearson Park Shelter	7am-10:30pm	\$10/hour 4 hour min.
Raccoon River Park Biddle Shelter	7am-10:30pm	\$10/hour 4 hour min.
Raccoon River Park Coneflower Shelters (A, B, C)	7am-10:30pm	\$10/hour 4 hour min.

*During the school year, rental is limited to Fridays after 4pm and weekends.

**Alcohol is not permitted due to proximity to a school.